

## Focus on Fashion Respectful Dress Standards

- As a delegate to the New Hampshire 4-H Focus on Fashion Career trip you are expected to dress modestly, showing respect for yourself and others in any situation.
- You are asked to remember that you are representing the NH 4-H Youth Development Program of the University of New Hampshire and surrounding communities.
- You are expected to exercise your best judgment in choosing the clothes you will bring and wear. August in New York is usually very hot and humid! Remember, too, that we have to quickly move our luggage from bus to hotel, so you must be able to transport it in one load. Each person is responsible for their own luggage.

In order to avoid confusion as to what is considered “appropriate” you are asked to follow these guidelines:

### Respect for Others

Apparel shall not be allowed if:

- It refers to or promotes alcohol, drugs or tobacco.
- It will/may damage property, this includes chains, spikes or cleats
- It is sexually suggestive or sexually explicit
- It is demeaning or discourteous, this includes profanity
- It suggests intolerance or lack of respect for others
- It is vulgar or promotes antisocial or illegal behavior
- It suggests or imitates gang-related dress

### Respect for Yourself (and Others);

The following items **are prohibited**:

- Tops which expose midriffs, cleavage, backs, bra straps. This includes halter tops, crop tops, tube tops, etc.
- Underwear worn as outerwear or visible underwear, this includes low-riding pants.
- Transparent clothing or torn clothing

### **Other details:**

- **Shoes-** Need to be safe for walking distances. No platform shoes; no platform sandals; no high heels. Clean sneakers/athletic shoes or walking shoes are OK for day-time wear. Dress shoes with 1” heels are appropriate for evening programs.
- Shorts, skorts or skirts will be no higher than mid-thigh. No mini skirts.
- No cut offs and no jeans.
- Shoulder straps must be at least 1” wide
- Hats are not to be worn inside
- For theatre/shows, nice dressy pants outfit or dress similar to what is worn to church, synagogue, or mosque. Evening gowns/formal wear are not appropriate for this trip.

Chaperones reserve the right to tell delegates to change their attire.

