



Agenda for the Day

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| 8:15 – 8:30 | Registration and Refreshments |
| 8:30 – 9:30 | Opening Group Session |
| 9:30 – 12:30 | Workshop Session 1 |
| 12:30 - 1:15 | Lunch (provided) |
| 1:15 - 3:30 | Workshop Session 2 |

Please register by **October 17, 2011**. You can register online or contact your county 4-H educator for more information and a registration form.

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Preparing Volunteers for Today's 4-H



October 29, 2011
8:15 a.m. - 3:30 p.m.

Merrimack Valley High School
106 Village Street
Penacook, NH 03303

See our website for registration information:
<http://extension.unh.edu/4H/4H.htm>



WORKSHOP SESSION 1

Mark your first, second and third choices on the registration form.

Organizational Skills to be an Effective Volunteer Leader

Larry Barker, Coos County Extension Educator, 4-H Youth Development

Providing a high quality youth development experience through 4-H club experiences is paramount. This session will help you identify the critical skills and practices essential for success. You will also learn how to access helpful resources to help you enhance the 4-H club experience.

Teens As Teachers – Workshop designed for both teens and adults

Wendy Brock, 4-H Program Leader

Adults – do you sometimes think youth speak a different language? Is technology putting you over the edge? Teens – do you observe how younger kids want to be “just like You” and they listen to you when they might not listen to adults? This session will give participants hands on experiences in teaching and managing a group of youth. Teens will explore how to build a teaching partnership with adults. Sign up for afternoon subject matter sessions which will provide some practical topics and activities for you to use as you teach.

Orientation for Afterschool Professionals (3 hours)

Kathy Jablonski, Grafton County Extension Educator/4-H Youth Development

This 3-hour interactive workshop will offer afterschool providers an overview of the afterschool field. It includes the theoretical framework for high quality afterschool programs, and explores 4 core knowledge areas within the NH Afterschool Professional Development system.

WORKSHOP SESSION 1 (continued)

Veterinary Science

Michael Koski, Hillsborough County Extension Educator/4-H Youth Development

Get to know your pets and animals a little better as we use the University of California Davis Youth Development through Veterinary Science Curriculum and some of the different 4-H CCS Curriculum to explore the science behind our animals such as animal behavior and physiology. Participants will receive a copy of the UC Davis Vet Science curriculum and a basic materials kit to bring back to their county office for use by local 4-H clubs. Among the presenters will be Sarah Gardener, a veterinary technician.



WORKSHOP SESSION 2

Mark your first, second and third choices on the registration form.

Healthy Living, Healthy Choices

Wendy Brock, 4-H Program Leader

As the fourth “H”, Health is an important part of the 4-H program. This session will bring you up to date with the new nutritional guidelines around *MyPlate* and new healthy living initiatives within NH. Hands on teaching tools will help with nutrition education and wellness activities. Even if you can’t come to the workshop join the Presidential Active Living Challenge with your club or individuals:

<http://www.presidentschallenge.org/challenge/active/index.shtml>

WORKSHOP SESSION 2 (continued)

Animal Science: Ready SET, Animal Science

Andrea Sawyer, Cheshire County Extension Educator/4-H Youth Development

This two hour workshop will offer you ways to incorporate many of the SET abilities into your club’s animal science activities. We will be doing several activities that have already been tried with youth. You will be able to take home several ideas to start the new year with your club.

Working with Youth with Special Needs

UNH and Michael Young, Rockingham County Extension Educator/4-H Youth Development

This workshop will be led by Vincent J. Connelly, Ed.D., Associate Professor of Education and Coordinator of Programs in Special Education. 4-H can be a great place for youth with special needs. This workshop will explore some helpful approaches that volunteer leaders can take in order to successfully engage a group of diverse learners, including those with identified special needs.

Is There Science in Art or is Art Science?

Nancy Evans, Merrimack County 4-H Program Associate

Ever wonder about wool felt fabric? Why did your beautiful sweater shrink 4 sizes when you machine-washed it? Learn about this amazing process and experiment with how wool fibers change in hot, soapy water. Learn about the ancient art of felt making and take this project back to share with your club or after school youth this fall.

The Power of the Wind

Rick Alleva, Rockingham County Extension Educator/4-H Youth Development

This workshop will introduce *The Power of the Wind* 4-H curriculum. We will explore a few activities from this curriculum and focus on helping youth develop their Science Inquiry skills as young scientists in this hands-on workshop. For more information and additional online materials see: <http://www.4-h.org/resource-library/curriculum/4-h-the-power-of-the-wind/>