

CLOVER CONNECTION



UNIVERSITY of NEW HAMPSHIRE
COOPERATIVE EXTENSION

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UNH Cooperative Extension Web Site:

www.extension.unh.edu



The web site continues to be updated to provide you with current resources, forms, calendar dates, and specific Belknap County information! Did you know you can find college scholarship applications under "Youth Forms" and a schedule of events by checking out the Belknap County page? You can also view the slide show from Jubilee. *Take a Look!*

Upcoming County Events – See chart on page 6

Favorite Food Festival is scheduled for Saturday, February 20th at the 4-H Office so *Cooking Classes* should be started right away.

This is the first 4-H county event of the year and one that is enjoyed by young and old alike! We have both traditional cooking and microwave cooking curricula to use. Call the office to request the copies you need. Set up for this event is from 9:00 to 9:30 am and the program will run from 9:30 am to noon. Non-4-H'ers are invited to participate and experience 4-H in action. However, they are not able to qualify for state. **If you would like to volunteer to help at the event please let me know. Thanks.**



4-H Fair Annual Meeting January 21, 2010, 7pm - Belmont Fire House – PLEASE ATTEND!

- Provide nominations for open fair office and board positions.
 - Vote for open officer and board positions.
 - Vote on 2010 fair budget.
 - Bring ideas and vote for 2010 fair theme.
 - Come with ideas on how we can improve the fair.
 - Volunteer to take on one or more tasks ("Many hands make light work" - John Heywood")
- Other reasons to come to the fair meeting?
- Find out why our fair is different than other fairs in NH.
 - Find out what goes into preparing for the fair.
 - Get to know your fair board members. ☺

Eastern States Exposition (ESE) representatives for the 4-H Horse Show were:

4-H'ers

Jessie Fogg
Kendall Donohoe
Melissa Murphy
Hannah Silverman

Chaperones

Judy Forsyth
Jessie Fogg
Maureen McLaughlin
Glenn Near

Congratulations and Thank You!!

Rabbit Project Fact Sheet and Regulations have been updated and can be found on the web site:



<http://extension.unh.edu/4H/NH4-RabbitProject.htm>

If you are working on the rabbit project be sure to take a look at the 4-H expectations.

County Activity Day is an opportunity for 4-H'ers to participate in communication events. See page 8 for more details.

State Horse Quiz Bowl is scheduled for:

Date: Saturday, Jan. 30th

Time: 9:00 AM - 5:00 PM

Location: Belmont Middle School

38 School Street, Belmont, NH 03220

Fee: \$2.50 per team member

For more information and Registration:

[Horse Quiz Bowl Entry](#) & [Horse Quiz Bowl Rules](#)

Mandatory Volunteer Training! A new 4-H Volunteer e-training can be found at: <http://extension.unh.edu/4H/4HVolunt.htm> It is critical that each of our 1st – 10th year volunteers complete the 4 modules listed below. It is also a great refresher for those that have helped for 11+ years. If you do not have computer access you can use one at the local library or possibly a friend's home. Each module takes approximately 15 minutes to finish. You can complete them at your own speed and the computer will record who has finished the series. Four modules:

1. About 4-H
2. Youth Development
3. Getting Started
4. Leadership/Teaching

Thanks for taking your volunteer roles seriously.

4-H BEEKEEPING ESSAY

CONTEST sponsored by
**The Foundation for The
 Preservation of Honey Bees, Inc.**
**Essays MUST be in the 4-H office
 Friday, February 5th! RULES:**



1. Contest is open to active 4-H Club members only. 4-H'ers who have previously placed first, second, or third at the national level are not eligible; but other state winners are eligible to re-enter.
2. Requirements (failure to meet any one requirement disqualifies the essay):
 - Preparation for National Judging: Typewritten or computer-generated, double-spaced, 12-pt. Times or similar type style, on one side of white paper following standard manuscript format.
 - Write on the designated subject only.
 - All factual statements must be referenced with bibliographical-style endnotes.
 - A brief biographical sketch of the essayist, including date of birth, gender, complete mailing address, and telephone number, must accompany the essay.
 - Length – the essay proper: 750 to 1000 words.
 - The word count does not include the endnotes, the bibliography or references, nor the essayist's biographical sketch – which should be on a separate page.
3. Essays will be judged on (a) scope of research - 40%; (b) accuracy - 30%; (c) creativity - 10%;

(d) conciseness - 10%; and (e) logical development of the topic - 10%.

4. Each state may submit only one entry.
5. Final judging and selection of the National Winner will be made by the Foundation's Essay Committee, whose decision is final.
6. The National Winner will be announced by May 1, 2010. All National entries become the property of the Foundation and may be published or used as it sees fit. No essay will be returned.

4-H Camp!

Dear 4-H families,

A high quality camping program has long been a tradition in the New Hampshire 4-H Youth Development program. Over the past 70 years, we have offered many youth and camp counselors an exceptional experience at the Bear Hill 4-H Camp facility at Bear Brook State Park. Despite the positive aspects of operating a traditional, residential camp at Bear Hill, the camp has consistently operated at a deficit for many years.

Following an extensive review and financial analysis, we have determined it is no longer possible to offer camp at a reasonable cost to families. Even with a significant increase in the camper fee, we would just "break even" and we simply do not have sufficient resources needed to maintain the facility and provide the quality camping experience at an affordable cost. The difficult decision has been made to close the Bear Hill 4-H Camp.

At the same time, New Hampshire Fish and Game also announced activities at Barry Conservation Camp will begin a one-year hiatus through 2010 to address infrastructure problems. Operated in partnership with UNH Cooperative Extension's 4-H Youth Development Program, the summer youth camp has been offered by Fish and Game since 1984.

I am exploring opportunities for NH 4-H members to attend other 4-H camps. Watch the 4-H Camp section of the UNH Cooperative Extension web site <http://extension.unh.edu/4H/4HCamps.htm> for further information as it is made available.

My sincere thanks to everyone who supported 4-H camps throughout the years. These camping programs have received a great deal of support from county conservation groups, 4-H foundations, 4-H leader councils and 4-H clubs. This support has helped with facility upgrades and provided scholarships for youth.

If you have questions please do not hesitate to contact me at 603-862-2187 or email wendy.brock@unh.edu.

Sincerely,

Wendy Brock

Program Leader, 4-H Youth Development

4-H Fair Inside Exhibit Awards

Natural Science:

Cloverbud: Adam Mayo – Harvest Home
Junior: None
Senior: None

Food Preservation:

Cloverbud: None
Junior: None
Senior: None

Wood:

Cloverbud: None
Junior: Starr Trefrey – Winnisquam Whinnies
Senior: None

Animal Science:

Cloverbud: None
Junior: Melissa Stowell – Barnstead Trailblazers
Senior: Jessica Stowell – Barnstead Trailblazers

Horticulture Award:

Cloverbud: Adam Mayo – Harvest Home
Junior: Cassidy Keyser – Great Bay
Senior: Sam Carpenter – Barnstead Trailblazers

Bread:

Cloverbud: None
Junior: None
Senior: None

Cake:

Cloverbud: None
Junior: Savannah Garrity – Tons of Fun
Senior: Katelyn LaChance – Tons of Fun

Club Project Exhibit:

Chapel Valley 4-H Club

Club Educational Exhibit:

Megan Fife – Winnisquam 4-H Club

Family Project Exhibit:

Lindsay French - Harvest Home



4-H County Medals

Be sure to submit a 4-H Record in July and apply for a 4-H Medal! Call for details

Anthony Frangione - Citizenship, Sheep

Brooklyn Hadley – Crafts, Cavy

Cheyenne Longley - Citizenship

Katelyn LaChance - Leadership, Dog

Lauren Emond - Horse

Stephan Uhlman – Dairy & Leadership



Congratulations!

Cloverbud: Adam Mayo – Harvest Home
Junior: Tyler Swain – Chapel Valley
Senior: Sam Carpenter – Barnstead Trailblazers

Memory Books:

Cloverbud: None
Junior: Lauren Emond – Gilmanton Gallopers
Senior: None

Art:

Cloverbud: Laura Swain – Chapel Valley
Junior: Nicole Swain – Chapel Valley
Senior: Sam Carpenter – Barnstead Trailblazers

Crafts:

Cloverbud: Adam Mayo – Harvest Home
Junior: Kori Kidder – Winnisquam Whinnies
Senior: None

Creative Writing:

Junior: None
Senior: Bethany Clarke – Gilmanton Gallopers

Heritage Arts:

Cloverbud: None
Junior: Livy Schofield – New Hampton Hustlers
Senior: None

Clothing:

Cloverbud: Madisyn Garrity – Tons of Fun
Junior: None
Senior: None

Photography:

Junior: Lauren Emond – Gilmanton Gallopers
Senior: Sean Donohoe – Belknap Equestrians

Garden:

Cloverbud: Colin Randall – Randall 4-H Family
Junior: Hannah Huckins – New Hampton Hustlers
Senior: Taylor Morrill – Morrill Family 4-H

Models: Clark Roberts – Townline

Home Environment:

Cloverbud: None
Junior: MacKenzie Mitchell – Hustlers
Senior: None

Family Educational Exhibit: None

Teen Teaching Exhibit: None

Commissions Award for Excellence in Agricultural Promotion: Winnisquam 4-H Club

CONGRATULATIONS - GREAT JOB!

2009 4-H Cookie Sale Awards

Top Individual Sales: **Emily MaGuire**, 10 yrs old, Winnisquam Winnies, Sanbornton, sold 97 pkgs.

Small Club (1 – 9 members): **Town Line 4-H**, Gilmanon sold 240 packages

Large Club (10+ members): **Amazing Clovers**, Laconia sold 279 packages

The 4-H Foundation's profit is used for program support and scholarships.

The 4-H Club's profit is used for project supplies and club needs.

More cookies were sold this year, but due to the increase in cookie cost the overall profit was less.



State 4-H Policies

Cloverbud Members (ages 5 – 7 years old) have a different program from the older youth which is age appropriate for the very young. We have specific curricula that can be borrowed from the 4-H office that will give you lots of fun ideas and activities for Cloverbuds to explore. It is a state 4-H policy that Cloverbud youth are not allowed to take ANY animal science project in 4-H. They can do paper pencil type activities based on animals, but they are not allowed to handle the animals. This is a safety issue as small animals do bite and scratch. This also means that Cloverbuds cannot show small or large animals at the fair. We would love to have them make a poster or display to share, but please abide by the rules and help keep our Cloverbuds safe.

Family Clubs are being faded out all across the nation. All 4-H clubs must be open to the public (federal guidelines) and family groups don't meet the criteria. Family groups will be considered "Independent Members" instead of a "club" unit. Independent members do not have individual tax ID numbers and are not allowed to have 4-H money in an account. This means that in the future all fundraiser profits generated by an individual family put be given to the BC 4-H Foundation. You could then request the Foundation to support your child when needed.

Keep in mind that the focus of 4-H is to help young people develop to their potential and not to promote a particular farm or business. When exhibiting at the fair, all Independent members will be placed together in the same area. If you want to recognize your specific family within the Independent Member category, then you can have pictures or list names of the kids in your group. I know this is a big change from what we are used to, but it is necessary in order to comply with state and national regulations. Please state that the Fair Board needs to discuss how independent members and related independent members (formerly family clubs) will be exhibited and judged at the fair. More information will be coming.

The Belknap County Teen Believers 4-H Club The Belknap County Teen Believers 4-H club meets the first Monday of the month from 6:30-8:00 p.m. at the 4-H office. The club is planning several activities including "Ice Fishing" during February vacation.

Classes will be open to the public. The club is open to anyone 12 and older interested in leadership and community service opportunities. Please join us at our next meeting on January 4th, 6:30 pm to share the fun!



A HAPPY
NEW YEAR

Celebrate the New Year with Craft Supplies that were donated to 4-H! There are approximately 8 boxes at the 4-H office of goodies to choose from. You'll find felt, ribbon, craft patterns, yarn, fabric, bunny kits, doll kits, etc. etc. Everything will be on display to choose from Tuesday, January 5th, 8:30am – 4:00pm. and Wednesday, January 6th, from 8:30am – 8:30pm. All free of charge – come take what you can use!



DATE: Feb. 8 & 9, 2008 "Kids Day" February 9th

WHERE: Center of New Hampshire
Radisson – 700 Elm Street – Manchester



Among the many things happening during this time is the "Kids Teaching Kids" Day which will be held February 9, from 9:30 am-1:00 pm. Set-up will begin at 8:30 am. If you want to participate please plan on having enough people to be at your display for the 3 1/2 hours. (It does not need to be the same group of youth for the full four hours.) **Bring a bag lunch.**

Room assignment and parking pass will be sent to you after registration is received.



Community Service Opportunity to support our Troops! We are looking for clubs that would donate items to fill backpacks for the children of military parents who are deployed. Items include such things as writing tablets, stuffed animals, etc. Hero Packs are backpacks filled with mementos and items designed to help connect kids with their deployed family member. Having kids present Hero Packs to kids is a way to show appreciation and *hand-deliver* a salute to military youth for their strength and sacrifices while parents are deployed. Items can be dropped off at the 4-H office. Here is the link to the Hero Pack Guidelines for further information: <http://extension.unh.edu/4H/documents/HPguide.pdf> or call Becky at the office to request the information.

2010 4-H Teen Conference

Mark your calendars for Sunday, June 27th – Wednesday, July 30th, 2010 and get ready to have a great time on the University of NH campus! Any teen that is 14-18 as of January 1st or completing the 8th grade is eligible and welcome to take part in this engaging and wonderful experience that you will remember for a lifetime. You will be able to choose from approximately 35 workshops! Live in the dormitories, dine in the dining hall, and experience what college life is all about. Scholarships are available to all Belknap County 4-H members. Registration information will be available in early March 2010, watch for details!



■ Photo by Lisa Nugent,
UNH Photographic Services

The Annual Governor's Conference on Volunteerism: Volunteers Make It Happen! Mark Your Calendar, Time Well Spent!

Tuesday, May 11, 2010

9:00 AM - 4:00 PM

New Hampshire Technical Institute, Concord NH

The Annual Conference provides a full day of educational programming, including an opening session, keynote presentation, 2 hour concurrent sessions, recognition by Governor John H. Lynch of the 2010 Outstanding Volunteer Manager, and networking reception. This event brings together individuals from non-profit, government, faith-based, and private sectors who are involved with volunteerism. The conference program offers participants the information, tools, speakers and training necessary to replicate some of the state's best volunteerism practices.

"Volunteerism is an essential element of the Granite State's strong sense of civic engagement. It is a part of the quality of life of which we are so proud. This conference is an important celebration of the individuals who devote their time, energy and enthusiasm to New Hampshire's volunteers and to making our state a better place."

- Governor John H. Lynch

Annual Conference Tracks

The conference is designed using three educational tracks so attendees can customize their educational experience. This year we are seeking presentations that are highly relevant and *MAKE IT HAPPEN* in the current economic and environmental climate impacting New Hampshire communities and citizens.

1. **Principles of Volunteer Management** – focuses on the foundations of a quality volunteer program or service. This includes recruitment, service descriptions, applications, interviewing, screening, placement, orientation, training, supervision, evaluation, motivation, recognition, and retention. **Of special interest this year** are sessions on measuring program effectiveness; writing success stories; telling the story / public speaking; learning styles and development of volunteers across the generations; ethics; and effective networking strategies.
2. **Tackling Today's Issues Through Volunteerism** – focuses on the wide array of programs and services that engage citizens in making a real difference across the state. **Of special interest** are national, state and local volunteer programs addressing: 1) Wellness issues for children, youth and families; disabilities; addiction and recovery; aging; unemployment; and poverty. 2) Emergency response, disaster relief, and risk management. 3) Vitality and sustainability of communities.
3. **Trends Impacting Volunteerism** – focuses on the multitude of changes that impact how we plan and manage volunteer programs and people. **Of special interest** are social networking, marketing, pro-bono services, public / private partnerships, community service; career planning and development of volunteer administrators; and corporate volunteering.

Content Levels of Presentations

To ensure maximum satisfaction of attendees, we ask presenters to determine the applicable education and experience level of the session.

1. **Foundation** – fundamentals and essentials for those newer to the field
2. **Intermediate** – "cutting edge" tools, skills, knowledge for those experienced in the field
3. **Advanced** – in-depth analysis and study on a specific topic as desired by the most experienced leaders in the field.

Belknap County 4-H Calendar of Events can be found at the following address so check it out: http://extension.unh.edu/events/index.cfm?e=app.home&calendar_id=1020 Also, I have put together a Schedule of Events to help you plan your 4-H year. See page 5.

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