

## PROGRAM ASSISTANTS

There are many simple tasks that don't take much effort on their own but are time consuming when grouped together. We can always use helpers for some of these tasks such as maintaining the awards inventory for a particular event, serve as a greeter at an activity, do publicity for one or more events, serve as a room manager at an event, be a show secretary for one of the animal shows. We also sometimes have some short term needs such as a building job at the fairgrounds, repair of a piece of equipment, or painting an item. These tasks vary depending on the year. If you have a particular skill or ability you are willing to offer, give us a call. We will be glad to put it to use.



2005

If you only have a few hours to spare don't give up the idea of serving as a 4-H volunteer. As you can see, we use volunteers in a wide variety of ways. Consider becoming a 4-H program volunteer. We're sure we have a volunteer opportunity for you in the Cheshire County 4-H Program.

For more information about 4-H contact your local Extension Educator for 4-H and Youth.

State 4-H Office  
Moiles House, UNH  
180 Main Street  
Durham, NH 03824-2536  
603-862-2180

Cheshire County 4-H Office  
800 Park Avenue  
Keene, NH 03431  
603-352-4550



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UNIVERSITY of NEW HAMPSHIRE  
COOPERATIVE EXTENSION



# Volunteer Opportunities in 4H



*4-H is the youth development program of the University of New Hampshire Cooperative Extension. There are no membership fees to belong to 4-H. 4-H is conducted locally by Extension staff and caring volunteers.*

There are a variety of volunteer roles in the 4-H Program. There are opportunities for those with a few hours they can spare as well as roles for those with more hours available. Here are a few opportunities you might consider.

## 4-H CLUB LEADERS

If you enjoy working with young people and are interested in a long term involvement with the 4-H Program consider becoming a 4-H leader. The rewards of helping our young people grow into capable, competent, caring citizens is well worth your effort. 4-H clubs use three types of volunteers: organizational leaders, project leaders, and activity leaders.

**The Organizational Leader** keeps the club structure running. This person organizes business meetings, arranges guest speakers, plans club wide activities, and manages the paper work necessary for the club. This person serves as the main contact between the club and the 4-H Office.

**Project Leaders** share their skills with 4-H members through specific project activities such as woodworking, rocketry, forestry, sewing, animal care, cooking, or one of the other project areas available through 4-H. Project leaders guide members as they "learn by doing", providing the support and encouragement they need to continue to build their project skills.



**Activity Leaders** are club helpers. They manage one special area for the club. This may be a community service project, recreation activities, or the club's participation in a county or state event. This is a good choice for those who want to work directly with youth but only have blocks of time free now and then.

Every 4-H Club can always use more helpers - a leader for an additional project to offer the members, an assistant for an existing project leader, or someone to help out with a club activity.



## SCHOOL ENRICHMENT

We have a variety of packaged programs that may be used in the classroom, in an after-school program, or a youth group. These are available for parents, teachers, or other adults to use with youth. Refer to our school enrichment brochure for more details.



## Other 4-H Volunteer Opportunities: EVENT ASSISTANCE

Assistants help plan, manage, trouble shoot, and evaluate one of the various county events held at different times throughout the 4-H year. This can include tasks such as inventory and ordering of materials, recruiting and training helpers, setting up and cleaning up at the event, and suggesting changes for the future.



## JUDGES

Some 4-H events are competitive. 4-H uses judges to evaluate the project work or the members performance using score sheets tailored to each competition. Judges give suggestions to the members on areas that could be improved as well as encouragement and congratulations for parts well done. We use judges for demonstrations, speeches, exhibits; for project work in each project area; for sewing craftsmanship and modeling ability; for record keeping and personal marketing skills; for teen interviews and other areas. Interested? Training is available, and we can pair a novice judge with one who is experienced. We place judges in areas they feel most comfortable evaluating.

## AFTER SCHOOL VOLUNTEER

Assist at an after school program either in the office or working with youth using 4-H curriculum and other materials. This can be a one time task, short term or ongoing position.