



UNIVERSITY of NEW HAMPSHIRE
COOPERATIVE EXTENSION

ACROSS COÖS

Coös County, NH 4-H News
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18 U.S.C. 707

Spring 2010

Greetings,

It seems like we're heading into the busy season. Then again, it always seems that way! I hope that you will be sure to spend a few minutes to read the pages that follow to learn about some of the wonderful contributions and achievements of Coös County 4-H members and volunteers. Furthermore, I hope that you will make time for 4-H this spring and summer. As our long-time stellar 4-H volunteer Mary McLain puts it, "It's OK if 4-H isn't always your first choice, but it shouldn't always be your last either."

It is always fun to welcome new 4-H clubs to the Coös County family. A few weeks ago, I had the pleasure of visiting with the members, leaders, and parents of the Berlin Busy Beavers 4-H Club. Their leader is Jamie Poirier. This is a young club and they are wide-eyed and ready to go. In fact, they visited Demonstration Day to get a flavor of what is possible in 4-H. Welcome!

We anticipate a huge enrollment in the 4-H garden project this year. Why? In the Coös Extension office, we are seeing a tremendous public interest in getting back to the land - so to speak - and providing one's own food.

The 4-H garden program provides lots of options and opportunities. Remember, sign-ups are due in the Coös Extension 4-H Office by May 14. Why not give gardening a try?

It is not too soon to start thinking about the Lancaster Fair. In fact, we have scheduled a meeting to discuss the 4-H Premium List and to talk about plans for this year. Please join us on May 6 at 6:30 p.m. at the 4-H Office in Lancaster and share your ideas. We will be joined by our friends from Essex County as we begin to nail down plans for 2010.

Happy reading. As always, your input regarding making Coös County as good as it can be is welcome.

Yours in 4-H,


Larry Barker
Coös County 4-H Extension Educator,
4-H Youth Development



4-H Calendar (of major events)

APRIL 2010

- 1 4-H Approval Form Deadline for Horses Qualifying for ESE
- 9 Coös County Conversation with UNH President
- 10 NH 4-H Horse Judging/Hippology Contest, Andover
- 15 Wayne Rich Scholarship Applications due to State 4-H Office
- 16 Coös entries for State Activities Day due, Coös Extension 4-H Office
- 23 4-H Dairy Judging Entries Due to Equine Center

MAY 2010

- 1 4-H Approval Form Deadline for Llamas, Dogs, Working Steers, Dairy Cattle, Beef Heifers Going to ESE and Horses Not Going to ESE. (NOTE: Earlier Deadline for Horses and Beef Steers Going to ESE)
- 1 4-H Entry Deadline for Beef Heifers Going to Eastern States Exposition
- 1 4-H Horse Show Program Book Ads Due to Equine Center
- 1-2 4-H Dairy Judging Contest
- 3 Teen Conference Applications Due, Coös Extension 4-H Office
- 6 Coös State Activities Day Tune-Up, Coös Extension 4-H Office
- 6 Lancaster Fair Coös/Essex 4-H Premium List meeting. Coös Extension 4-H Office
- 8-9 Sheep and Wool Festival, Hopkinton
- 11 Governors Conference on Volunteerism
- 14 Friend of 4-H Golf Tournament, Candia Woods Country Club
- 14 Coös Garden Sign-Up Deadline, Coös Extension 4-H Office
- 14 Coös Community Service Grants application deadline, Coös Extension 4-H Office
- 15 4-H Horse Enrollment & Previous Show Data Due - NH Horse Show Quotas
- 15-16 4-H Shooting Sports Volunteer Training, New Boston
- 27 Coös 4-H Gardening Program Plant Pick-Up, Coös Extension 4-H Office
- 30 Charles Buck Memorial Scholarship application due to Hillsboro County 4-H Office
- 31 Office Closed, UNH holiday

JUNE 2010

- 1 State Dairy Show Information Posted on Web
- 1 Teen Council Candidate Applications due, State 4-H Office
- 3 Fashion Revue Garment Judging - Memorial Union Building, UNH
- 5 State Activities Day, Durham
- 5 NH 4-H Achievement Awards Presentation at SAD
- 7 Coös County Orientation for NH 4-H Teen Conference, Coös Extension 4-H Office
- 8 TC Confirmation Mailing; Workshop Assignments and Final Information
- 14 Entries for Coös County Horse Qualifying Show due
- 15 Approval Forms Due for ALL Swine, Sheep, Goats, Small Animals (including rabbits & poultry) and Beef Not Going to ESE (Note earlier deadlines for beef going to ESE)
- 18-20 4-H Dog Weekend, 4-H Youth Center, New Boston
- 24 Coös County 4-H Advisory Council, Lancaster
- 26 Coös County Horse Qualifying Show, Lancaster Fairgrounds
- 27-30 State 4-H Teen Conference - UNH, Durham
- TBA Let's Go Fishing Workshop, Twin Mountain

JULY 2010

- 1 Horse, State Show entries due Moiles House
- 1 State Dairy Show entries due
- 1 Coös Equine Team MANDATORY MEETING, Coös Extension 4-H Office
- 5 Office Closed, UNH Holiday
- 9-11 NH 4-H Sheep Clinic, 4-H Youth Center, New Boston
- 15 Coös County Extension Council meeting, Lancaster
- 16-18 State Horse Show, Deerfield Fair Grounds
- 21-25 North Haverhill Fair
- 22-25 Stratham Fair
- 23 State 4-H Working Steer Qualifying Show, Stratham Fair
- 28 - 8/1 Cheshire Fair

Coös County Conversation

Grafton and Coös counties were recently the sites back to back, successful, County Conversations, where stakeholders and UNH alumni had the opportunity to hear from UNH President Mark Huddleston and UNH Cooperative Extension program participants.

Both County Conversations began with remarks from UNH President Mark Huddleston. He talked about the challenges facing higher education as the cost of a college education rises faster than family income. In addition, President Huddleston outlined components of UNH's new strategic plan, which calls for UNH to be nimble, entrepreneurial, affordable and engaged with communities.

The Coös County Conversation was held at the Mountain View Grand Resort in Whitefield, with over 70 attending the breakfast event. Facilitating the panel was Coös County, UNHCE, Advisory Council Chair, David Govatski. Four-H was very well represented as many members of the Coös County 4-H Advisory Council were in attendance. Several panelists gave presentations about the impact of UNH Cooperative Extension. Many identified 4-H member, Earl Brady's, speech as the highlight of the day. Earl spoke very eloquently about the many ways in which 4-H has helped him to develop important life skills as well as career subject matter interests. Earl also talked about the many ways in which UNH Cooperative Extension has been a resource to his family.

Amazingly, Coös County 4-H Advisory Council teen member Sarah Whiting received a note excusing her from school that morning which was signed by, "Mark Huddleston, UNH President." The Extension 4-H office did not receive any calls from the school asking for verification.



Coös 4-H Demonstration Day

Coös County enjoyed a wonderful celebration of 4-H at the 2010 Coös County Demonstration Day on March 27. The big event was held at the White Mountains Community College in Berlin. Fifty-eight youth from 11 different clubs participated along with 13 adult volunteers who helped out in an official capacity. The chief purpose of the day is to give 4-H members a chance to show off their project work and to gain valuable experience presenting themselves in a public speaking situation. Youth ages 5-15 participated this year. Of course, the day is also designed to select those members age 12 and older who will represent Coös County at State Activities Day (SAD) on June 5 at UNH. Each county receives a quota of slots for SAD. However, a certain minimum standard of excellence is required in order to advance. We don't simply fill slots for the sake of sending youth. So, it's a great honor to be selected to go to SAD. Congratulations to the following Coös County 4-H youth who have qualified to advance to state-level competition:

Demonstrations

Makenna Burke & Erica Langkau
Monica Gillis & Hannah Bunnell
Christian Morin & Marissa Hanson
Dan Call
Emma Ainsworth & Baillie Knecht
Sarah St Gelais & Cathleen Daniels
Samantha Donovan

Public Speaking

Ben LaFlam

Action Exhibits

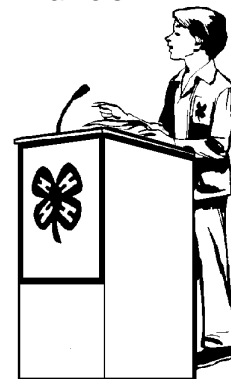
Jacqueline Lowell
Kayleigh Eastman

Poster

Jenny Burns
Courtney DeBlois
Christina Morin

Photography

Dan Call



The only disappointment this year is that our poster and photography numbers were way down. Please keep this in mind for next year. These are very good mediums for members to express themselves and a good alternative for members who aren't able to be with us on Demonstration Day. It's also completely acceptable to enter in these categories and to give a demonstration or action exhibit.



*NH 4-H
Shooting Sports
Volunteer Training,
May 15-16*

The 4-H shooting sports project is proving to be very popular in New Hampshire of late. If you would like to get involved, then save the

weekend. This is when the New Hampshire 4-H Shooting Sports Program will host a workshop to certify volunteer leaders at the 4-H Youth Center in New Boston. This training is designed for current 4-H volunteers as well as those who wish to become involved in the 4-H program. Shooting experience is not essential, but a willingness to learn about how to work effectively with youth is. Teen leaders 16 and older are welcome. Certified teen leaders must work under the direct supervision of a certified adult instructor.

NH 4-H Teen Conference

State 4-H Teen Conference; "2010: Let the Future Begin" will be held June 27-30 at UNH Durham. The NH Teen Council has been planning fun new workshops along with the classic favorites. Some highlights will include shooting sports, African music and dance with Akwaaba, ballroom dancing, fly fishing, and jewelry making. This super fun conference will feature an opening night carnival, a trip to Hampton Beach for a BBQ, and a futuristic closing dance complete with light show! The cost will be \$210 for the entire 4 days. Room, meals, activities and t-shirt are included (some workshops carry an additional fee). The Teen Council can't wait to see you there!

Coös County 4-H members are encouraged to apply for scholarships from the Coös County 4-H Advisory Council. The application is available on the Coös 4-H web site. Remember, one must have participated in Coös 4-H fundraising to be eligible. The 2010 Teen Conference brochure was recently mailed to all 4-H members age 14 and older. The deadline for registrations is May 3.



Community Grants

Once again, there will be a gardening/community beautification grant program for Coös County 4-H Clubs. The idea is to provide "seed" money (get it?) so that clubs can purchase seeds, bulbs, plants and/or supplies for a community beautification project. We will also entertain requests for funds for just about any other community service project.

To apply, simply write a letter of intent to the Coös County 4-H Advisory Council outlining both what you would like to do and your anticipated costs. The deadline for applications is May 14. Clubs may apply for up to \$100.

*Coös County 4-H Advisory Council
Update*

The membership of the Coös County 4-H Advisory Council (AC) includes both adult and teen 4-H leaders and members. The purpose of the (AC) is to manage funding to support 4-H and to help guide the Coös County 4-H program. The AC met recently and made some important decisions regarding by-laws. Terms will now be 3 years in length instead of 2. This will allow members to be rotated on and off in a logical manner. Each voting member may serve for 2 consecutive terms. After this a member must retire for at least 1 year.

We should all thank our retiring members:

Teresa Berry
Earl Brady
Ramona Chessman
Brenda Dyer
Elissa Dyer

Welcome our newly elected members:

April Allin
Jacob Brady
Kathy Burns
Debbie DeBlois
Lucas DeBlois
Sherri Lowell

Thank you in advance!

Those interested in the work of the AC can find meeting minutes posted on the Coös 4-H web site.

4-H Animal Approval Forms
ALL 4-H ANIMAL MEMBERS -
PLEASE READ THIS CAREFULLY.

Members with 4-H animal projects must register their project animal(s) with their county Extension Office annually. The reason for this is based, in part, on the 4-H philosophy that animal projects are on-going projects and we want to be able to demonstrate progress over time. Four-H shows provide an opportunity for members to exhibit the fruits of that prolonged project effort. Approval forms enable the Educator to know what animals are being carried as 4-H project animals, regardless of whether those animals are ever shown. The good news is that this process is easy as ever since all of the forms have been placed on the web:
<http://extension.unh.edu/4H/4HForms.htm>

Scroll to Animal Science Project Resources and click on the appropriate form. Approval forms are updated annually so make sure yours is dated 2010. Forms must be submitted by the dates listed below. A separate form should be used for each type of animal. Your form will be copied and filed and the original will be returned to you. All information must be accurate. If your registration numbers are pending, attach a note to your form and update the form with us when you receive your registration numbers.

- February 1:** Beef steers to be shown at Eastern States. (A special ear tag is required to be in place before February 15.)
- April 1:** Horses that will be shown at Eastern States.
- May 1:** Beef Heifers that will show at ESE, Working Steers (excluding ESE steers), Dogs, Dairy Cattle, Horse, Llamas
- June 15:** All Sheep, Goats, Swine, Small Animals, Poultry and other Beef (not showing at ESE).

Note: All 4-H project animals must be at least three months by show day to be shown, exhibited or brought to any given 4-H event. For instance, a lamb born on May 31, 2010 could not be exhibited or brought to a 4-H event before August 31, 2010.

Leasing of Cattle, Sheep, Pigs, Goats, Horses
4-H members don't have to actually own livestock in order to participate in the project. They can lease an animal(s). The lease form is a tool which allows the owner to officially give permission to a 4-H member to use the animal as a project animal for the year. It does not necessarily require dollars - that's between the owner and the member. A "Record of 4-H Lease" form must be completed for all animals that are not owned by the 4-H member. There are restrictions on how many animals a member may lease so be sure to study the form carefully. Copies of the Record of 4-H Lease are available on the web or at the Coös Extension 4-H Office. Remember, the lease form is due on the same deadline as the livestock or horse approval form (see previous article).

Play Ball Coös County 4-H!

It was so much fun last year that we're going to do it again! Sunday August 8th is NH 4-H Day at the New Hampshire Fisher Cats ball park in Manchester! The locals will square off against the Bowie Baysox, the AA affiliate of the Baltimore Orioles. Tickets will be \$8.00. Coös County 4-H will be hiring a bus and traveling to the game in style (assuming we can get enough people together). It promises to be great fun! NH 4-H'ers will even throw out the first pitch! The NH Fisher Cats team is a professional minor league baseball team. They have a beautiful new ballpark on the banks of the Merrimack River.



Everyone's invited - 4-H members, 4-H families, friends and neighbors. Tickets are \$8.00 (children under 3 are free) and this includes transportation! Part of the proceeds will support the 4-H Foundation of New Hampshire. We will depart Coös County in the morning and return sometime around supper time. We hope that those connected with 4-H wear green so that we are noticeable in the stands.

To sign up, send a check payable to "Coös 4-H" (# of tickets ___x \$8) to the Coös Extension 4-H Office. Bring the whole club, the whole family, your team, everyone.....it'll be a blast!

Why Do Clubs Still Matter?

The "club" or "group" is regarded as the most valuable and effective method of delivering positive youth development. Clubs:

1. Reflect the norms and values of families, the neighborhood, and the community.
2. Provide a connection between youth and adults who want to make a difference in the lives of young people.
3. Foster a safe environment where young people feel free to have conversations and discuss issues without risk of ridicule, misunderstanding, judgment, or labeling.
4. Facilitate flexible programming and interaction between members.
5. Provide the ability to re-design themselves in different cultural, economic, racial, and ethnic contexts to reflect the beliefs, hopes, and values of young people and their families.
6. Offer a chance to experiment and explore without feeling the weight of monumental consequences.
7. Can serve to meet the developmental needs of youth and support positive youth development.
8. Provide a safe environment in which to learn, explore, and discover new things and try out new skills.

(from E-Learning course)

*4-H...more than you
ever imagined.*

Did You Know?

- Coös County UNH Cooperative Extension has been listed as a "Favorite Place on Google™." This means that our web site was searched for 965 times between July 1 and September 30 last year. Check it out.
- Earl Brady has been named as a 2010 State 4-H Achievement Award winner. Way to go Earl!
- There will be a NH 4-H Agriculture Career Trip to the Cornell Area of NY August 10-13.
- A NH 4-H Finance Career Development trip is being planned for this summer too.
- Coös 4-H'ers excelled at the recent NH 4-H Dairy Quiz Bowl. The Coös County senior team coached by Heidi Mason placed third, and included team members, Jacob Brady, Lucas Deblois, and Kelly Mason. Courtney Deblois finished third in the Junior contest.
- Jacob Brady qualified to represent NH on the State Dairy Quiz Bowl team and Lucas Deblois is the 1st alternate!

What About Blight?

Last year many home gardeners lost their potato and tomato plants to a fungus disease called Late Blight. Although the disease does not overwinter in the soil, it can survive on living plant tissue. Ways you can protect your garden from it this year include:

- Destroy any 'volunteer' potato plants sprouting in your garden or compost pile.
- Don't plant potato seed saved from last years garden.
- Buy this years potato seeds and tomato transplants from garden shops and other suppliers that provide assurance they are disease free.

UNH Cooperative Extension has posted additional information on a website about the disease -

<http://extension.unh.edu/Agric/LateBlight.htm>

2010 Coös 4-H Garden Program

Coös County has a very strong 4-H gardening tradition. It is a great way for members to learn and grow during the summer months. Further, the Lancaster Fair provides a great way for members to exhibit the "fruits" of their labor. The major parts of the Coös County 4-H gardening program in 2010 will include:

1. Tom Gill Memorial Seedlings Program
2. Garden Seeds
3. Gladioli Bulbs
4. Soil Testing
5. Plant pick up day
6. Garden judging

IMPORTANT: 4-H members must complete the sign up form at the end of this newsletter and return the completed form to the Extension Office by May 15. No late sign-ups will be accepted.

1. Tom Gill Memorial

Way back in 1945 Tom Gill Sr., a florist of Berlin, NH, provided 4-H members in Coös County with many vegetable plants over a period of about fifteen years. The original purpose of the program was to experiment with different plant varieties to see how they survived in the North Country. In exchange for the free plants, the 4-H members were obligated to give feedback regarding their successes and failures. In August 1971, "Tom" died; but the Kiwanis Club of Berlin and the Gill family have decided to carry on the program as a memorial.

These are the original objectives for the contest which will be conducted on a three-year cycle.

Objectives:

- ▶ To provide 4-H Club members with new varieties of plants.
- ▶ To encourage Club members to keep growth and production records so that the information may be used by other gardeners.
- ▶ To provide competition among Club members in the garden program for the purpose of encouraging good garden practices.

Coös County 4-H'ers are only permitted to participate in the Tom Gill program for three consecutive years. Approximately six plants of each variety are provided to each participant at no charge by "Gills Flowers" in Berlin.

Eligible for 1st year.

All 4-H members (age 8 or older) who have not participated before are eligible for the first year competition.

Below are lists of those eligible for years 2 & 3:

*Please let us know if our records are not accurate.

Completed 1st year in 2009

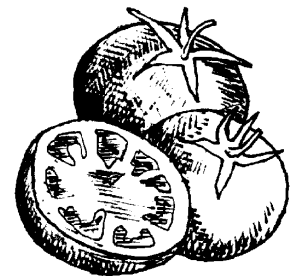
Eligible for 2nd year in 2010 -

Pierre Allard
Noah Cornish
Riley Cornish
Ben Curley
Hannah Curley
Baillie Knecht
Cassie Lacasse
Austin Lesperance
Josh Marcure
Kiana Martin
Justin Mellett
Emily Morris
Kylie Pattie
Tiasa Thornton
Cindy Wade

Completed 2nd year in 2009

Eligible for 3rd year in 2010 -

Tylor Chapple
Jessie Hooker
Alexis Scott



2. Seeds

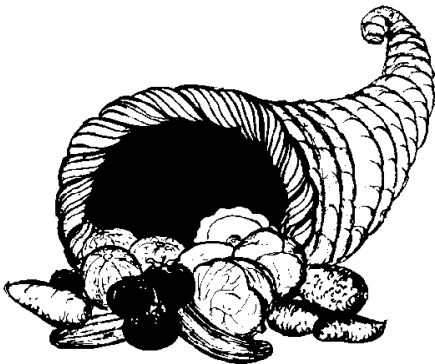
The Coös County 4-H Advisory Council provides free seed packages to interested 4-H'ers. There are three packages available.

GROUP I	Carrots, Cucumbers, String Beans
GROUP II	Carrots, Cucumbers, String Beans, Beets, Winter Squash
GROUP III	Carrots, Cucumbers, Beets, Winter Squash, Early Corn, Pumpkins

No mixing is allowed. Participants in the seed program are encouraged to keep accurate records on their gardens.

3. Gladioli Bulbs

Coös County will once again offer you gladioli bulbs. The price this year is 15¢ each and the maximum order size is 25 bulbs. Colors will be mixed. Unfortunately, you cannot choose colors. Fact sheets and record sheets are provided with all bulbs. Participants are encouraged to keep careful records and to show their flowers at the fair. Please sign up for the number of bulbs you want.



4. Soil Testing

We will once again offer this valuable service to interested 4-H'ers. If you have had your soil tested in the last three years, it is not necessary to retest unless you are experiencing problems. The Coös County 4-H Advisory Council absorbs the costs associated with this program so there is no charge to 4-H'ers.

5. Pick-up Day

The date will be Thursday afternoon, May 27. We will fill all who sign up in on the logistical details once they are finalized.

6. Gardens will be judged in mid-August

Gardens will be judged on August 20. We will give you a call in early August to remind you. The judge will come to your garden and this will allow you to show off all of your hard work. Of course, you will also want to show the same produce at the Lancaster Fair. A complete list of rules for the Tom Gill Memorial Garden Program will be furnished to each 4-H member.





2010 Coös County 4-H Garden Program Order Form



Please read the program descriptions in the newsletter before ordering.
All orders are due before May 14, at the Coös County Extension 4-H Office,
629A Main Street, Lancaster, NH 03584 - **No late orders will be accepted.**

4-H Member: _____

Club: _____

Address: _____

Garden Location: _____

Parent/Guardian Signature: _____

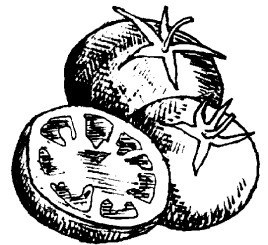
TOM GILL

Yes, I am interested in participating in the Tom Gill Gardening Program.

First year _____ tomatoes, peppers, marigolds

Second year _____ tomatoes, peppers, marigolds, broccoli

Third year _____ tomatoes, peppers, cabbage, broccoli, petunias



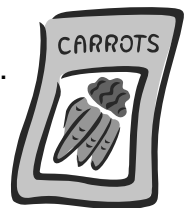
GARDEN SEEDS

Yes, I am interested in receiving garden seeds this year (check group that you are interested in receiving).

Group 1 _____ carrots, string beans, cucumbers.

Group 2 _____ carrots, string beans, cucumbers, beets, summer squash.

Group 3 _____ carrots, cucumbers, beets, summer squash,
early corn, pumpkins.



GLADIOLI BULBS

Yes, I would like to receive gladioli bulbs (**maximum order - 25 bulbs**).

Number of bulbs _____ x 15 cents each = \$ _____ payment enclosed.

Please make checks payable to "Coös 4-H Youth Development."

SOIL TESTING

Yes, I would like to have my soil tested (we will mail you testing information).

