

## **Nutrition Connection: Program Specialty Areas**

- \* Stretching your food dollar: featuring Planning Ahead Staying Ahead
  
- \* Nutrition for Youth: utilizing USDA Team Nutrition Materials including Food Works, Food Time, Tickle Your Appetite, YourSELF, and Power of Choice as well as a variety of other programs for youth in schools, camps, after-school programs and child care centers.
  
- \* Nutrition for Adults: using the Building a Healthy Diet or Eating Right curricula; or a learn at home series called Eat Healthy, Stay Fit.
  
- \* Nutrition for Seniors: featuring Planning Ahead Staying Ahead for seniors and NutriNews newsletters.
  
- \* Specialty Programs for: childcare providers utilizing the Care Connection curriculum and Great Beginnings curriculum for pregnant and parenting teens.