

# Preparing Volunteers for Today's 4-H Healthy Living Challenge

**Date:** February, 2, 2010

**Snow Date:** February, 9, 2010

**Time:** 9:30am—12:30pm

**Location:** Massabesic Audubon Center Auburn, N.H.

**Cost:** \$5.00 per participant (includes curriculum )

**Pre-register by:** January, 26, 2010



This three-hour training is open to ALL leaders of 4-H youth development programs, afterschools, home schools, youth organizations, and college student service learners. Join us for a half day of fun interactive activities representing the *4-H Healthy Living Challenge* curriculum goals of nutrition, physical activity, and safety.

This workshop will prepare participants to successfully implement the *4-H Healthy Living Challenge* program at their own sites. This is also a great opportunity to meet other leaders from your area to share ideas, questions and resources.

For more information and/or for any special arrangements including dietary, physical access, or other accommodation requests, including the ability to pay, please contact Janell George at the University of New Hampshire Cooperative Extension Hillsborough County office at (603) 641-6060.

**“Ten working days are needed to facilitate special needs requests.”**



UNIVERSITY of NEW HAMPSHIRE  
COOPERATIVE EXTENSION

The 4-H Healthy Living Challenge project is supported by a Wal-Mart Foundation Healthy Living Youth Grant in partnership with National 4-H Council and the UNH Cooperative Extension 4-H Youth Development Program. The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.



Mail form and entry fee to:

University of New Hampshire  
Cooperative Extension  
Hillsborough County  
329 Mast Road, Room 101  
Goffstown NH 03045

Make out checks or money orders to:

University of New Hampshire  
Cooperative Extension

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Name

\_\_\_\_\_  
Organization Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State

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Phone

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Special Accommodations Needed?

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Dietary Restrictions?

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Signature

\_\_\_\_\_  
Date

**10 working days are needed to facilitate special needs requests.**