

Merrimack County 4-H Newsletter

CALENDAR OF EVENTS

Greetings Volunteers, Parents and Members,
By now you should have received the 2011 4-H calendar. Be aware of deadlines and events. We hope the winter weather soon comes to a close and a glorious spring awaits.

Deborah J. Cheever
Extension Educator
4-H Youth Development

Nancy Evans
Program Associate
4-H Youth Development

March

- 1 - Snow Date Poster & Photo Judging, 4-H office, 6PM
- 5 - MC 4-H Presentation Day, MVHS, Registration 8:30 AM
- 8 - MC 4-H Foundation Annual Meeting, Alan's Restaurant, Boscawen, 5 PM
- 10 - MC 4-H Horse Leaders, 7PM, Hopkinton Library
- 12 - Snow Date - Presentation Day, MVHS
- 16 - MC 4-H Advisory Council, 7PM, County Admin Building, Concord
- 17 - Junior Leaders, 6:45 PM
- 18 - Teen Conference Applications Due
- 19 - 4-H State Dairy Quiz Bowl
- 25 - Sign Ups due MC 4-H Fashion Revue
- 25 - Fashion Scripts Due
- 30 - Workshop for Teens **"So What is a Junior Leader?"**, MC 4-H office.
- 31 - Snow Date - **"So What is a Junior Leader?"**



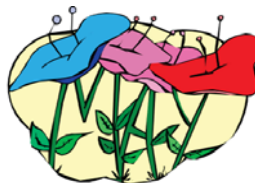
April

- 1 - MC 4-H Foundation Book Award requests due
- 1 - Approval Forms due for Horses to ESE
- 1 - 7 National 4-H Conference
- 2 - State 4-H Volunteer Leader Conference, Epsom
- 2 - State 4-H Horse Judging & Hippology Contest
- 15 - 4-H Dairy Judging Entries due to Cheshire County
- 16 - MC 4-H Fashion Revue Judging, Epsom Elementary
- 18 - MC 4-H Garden Seed Orders Due
- 20 - Spring 4-H Leaders Meeting, Pittsfield, Pot Luck
- 21 - Junior Leaders Mtg, 6:45 PM
- 27 - Leader Share Fair, MC 4-H office
- 30 - State 4-H Dairy Judging Contest



May

- 1 - Approval Forms due: llamas, dog, working steer, dairy cattle, beef heifers to ESE, all horses, (not ESE)
- 1 - State Dairy Judging Contest
- 1 - Horse Show Ads due to State
- 1 - Beef Heifer entries (ESE) due to Moiles House
- 6 - MC 4-H Fashion Revue, MVHS
- 10 - MC 4-H Foundation, 7 PM, County Admin Bldg, Concord
- 12 - MC 4-H Horse Leaders, 7 PM, location TBA
- 14 - Stitch n' Sew Saturday, 4-H office
- 14 - Sheep & Wool Festival, Hopkinton Fairgrounds
- 15 - Sheep & Wool Festival, Hopkinton, Fairgrounds
- 18 - MC 4-H Advisory Council, 7 PM, Cty Admin Bldg, Concord
- 19 - MC Junior Leaders, 6:45 PM
- 20 - Tom Fairchild Friend of 4-H Golf Tournament, Candia Woods
- 24 - 4H Family Garden Clinic
- 29 - 4-H Dairy Day (TENTATIVE)
- 30 - OFFICE CLOSED - Memorial Day



REGISTRATION AND EVENT TIMES

Presentation Day

Registration : 8:30 AM
Event Begins: 9:00 AM

Fashion Evaluation

First club arrives at 8:45 AM

All 8 - 11 year olds, check with your club leader for assigned club time.

12 & Older - Register at 8:00 AM

Do not arrive before assigned club time or you will have to wait until your scheduled club arrival time.

Fashion Revue

6:45 PM Models Arrive

7:30 PM Show Starts

UNH Cooperative Extension, 315
Daniel Webster Highway, Boscawen,
NH 03303
(603) 796-2151
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4-H Healthy Living Pledge

One of the four H's is Health. Health has been a foundation of 4-H since the 4-H pledge was adopted. Health became the fourth "H" in 1911. Health has always been a component of 4-H.

The 4-H youth development program has a long history of promoting healthy living. Our 4-H Mission Mandate - "Healthy Living helps us focus to be sure we stay true to our fourth "H"...Health."

The 4-H Healthy Living Pledge helps youth & adults set their own agenda for health.

We launched this at our Food Show on Saturday, February 5th and wanted to be sure all families in 4-H, who want to take part, can.

What do you need to do?

- Make a Healthy Living Personal Pledge
- Set a healthy living goal
- Walk 40,000 steps and log them
- Complete and return your log sheets by May 13th to be eligible to be entered into a "fitness basket" drawing at the Summer Leader's meeting.

Call 796-2151 today to get your packet and get started in achieving your personal health goal. Can be done individually, by a family or as a club. You choose!

Tractor Supply Opportunities for 4-H

Tractor Supply has a relationship with National 4-H Council to do fund raising to support 4-H Nationally and locally.

Opportunities for 4-H families. Sign up for a TSC clover card at the TSC website to be able to take advantage of coupons and club opportunities. The TSC is not a discount card. visit: <http://www.tractorsupply.com/content/storeevents/4h>

Spring Paper Clover Campaign

This will run April 15- 25th. We have three stores in Merrimack County; Chichester, Hooksett, Northfield.

UNH Poll Shows Wide-Spread Recognition of Cooperative Extension

A recent Granite State Poll by the UNH Survey Center once again shows UNH Cooperative Extension as the second most recognized component by state residents. UNH's athletics ranks first.

The results of the poll indicated there was a high awareness of sports and Cooperative Extension, while there was less awareness of specific research programs. While 75 percent definitely remembered hearing about UNH athletics in the April poll, UNH Cooperative Extension ranked second, at 54 percent. A similar poll in 2004 indicated over half, or 52 percent, definitely made the connection.

Coming in third, at 51 percent, was UNH's performing arts, and in fourth, at 47 percent, were the university's research programs.

Questions were included in the quarterly Granite State Poll conducted in April. Two-thirds of those polled indicated they knew a UNH alumni, and most got their information about the university through newspaper information, family or friends, or television and radio.

Volunteers Needed

Volunteers are needed for Fashion Revue evaluation and the Revue.

Do you have a few hours on Saturday, April 13th to help our young aspiring sewers? They need your help and guidance as they learn and develop their sewing skills.

Call Debbie at 796-2151 or email deborah.cheever@unh.edu
Subject line: FASHION JUDGING

For evaluation day we need: Set up committee, construction judges, fashion selection judges, modeling judges, hall monitors, registration and especially a clean up committee.

Making Ends Meet

Looking to find ways to make ends meet, reduce debts you might have, save for a secure future or just SAVE?

Enclosed in this newsletter is the flyer describing the program, "Making Money Work for You", conducted by Marilyn Sullivan, Extension Educator, Family & Resource Management. The program will be held at Concord Hospital, March 10 - April 7th, 5:30 - 7:30 PM. Deadline to register: March 7th. Registration cost: \$12 (individual or couple) Special funding will reimburse the registration cost if ALL 5 sessions are attended.





4-H Study Proves Positive Outcomes, Powerful Impact :

4-H makes a positive and powerful difference in the lives of young people, according to the latest findings from the fifth year of the 4-H Study of Positive Youth Development (PYD). Researchers report that youth who participate in 4-H are:

- Nearly two times more likely to get better grades in school;
- Nearly two times more likely to plan to go to college;
- 41 percent less likely to engage in risky behaviors; and
- 25 percent more likely to positively contribute to their families and communities.

With support from the National 4-H Council, eminent youth development scholars from the Institute of Applied Research in Youth Development, Drs. Richard M. Lerner and Jaquelyn V. Lerner are leading this ground-breaking longitudinal study. Faculty from 21 land-grant universities across the nation are also collaborating. Since 2001, researchers have surveyed 6,885 adolescents from 45 states in the U.S.. The adolescents are diverse in every aspect—race/ethnicity, region of country, gender, parent education, and family income. Because the sample of youth includes matched samples of 4-H and non-4-H youth, researchers are able to assess and compare the impact of 4-H participation on diverse young people. Overall, the study found that the advantages of 4-H participation include higher educational accomplishment and higher motivation for future education. In addition, youth in 4-H are more civically active and make more community and civic contributions than youth in other out-of-school activities.

Source: Youth in Action, National 4-H Council
Annual Report 2010 - see the full report:
<http://viewer.zmags.com/publication/a0fd98bd#/a0fd98bd/1>

Did You Know?

- The NH 4-H Career Development Trip for 2011 will focus on money.
- The 2011 and 2012 State 4-H Horse Shows will be held at the Lancaster Fairgrounds. That's right, Coos County will be the host of the show for the next two years!
- 4-H is the nation's largest youth organization with more than six million members nationally.
- In New Hampshire, the 4-H Youth Development program of UNH Cooperative Extension has more than 20,000 youth involved in the various aspects of 4-H and 2,200 adult volunteers.
- The Merrimack/Sullivan County 4-H Horse Qualifying Show will be June 18th.

April Leaders Meeting

Mark your calendar for Wednesday, April 20th for the Spring Leaders Meeting. It will be held at the Pittsfield Community Center in Pittsfield, 6:30 PM.

Pot Luck. More details coming



Tom Fairchild, Friend of 4-H Golf Tournament

Spring is just around the corner! Mark your calendars and dust off your clubs for the 8th annual Tom Fairchild Golf Tournament.

Friday, May 20th, 2011

8:30 AM

Candia Wood Golf Links

The proceeds benefit the NH 4-H Foundation. Sponsors are always welcome. For sponsor levels, check out the web site at: <http://extension.unh.edu/4H/Docs/4HFoundn/foundglf.htm>

Join others who believe in supporting 4-H in New Hampshire.



JOANN fabric and craft stores

Joann's has changed their policy on discounts and now require that you go on-line to apply for a discount card. You may go to the following link to request a card. Please allow 2-3 weeks for your card to arrive.

http://www.joann.com/joann/common/content_custservice.jsp?catName=VIPDiscounts

Merrimack County 4-H Foundation Annual Meeting

The Annual 4-H Foundation Meeting for Merrimack County is being held on Tuesday, March 8th, 7:00 PM at Alan's Restaurant in Boscawen. Any club is invited to attend or send a representative. Our program will include some 4-Hers doing presentations on various 4-H experiences.

How to improve your 4-H club.

Do you sometimes feel your 4-H club lacks a little zip or 4-H meetings are boring? Be sure to check out the resources on the state 4-H website to give you some club management tips. Visit: <http://extension.unh.edu/4H/P4HVR.htm>

4-H Insurance Coverage

There has been some confusion on the types of insurance coverage available to those in the 4-H program.

1. Liability Insurance - UNH has liability insurance to cover when activities are held at a location and that location wants proof of liability insurance. This request for a certificate of insurance is made by the club to the Extension office.
2. As a recognized volunteer (screened and annually enrolled) you are protected by NH RSA:508:17 which provides legal protection for volunteers by limiting the liability of an enrolled volunteer who is working within the scope of his or her official duties and following the guidelines and policies of the 4-H program.
3. Medical coverage can be purchased by 4-H clubs in two ways. Annual coverage or for a club or group and the second as daily special event coverage. For more information: <http://www.americanincomelife.co/Four-4Coop.aspx>.

REMINDER Public Relations Award

Last year we announced the Public Relations award for club reporters.

From October 1st - May, clubs need to submit six different pieces about their 4-H club from at least 4 different activities showcasing club involvements in the community. Submissions can include a newspaper article, community newsletter or paper, community calendar, a piece in your local 4-H newsletter, an article/information on the town's web site.

These are to be turned in with the club year end report in June.

Recognition - All who meet the criteria will be recognized at Honors Evening 2011 to receive the Journalist Excellence Award.



Volunteer Training is CRITICAL for continued success!

Are you new to 4-H or could benefit from a refresher course? This e-learning course is designed to acquaint you with basic volunteer information and is divided into 4 modules. Each module will take approximately 20 minutes to complete and can be completed at different times.

“About 4-H”
“Positive Youth Development”
“Getting Started in 4-H”
“Leadership & Teaching”

Go to:
http://extension.unh.edu/resources/files/Resource001265_Rep1627.pdf

All new leaders need to complete all four modules to become an enrolled 4-H volunteer and recognized as a 4-H UNH Cooperative Extension Volunteer. Remember to click on SUBMIT after each module and print out your certificate for completion verification.

Upcoming Continuing Education Events

Spring Leaders Conference

Saturday - April 2nd, Epsom Elementary School
Registration Deadline: March 21st

Many great workshops to attend and take back to your club! Some offer all day subject tracks or the opportunity to mix and match topics. We are hoping to have a keynote speaker on Bullying... a topic of interest to many these days. Full offerings will be posted on our web site the end of February. Cost will be \$10. Go to: <http://extension.unh.edu/Counties/Merrimack/Merrimack.htm> to register. Keep checking the website for details and on line registration.

So What's a Junior Leader?

March 30th
Registration Deadline: March 21st

This workshop will be for youth 12 and older and leaders who have youth this age in their club. Topic will include what Junior Leadership is, What is Leadership? Understanding and teaching younger members and what opportunities might a Junior Leader be involved with in their club or county 4-H program.

Leader Share Fair - Pot Luck

April 27th
Registration Deadline: April 20th

Measure, Fit & Create

May 25th
Registration Deadline: May 13th

Garden Clinic

May 24th
Registration Deadline: May 16th

Stitch n' Sew Saturday

June 11th
Registration Deadline: May 28th



HOLD THE DATE!

4-H Shooting Sports Leader Training
May 21st & 22nd
New Boston, NH

Check out the web posting at: <http://extension.unh.edu/Counties/Merrimack/Merrimack.htm> Call the 4-H office to receive the brochure and registration.



Spring is coming and so is Fashion Revue

It's time to start planning to participate in our fashion program in April and early May. April 16th is "evaluation day" at Epsom Elementary School and the Fashion Show is Friday, May 6th at Merrimack Valley High School. Registration for participation is due Friday, March 25th .

For Fashion Revue, Fashion Selections information visit:

<http://extension.unh.edu/Counties/Merrimack/MCFashionRevue.htm>

2011 Theme: "TAKE A CHANCE"

2011 State Teen Conference will be held June 27 - 30 at UNH, Durham. Teen Council has been planning fun new workshops along with the classic favorites. Some highlights will include shooting sports, African music and dance with Akwaaba, ballroom dancing, fly fishing, and jewelry making. This super fun conference will feature an opening night carnival, a trip to Hampton Beach for a BBQ, and a futuristic closing dance complete with light show! The cost will be between \$220 - \$230 for the entire 4 days. Room, meals, activities and T-shirt are included (some workshops carry an additional fee). The Teen Council can't wait to see you there!

Download an application for: <http://extension.unh.edu/Counties/Merrimack/Docs/2011MCTCpre.pdf>

All applications will be reviewed for scholarship assistance reward.

Deadline for applications due in the 4-H office March 18th.

Stage Set Committee

Help bring life to this year's Fashion Revue... "Seasons of Fashion"!

Join the stage set committee meeting on Tuesday, March 22nd, 7:00 PM at the County Administration Building, Concord. You need to pre-register in case we need to cancel due to weather. Call 796-2151 to get your name on the committee list.

Fashion Selections

Are you a member who isn't in the clothing project? If you are 12 or older, why not try out the Fashion Selections part of the program. Since not everyone likes to sew, but everyone buys clothes, we can include more 4-H members in this fun annual event.

Fashion selection categories include: school, make overs, interview outfits, career fashions, special occasions, sports/leisure activities and best bargains for less than \$25.00.

Sign up deadline is Friday March 25th. Website: <http://extension.unh.edu/Counties/Merrimack/MCFashionRevue.htm>

FOCUS ON FINANCE CAREER AWARENESS TRIP

Tuesday, July 12, 2011
and
Wednesday, July 13, 2011

Teens: Watch your mailbox for more information.

County Medals

Are you a member who has had two or more years in a 4-H project? As a leader, do you know members who have two or more years in a 4-H project? If you answered yes to one question, then you are a 4-Her who could apply for a county medal. Grab an application for a County 4-H medal. Recognition is held during Honors Evening.

County 4-H medals are given in a variety of projects and in some activity areas.

Leaders, encourage your 4-Hers to check it out? Criteria to apply:

- Must be at least 11 years old
- Minimum 2 years in a project area
- Must complete a County 4-H Record for your appropriate age group.
- Must show growth and accomplishment in the project.

4-H members can write a 4-H story about their project, following the guidelines on the application for County Project Medal.

Call the 4-H office for the application or visit the website at: http://extension.unh.edu/resources/files/Resource000077_Rep79.pdf

**APPLICATION DEADLINE IS
JUNE 24TH!**



Again this year!

Approval forms will not be automatically mailed to everyone signed up for animal projects. In an effort to reduce expenses, we are asking youth to access their approval form in one of the following ways:

UNHCE Merrimack County page at <http://extension.unh.edu/Counties/Merrimack/AnimalScience.htm>

OR

- From their club leader
- Calling the 4-H office and ask to have them mailed to you.

Club leaders have been mailed a packet explaining this change. Animal science club leaders have received a small supply of forms. All youth signed up for an animal project will receive 2 postcards (one has already been mailed), the second will be mailed to those we have not received approval forms from and remind them the deadline is near. The postcard will guide them on how to access the forms. Take a look at our updated **ANIMAL SCIENCE** web page on our site. Here you will find the 2011 Fair Entry information, vet regulations, and medical and code of conduct/permission forms that are part of the member's approval form. All necessary forms are in a yellow box (2 vertical center rows) these are to be mailed to our county office.

APPROVAL FORM DEADLINES ARE:

February 1 - Beef steers that will show at the Eastern State Exposition 4-H Beef Show

May 1 - Beef heifers that will show

at ESE (excluding ESE steers), working steers, dogs, dairy cattle, llamas.

June 15 - All sheep, goats, swine, small animals, poultry and other beef (not showing at ESE).

All 4-H project animals must be at least four months by show day to be shown, exhibited or brought to any given 4-H event. For instance, a lamb born on April 30, 2011 could not be exhibited or brought to a 4-H event before August 30, 2011.

Every Child in the Garden: a 4-H Junior Master Gardener gathering about gardening and youth.

Saturday, March 5th, 2011
9AM - 4PM

Massabesic Audobon Center,
Auburn, NH

Cost will be \$10 per person,
including lunch

If you love kids and gardening and want to meet others who feel the same, this day could be for you. Join UNH Cooperative Extension's 4-H Junior Master Gardener team for a day long workshop, to explore the in's and outs of developing and sustaining youth and school gardens in NH. During this active workshop, participants will meet individuals who are running youth and school gardens and hear their stories, both successes and challenges. This workshop is suitable for adults who are 4-H and youth group leaders, afterschool providers, homeschoolers and teachers, as

(continued on next page)

Agricultural Workshop Opportunities

The following workshops are being presented by the Merrimack County Educators and UNH Cooperative Extension Master Gardeners. They are open to 4-H families.

Town of Boscawen Office 116 North Main Street

All workshops start at 6:00 PM
(except on March 12th)

March 12 10AM - Noon

How to Plan Your Vegetable Garden and Start Seeds

Jim Ramanek, Organic Vegetable grower, and Master Gardener

April 4

Garden Soil Preparation

Amy Ouellette, Extension Educator, Ag. Resources, UNH Coop. Ext.

May 2

Land Management Programs

Tim Fleury, Extension Educator, Forest Resources, UNH Coop. Ext.

June 6

How to Make Good Compost

Master Gardeners

July 18

Beneficial Insects and How to Attract Them

Dot Perkins, Educational Program Coordinator, Ag Resources, UNH Cooperative Extension

For more information about these talks, or to register for an event, you may email the Boscawen Ag Commission at agriculture03303@gmail.com



Jr. Master Gardener cont.

well as Master Gardeners and other volunteers including AmeriCorps and college students interested in mentoring youth. Participants receive the Junior Master Gardener manuals for adults and youth.

Space is limited to 35 participants. For registration information call Janell George at 603.641.6060. For questions, Julia Steed Mawson at 603-660-6373. Registration deadline: March 1st. Make checks payable to UNHCE.

Approval Forms

You can obtain all the necessary forms for showing your animal(s) at the fair this coming season at the following link: <http://extension.unh.edu/COUNTIES/Merrimack/Merrimack4HYD.htm>. If you do not have access to the internet, check with your organization leader. Multiple forms were sent to them. Be sure you submit your forms by the deadlines specified for your species. Contact us with any questions at 796-2151.

NH 4-H All About Dogs Weekend

June 17, 18, 19, 2011
4-H Youth Center, New Boston, NH



Organized and run by the Rolling Bones 4-H Club.

Animal and Horse Approval Form Deadlines

How are the forms that need to be submitted in order to show at any fair. Click on any to view and print and Animal Approval Form in MS Word, scroll to the bottom of the web page and click on the resource link. **NOTE:** you may need to download the newest version of Acrobat Reader in order to type in the PDF version <http://get.adobe.com/reader/>

Horse Family Letter	Have we received your approval form?	General Animal Family Letter	<p><i>CLICK on the links below for individual information on the species.</i></p> <p>Alpaca/Llama</p> <p>Beef</p> <p>Diary Cattle</p> <p>Dairy Goat</p> <p>Dog</p> <p>Horse</p> <p>Poultry</p> <p>Rabbit</p> <p>Sheep</p> <p>Swine</p> <p>Working Steer</p>
Horse Approval Form PDF	<p>Animal Lease Form </p> <p>Suggestions for setting up leases</p> <p>Animal Project Records </p> <p>Encourage Youth to Use</p>	Animal Approval Form PDF	
Youth Medical Form	Code of Conduct/Permission	Horseless Entry	
State Animal Health Regulations	<p>Rabies Guidelines</p> <p>Confirmation Approval Form Mailing</p>	<p>NH Fair Dates and Deadlines</p> <p>NH Fairs & Expositions</p>	
<p>HOPKINTON STATE FAIR</p> <ul style="list-style-type: none"> Horse Show Booklet Exhibitor Handbook 	<p>FACT SHEETS</p> <ul style="list-style-type: none"> * Large Animal Transportation * Responsibilities 4-H Animal Exhibitor * Handling Large Farm Animals 	<p>N.E. 4-H Horse Show Rules/Guidelines</p> <ul style="list-style-type: none"> * PART 1 * PART 2 * SUPPLEMENT 	
Goat & Sheep Qualification Form	4-H Policy on Replacement Animals	Hillsborough County Animal Entry Forms LIVESTOCK DOG	
<p>DOG INFORMATION</p> <ul style="list-style-type: none"> * ESE Dog Qualification * Dog Health Form * NH Guide to Dog Show Manual <p>2010 All about Dogs weekend </p>	<p>QUALIFYING PACKETS</p> <ul style="list-style-type: none"> Horse Working Steer Dairy 		

The "All About Dogs" weekend is a 3-day event, including activities for children and their dogs. Some events are aimed at improving the child-dog team's obedience and showmanship skills or dog knowledge. Other events are aimed at providing the children with new/fun experiences, such as agility, dog-related arts and crafts, dog-related career opportunities, grooming demonstrations and more.

The goal of the camp is to provide the children the ability to prepare for 4-H fairs and Expositions, as well as introduce new participants to the world of 4-H dog showing. The camp is also open for 4-H leaders of the dog programs, to continue to learn and gain more knowledge to bring back to their clubs. This is very helpful opportunity for leaders to network and learn techniques to share with their 4-Hers. While all 4-H campers under 12 are required to have a parent/guardian attend with them, all parents are invited to spend the weekend at the camp.

For more details and registration go to:
<http://www.allaboutthedog-weekend.com>



Attention 4-H Sheep Exhibitors

NEW LEAD LINE SCORE CARD FOR NH 4-H FAIRS

ESE has revised the sheep lead line scorecard. There is more emphasis on the garment and percentage of the garment made by the 4-Her.

Points (up to 10) will be awarded for the percentage of the outfit constructed by the 4-Her and bonus points for the percentage of the outfit constructed by the 4-Her (up to 5). Maximum total points for the lead line class are 100 (75 maximum points for the garment and 25 maximum points for the sheep).

See the new score sheet at http://extension.unh.edu/resources/files/Resource001734_Rep2428.pdf

New halter use guidelines for 4-H Sheep Shows

ESE has changed their guidelines regarding the use of halters in 4-H sheep shows. States try to follow ESE guidelines and this is no exception. The new guidelines will read:

Halters are optional. The member will be judged on their ability to show their animal to their best advantage in the style chosen. Points may be deducted if a halter is used but ignored.

Novice youth will show their sheep with a halter. Juniors and Seniors can choose.

Attention 4-H Dog Show Exhibitors!

ESE has added two new books to their list of resources. The first book is: "4-H Guide, Dog Training & Tricks" This book was available at Tractor Supply and B.J.'s It is also on the 4-H mall website.

The second book; the "Dog Resource Handbook" is put out by Ohio State University Cooperative Extension.

Sarah Gardner, organization leader of the Rolling Bones 4-H dog club, has a copy of each of these books if anyone is interested.

Also there will be a new class added to the ESE dog program for 2011.

The class that will be added to the ESE dog program for 2011. The class that will be added is the beginner novice class. This class is a new titling class for AKC.

Beginner novice is a bridge class between sub novice and the novice obedience class. In order to qualify for this class the dog must not have received a qualifying score at the novice level.

Fair book description for 2011 will read as follows:

Beginner Novice A - for member whose dogs have not received a qualifying score at A or beyond the novice level. Members in this class must not have showed or trained a dog beyond this level. The following exercises will be performed on lead, heal and figure eight. Sit for exam and sit stay will be on leash but will be dropped on the ground. Recall will be off leash. Complete rules can be found at <http://www.akc.org/PDFs/rulebooks/ro2999.PDF>

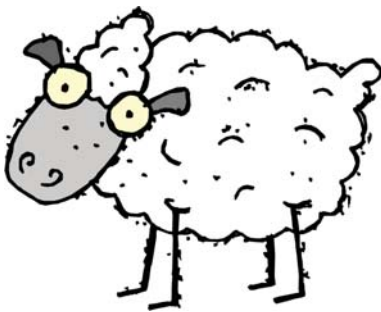
Beginner Novice B - for member whose dogs have not received a qualifying score at A or beyond the novice level. For member who have graduated a dog beyond this level. The following exercises will be performed on lead, heal and figure eight. Sit for exam and sit stay will be on leash but will be dropped on the ground. Recall will be off leash. Complete rules can be found at: <http://www.akc.org/PDFs/rulebooks/ro2999.PDF>





JOIN US FOR A WOOLY GOOD TIME!

Each year we present a wide range of events and activities along with a huge number of vendors in our commercial area!



**35th Annual
The 2011 New Hampshire
Sheep & Wool Festival
Hopkinton State Fair-
grounds
Contoocook, NH
May 14 & 15, 2011
for more information
www.nhswga.com**

What ewe'll see this year

- ◆ Sheep Sheering
- ◆ Fiber Animals
- ◆ Dog Herding Demos
- ◆ Sheep Dog Trails
- ◆ Youth Shows
- ◆ Fiber Shows
- ◆ Spinning and Weaving Demonstrations
- ◆ Fleece Judging and Sale
- ◆ Breed Displays
- ◆ Educational Programs
- ◆ Special Workshops

New Hampshire State 4-H Dairy Judging Contest and PDCA Judges Training April 30, May 1, 2011

Sponsored by: 4-H Foundation of New Hampshire, Inc., UNH Cooperative Extension, cooperating farms in New Hampshire and Vermont, and New Hampshire PDCA.

4-H members 12-18 (divisions for juniors and seniors) as well as interested adults are invited to be a part of this event. This joint event provides an opportunity for both youth and adults to further develop their judging skills.

Youth 15 and older are eligible to compete for the state team that travels to Madison, WI to the National 4-H Dairy Judging Contest. Seniors must give oral reasons. Juniors will have the opportunity to learn more about and practice oral reasons during an evening workshop.

Entry deadline to state is April 15. For more information, call Nancy Evans at 796.2151

2011 FFA/4-H Livestock Judging Competition at White Mountain Regional High School Whitefield, NH Saturday, March 12th 9AM

Contestants will judge the following classes of livestock:

- 2 Beef Steer Classes
- 2 Swine Classes
- 2 Sheep Classes

There will be one class reserved for oral reasons which will be determined by the judge.

** The specific name of each of the classes will depend upon the availability of animals for the contest.

Other components will involve:

- General Knowledge Test (50 questions)
- Equipment ID
- Problem Solving

4-H is invited!!

Competitors in the 4-H division will receive ribbons for teams and individuals.

Please contact Chris Brady to register by February 23rd or if you should have any questions.

cbrady@sau36.or
School: 603.837.2528
Home: 603.922.3305



To participate in the 4-H free seed & garden program, we are asking you to plant a row for the food bank or your community food pantry. They are very accepting of fresh vegetables for the Food Bank and suggest that vegetables like beans, potatoes, carrots, zucchini, cucumbers, summer squash, tomatoes, beets and winter squash make great items to make available to communities. Plan now and make this a "family" or club citizenship project! We will ask for your story on what you grew and who you shared it with this fall.

4-H Family Garden Clinic

When: Tuesday, May 24th, 6 - 8 pm



Where: DS Cole Growers, 251 North Village Road, Loudon
Plans for this years Garden Clinic are underway. We will be visiting D.S. Cole Growers in Loudon for a tour and a hands on activity. Seeds will be handed out at this time. More details will follow.

All 4-H families are invited to attend. Those who sign up for free seeds will receive notification as we get closer to the date. You should be present to get your free seeds. This clinic will be hands-on fun and informational. Exhibiting at the fair will be covered.

Register by May 17th by calling 796-2151 or emailing nancy.evans@unh.edu.
Subject line: GARDEN CLINIC

Don't miss this exciting workshop! Stay tuned for more information!

Free Garden Seeds for 4-H Youth Vegetable Gardens

Through a special contact with Hart Seed Company, we are again able to offer vegetable seeds to 4-H members 8-18 years old, **FREE!**

There are three levels to this gardening project; beginner, intermediate, and advanced. Each level has a variety of vegetables, including radishes, squash, beans, and many others. The level you enroll in should depend on how many years you have been in the garden program. Youngsters not yet involved in the 4-H program could enroll in the garden project through this offer and have the rewarding experience of growing delicious fresh food for the whole family to enjoy! Since there are only three levels, you can be in a level more than one year.

Guidelines for this project include keeping records of your progress, expenses, developing a site plan and planning a "grow row for the Food Bank" service project. To enroll, call Nancy by April 18th (or sooner) at 225-5505 or 796-2151. Free seeds will be distributed at the Garden Clinic May 24th . Those who register for the project will receive clinic information and must attend in order to get seeds.

Flower seeds will be a part of this special offer. Those who enroll will receive free flower seeds along with their vegetable seeds. Sign up now. See enclosed form.

SEED ORDERS ARE DUE TO THE 4-H OFFICE BY APRIL 18TH.

Free Garden Seed Order Form - Due April 18, 2011 CLUB: _____
Name _____ Age _____ Evening Phone _____ Day Phone _____

Mailing Address _____

Number of Years in 4-H _____ Check the level you want to be in ___ Beginner ___ Intermediate ___ Advanced

Return registration to : UNH Cooperative Extension, 315 D.W. Hwy. Boscawen, NH 03303 or email: nancy.evans@unh.edu



Animal Science Recognaion

4-H Horse Quiz Bowl

Quiz Bowl was held January 29th. Many thanks to our coaches - Andrea Galliher, senior coach and Mala Tyler, junior coach.

Juniors who participated were: Madison Madore, Courtney Duclos, Catie Barrett, Mercedes Gorman and Hannah Cunningham. Hannah was a part of the 5th placing team and our other 4 youth took 6th place. GREAT JOB!

We had two senior teams. The team of Emily Blain, Terise Cole, Kassandra Kelly, and Taryn Galliher placed 3rd and the team of Erin Barrett, Katelyn Leonard and Rachael Howell placed 4th.

Emly Blain finished 2nd overall and Taryn Galliher placed 7th overall in individual placings.

Congratulations to all for a great job. We hope to see you all back competing next year!

Public Speaking

Our 4-H public speaking event was held in conjunction with Food Show. All the youth participating did an outstanding job!

ROUND UP EVENT

The following public speaking project members, 8-11 years old, will be invited to this event (time and place to be announced) for recogniton:

Canterbury Rascals

Sana Syed
Jacob Condi
Jasmine Syed

Warner 4-H

Emma Swanson

Victory Workers

Sophie Worster
Ben Clinch

HONORS EVEING

Youth 12 years an dolder invited will be:

Canterbury Rascals

Sara Chase

High Spirits

Jessica Baldassaro

Silver Spurs

Klare Nevins
Eliza Henley
Taryn Galliher

Victory Workers

Chad Lougee
Harrison Worster
Ross Lougee

STATE ACTIVITIES DAY 12 & 13 year olds representing Merrimack County are:

High Spirits

Jessica Baldassaro

Victory Workers

Harrison Worster

14 and older members representing Merrimack County are:

Silver Spurs

Klare Nevins

Victory Workers

Ross Lougee

14 & older members representing Merrimack County at State Activities Day in the Horse Public Speaking contest are:

Silver Spurs

Eliza Henley
Taryn Galliher



Food Show Celebrating 4-H Healthy Living



It was a great day for all those 4-Hers who participated in this years public speaking and food show event!

We had many great food presentations and the speeches overall were very good. Kudo's to all of our 4-Hers who came to participate.

Our theme this year was "Make Half Your Grains Whole", helping youth and families to recognize the importance of the types of grain we should be eating daily. We even had a whole table display of "gluten free" items to look at and taste, helping to sensitize people to appropriate foods that can be chosen when individuals have food allergies.

Thank you to Pauline Wheeler, key leader, for this committee who provided all of the "tasty" food samples prepared with grains and the Junior Leaders who helped; Susan Aznive, Amelia Aznive, Justine Wheeler, Jennifer Ordway, Katie Downs, Madeline Hodgman, Michele Porter.

Thank you also to Sandy Ordway, adult volunteer who assisted as well.

FOOD SHOW JUDGES AWARDS

Judges felt the following seniors had done a great job with the "Chef Challenge" of preparing a food recipe with grains. Elizabeth Rydel, Marisa Kimball, Kayla Corliss, Amelia Aznvie and Susan Aznive



Help Support the New Hampshire 4-H Foundation!

Saturday, July 9, 2011

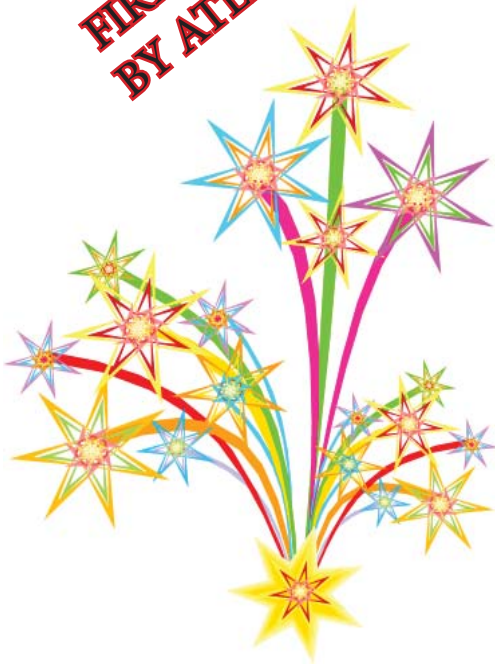
Fisher Cats vs. Portland Sea Dogs
7:05 PM

Two great ways to sign up and get your tickets to support the NH 4H Foundation, via the order form below or order online by going to <https://www.ticketreturn.com/prod2/Buy.asp?EventID=55827> Use the Promo Code: "NHH" (all caps) and select section 102.

For tickets and information, contact Wendy Brock at (603) 862-2187 or email at wendy.brock@unh.edu



FIREWORKS BY ATLAS!



Name : _____

Address: _____

Phone: _____

of Tickets _____ x \$8 = \$ _____

Payment: ___ Visa ___ M/C ___ Amex

Exp. Date _____ Security Code _____

Check: Please make all checks payable to:
NH 4H Foundation

Amount: \$ _____

Email _____

Mail to UNHCE, 315 D. W. Highway, Boscaawen, NH 03303

Join the Revolution of Responsibility!

Share your stories of revolution and of responsibility

4-H youth are a living, breathing, culture-changing revolution for doing the right thing, breaking through obstacles, and pushing our country forward by making a measurable difference right where they live.

We want to hear how 4-Hers are stepping up, leading positive change, and making an impact in your community.

Share with us your stories of inspiration, impact, and results. Please upload any related photos with your form to help illustrate your story. Factor in a 10MB size limit when selecting photos to share. Also, if you have a video that tells your story, post it on YouTube and provide us with the link when you complete the online form.

Go to: <http://www.4-h.org/about/revolution/share-story/>