

In Seabrook

Have the Best Holiday, Without Going Broke!



- Identify what is most important to you about the Holidays
- Come up with a comprehensive spending plan for the Holidays
- Explore alternatives to gift-giving that are fun and reflect your values
- Learn to communicate with family members about any changes you want to make in your celebration of the Holidays

Facilitated by: Karyn Blass, Extension Educator, Family & Consumer Resources, UNH Cooperative Extension

Date: Thursday, November 19, 2009

Time: 6:00 - 7:30pm

Place: Seacoast Youth Services,
867 Lafayette Rd., Seabrook

Cost: Free! Pizza and drinks included!

Child care: Free for ages 12 and under;
advance signup required

More info: www.FamiliesFirstSeacoast.org

Advance signup required! Call Families First
at 603-422-8208 x2 or 603-474-3332

Presented by:



In collaboration with:

