

The CARE Connection Training Program was developed and funded by the state agencies which administer the Child and Adult Care Food Program for the states of Colorado, Florida, Minnesota, Montana, North Carolina, Utah and Washington, developed under contract with **National Food Service Management Institute**, at The University of Mississippi.



The Food Stamp Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 1-800-852-3345 x4238.

To find out more, call UNH Cooperative Extension, Nutrition Connections Program, at 1-800-366-3546.
UNH Cooperative Extension, 315 Daniel Webster Highway, Boscawen, NH 03303, 603-225-5505.

Belknap County
36 County Drive
Laconia, NH 03246
527-5475

Hillsborough County
329 Mast Road, Suite 101
Goffstown, NH 03045
641-6060

Carroll County
P.O. Box 860
Center Ossipee, NH
03814
539-3331

Merrimack County
315 Daniel Webster Hwy.
Boscawen, NH 03303
225-5505

Cheshire County
800 Park Ave.
Keene, NH 03431
352-4550

Rockingham County
113 North Road
Brentwood, NH 03833
679-5616

Coos County
629A Main St.
Lancaster, NH 03584
788-4961

Strafford County
259 County Farm Rd., Unit 5
Dover, NH 03820
749-4445

Grafton County
Whole Village Center
258 Highland St.
Plymouth, NH 03264
536-3720 ext. 107

Sullivan County
24 Main Street
Newport, NH 03773
863-9200



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CARE CONNECTION

Nutrition Education for Child Care Centers and Homes



Keep our children healthy...



Read on for more information 

CARE CONNECTION

What is CARE Connection?

The CARE Connection Training Program is an educational training course for child care providers which teaches the latest nutrition and food safety information to facilitate healthful meals and snacks at child care facilities and home daycare.

The program includes a series of four lessons with printed materials, videos, and handouts.

The CARE Connection program can be used to provide a variety of training workshops for small groups and individuals.

Designed for child care providers, the program includes fun and exciting nutrition education activities.



Why should I participate?

- ◆ The CARE Connection Training Program *is free of charge.*
- ◆ You and your staff can get *training credits* after successfully completing the CARE Connection Training Program.
- ◆ We will train you at *your facility.* All you have to do is set a time for us to visit.
- ◆ You and your staff will be *well trained* on the best practices in early childhood nutrition and food safety.
- ◆ And you'll have *fun* learning about food and nutrition through hands-on activities.



How can I participate?

To find out more about The CARE Connection Training Program in your county, call the UNH Cooperative Extension, Nutrition Connections Program, at:

1-800-FOOD-LINE

or call your county office (see back) and talk to your local Nutrition Connections staff directly.

Our staff are available to provide CARE Connection to daycare homes and centers serving low-income families.

