

Numbers of Youth with ASD

- Autism and its associated behaviors have been estimated to occur in as many as 2 to 6 in 1,000 individuals (Centers for Disease Control and Prevention 2001). This translates to 1:500 to 1:167 is a child with autistic spectrum disorder.
- N.H. has published a rate of 1:119 births (Foster's Daily Democrat, 2002).

What does this mean?

FAMILIES & YOUTH NEED:

- ❖ Understanding of the needs of families & youth with ASD
- ❖ Enhanced awareness of 4-H Youth Development
- ❖ Support for childcare, out of school programs, etc.
- ❖ Develop an appreciation for and acceptance of youth with autism

STAFF & PROGRAMS NEED:

- ❖ Training and information for staff and volunteers
- ❖ On-going support for accommodations
- ❖ Program analysis for baseline skills and competencies required
- ❖ To work collaboratively with community based groups which serve families and youth who have autism

Trends in Food and Nutrition

- Economic Trends

- Food security is a growing problem facing many NH families and individuals
- The disparity between the rich and poor is increasing, especially in the aging population

Implications: Assist with the facilitation of community strategies to address food insecurity.

Data Sources: NH Kids Count, US Census, UNH Cooperative Extension FSNEP Telephone Survey

Trends in Food and Nutrition

- Health Trends

- There is a link between the level of education, socioeconomic risk, and health risk.
- Lifestyles with risk behaviors which include poor diet, smoking, alcohol, and physical inactivity will increase the rates of obesity, hypertension, high cholesterol, and diabetes.

Implications: Target interventions to highest-risk audiences. Strengthen programming to address diet and lifestyle behaviors.

Data Sources: NH BRFSS, YRBSS, HP 2010

Trends in Food and Nutrition

- Social Trends

- There is considerable diversity in NH by age, family structure, and socioeconomic risk.
- Consumer access to health improvement resources is being limited by health care plans.

Implications: Programming should be provided for all stages of the lifecycle, and emphasis should be placed on diverse and aging populations.

Data Sources: NH Kids Count, Institute for Health Policy

Trends in Food and Nutrition

- Political Trends

- As dollars for programs become more competitive, the need for evaluating impact increases.
- Legislators and decision-makers are placing increased emphasis on cost-effectiveness and cost-benefit of programs.
- Communicating program results to decision-makers will become more important in the future, especially with increased competition for funding.

Implications: All programs will have strong evaluation components which will be designed to show behavior change. In addition, cost-effectiveness and cost-benefit analysis will be conducted on selected programs.

Agriculture/Youth

- Only 3-4 high schools in NH currently offer vocational agriculture programs with production agriculture as a focus - giving the 4-H YD program a unique niche in this area
- Plant & Animal Science projects are largest Classic 4-H enrollment in NH
- Sources of additional data on youth involvement
 - Annual 4-H Enrollment Statistics
 - NH Department of Education

Youth and Money

- Demographics:
U.S. Census Bureau
- NH Employment:
NH Employment Security
- Financial Literacy Survey for 12th Graders:
Jump\$tart Coalition for Personal Financial Literacy
- Parents, Youth and Money Survey:
American Savings Education Council
- U.S. Teen Expenditures:
Teen Research Unlimited

Adults and Money

Demographics:

U.S. Census Bureau

- Personal Savings Rate:
Bureau of Economic Analysis (BEA)
- Retirement Confidence Survey:
Employee Benefit Research Institute

Survey of Consumer Finances:

Federal Reserve Board

- Credit Usage:
CardTrak
- National Summit on Retirement Savings:
U.S. Department of Labor Pension and Welfare Benefits Administration

