

Grafton County 4-H'ers Earn County Medals at Annual Awards Night

By Kathleen Jablonski, Extension Educator, 4-H Youth Development

It's official. Four young ladies who are members of the Grafton County 4-H Program stepped up to the plate and submitted applications for county medals. They all won multiple awards.

Every 4-H member knows about them...County 4-H Records. In every project area, there is a project page to complete, a county records book to add to each year and numerous places where folks need to "sign off" that a youth did the required work to complete their goals for the project. In addition, if a 4-H'er is age 11 or older and has worked in a specific project area for two or more years, they can write an additional 4-H story for their records to show how they have progressed in the project area and grown in their personal experiences, citing what they have learned in 4-H to increase their life skills.

County medals are awarded each year to outstanding 4-H members who have completed two or more years in a project area. The member must submit their county and project records to the committee for review. The committee looks for: setting and reaching goals, growth in the project area, a variety of activities the member has participated in, and a general understanding of the 4-H experience. To receive a medal, and then continued progress awards, members need to show they have used their project area skills for the service to their community, their country or their world. Members must write a 4-H story which reflects on their knowledge and experiences. Neatness, creativity, grammar and spelling do count!

We are proud to announce the following members have earned county medals for the 2010-2011 4-H year: Grace Flynn, in the area of Food and Nutrition; Madeline Flynn in the Horse project; Catherine Flynn in the Citizenship project. All three girls are members of the Bob-O-Links 4-H Club in North Haverhill.

In addition, the review committee has set up a system of certificates for entries that have already received a county medal award, giving recipients a Certificate of Continued Progress. This is an indication that the 4-H'er continues to work in the project to improve their skills, talents, leadership and expertise.

Jessica Beck, an independent 4-H member, received Certificates of Continued Progress for Clothing and Textiles and Gardening. Catherine Flynn received hers for Clothing and Textiles, Public Speaking and Food and Nutrition. Grace Flynn was recognized for Clothing and Textiles and Madeline Flynn for Clothing and Textiles and Food and Nutrition.

The committee also recognizes individuals who have shown progress in a project area, yet have not quite reached the standard for a county medal.

Certificates of Achievement were given to Jessica Beck for her work in Foods and Nutrition and Photography.

For more information about 4-H in Grafton County, please contact the UNH Cooperative Extension office at 787-6944 or email: grifton@unhce.unh.edu

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