



National 4-H Week

Help Hillsborough County celebrate National 4-H week, October 2 – 8, 2011.

The 4-H office is looking for clubs or members to promote 4-H at their school, local store, library or any place that would let you place a display or poster.

4-H youth are a living, breathing, culture-changing Revolution for doing the right thing, breaking through obstacles and pushing our country forward by making a measurable difference right where they live.

The New Hampshire 4-H program is encouraging 4-H'ers, volunteers and supporters to get involved and "Join the Revolution of Responsibility." http://www.4-h.org/about/revolution/?loc=homepage_scroller

Other ways you can celebrate:

1. Have a green balloon day. Give away 4-H balloons.
2. Put some of the exhibits that you displayed at the county fair in your library.
3. Distribute green bottles of bubbles & invite everyone to have a green bubble-blowing party.
4. Ask your local churches to acknowledge 4-H on Sunday, October 3 and any 4-H members who are present.
5. Provide the local newspaper with articles written by members.
6. Ask your local cable station or town station to convey the 4-H message about 4-H week.
7. Ask a local business to put "4-H is Great! Get Into It?" On their signs during the week.
8. Give a clover sticker to everyone you find smiling.
9. Hand out 4-H bookmarks.
10. Start a 4-H club in your town.

We are sure you have some of your own ideas to share. Let us know what you did to celebrate 4-H Week and don't forget to take pictures. If you need bookmarks, logos or other printed information to use in your display, call 603-641-6060.

Lets make this the best National 4-H Week promotion that Hillsborough County has ever done.

Hillsborough County 4-H Members Invited to Participate at The Eastern States Exposition.

The 4-H program at **The Big E** is a cooperative effort with the Eastern States Exposition and the Cooperative Extension Program of the New England states. Their missions are to motivate and recognize the achievements of 4-H members and their volunteer leaders; to give the general public attending **The Big E** a better understanding of 4-H educational efforts, including the organization, program and accomplishments; to provide educational experiences for members that may not be available in the individual states; to make the 4-H program and activities visible to the general public who attend **The Big E**; to expand the image of 4-H as a total diverse youth development program; and to identify 4-H as an integral part of the Cooperative Extension

Program and the Land Grant Universities of New England and to involve youth as equal partners in full decision-making roles at all levels of program decision-making. It is an honor for Hillsborough County 4-H youth to participate in this program.

4-H youth invited to do their Action Exhibits at the New England Center: Rebecca Dean, Katie Zintel and Alicia Parker on "**How to Milk a Goat**", and Hannah Welch on "**Magical Ponies**". A Public Speaking invitation went to Brian Edmonds for his speech on "**True Money and Murder; A History of Scandal in the Equine Industry**". Demonstration invitations went to Emmett Craggy for "**Fitness Fun**", Emily Bailey for "**My Exchange Sister**",

Natalie Lewis for "**How Sweet It Is**", Amber Edmonds for "**Horse Tales/Horse Tails**", and Kyle Edmonds for "**Latest AQHA Trends**". Invited to participate in Fashion Selections: Nina Hedburg; invited for Fashion Review: Travis Cook, Anna Barlow, Jane Koski, and Sarah Koski.

4-H leaders Mike Chase, Joanne Gelinias, Heather Aveni, Barbara Buckingham, and Rodney Buckingham, will be attending as chaperones or helpers.

The Big E, located in West Springfield, MA will run from September 16 to October 2, 2011.

For information on show dates and activities please visit their web site: thebig.com

Can You Believe It's Fair Time Again?



Come join the fun at the 54th annual Hillsborough County Agricultural Fair on September 9th -11th, 2011 at the 4-H Youth Center, 15 Hilldale Lane, Route 13 New Boston.

Have you wondered how to enter your favorite photograph, apple pie or best tomatoes? Would you like to be a part of the King Arthur Flour Contest or Baked Mini Donut Contest?

To exhibit is easy and best of all, it's free! The fair has a number of classes to choose from, offering homemade and home-grown items for children and adults.

For information, visit HCAFair.com. Check out the fair book and choose the classes you would like to participate in.

Exhibit set up is Thursday, September 8, 2 pm - 9 pm.

Admission:

Adults: \$10 one day
6-12 years: \$5 one day
Under age 6: free
Senior's 65 & over: \$5 per day.
Active Military & Veterans: \$5 per day, with ID, (does not include family members.)
Discount passes can be purchased in advance by calling 603-641-6060 or from UNH Cooperative Extension, 329 Mast Road, Room 101, Goffstown, NH 03045.

See you at the Fair!

HOLD THE DATE!

Hillsborough County 4-H Awards Night
October 21, 2011.

What's Happening in Extension?

Parenting A Second Time Around

Dates: 6 sessions on the following dates: Tuesday nights, September 20 – October 25, 2011
Time: 5:30 pm– 7 pm
Location: VNA Child Care Center
435 South Main Street
Manchester NH 03102-4841
Free of charge
Free child care is available.
Register for classes and events at 435 S. Main Street. Manchester NH, 03102. For more information, please call 603-666-5982 ext.10.

Being a grandparent can be fun, as well as challenging. In today's world, grandparents play many different roles. Some grandparents play blocks or tell stories occasionally, while others care for grandchildren full-time because parents are unable to care for them. If you are a grandparent or relative caregiver who is parenting, you may want to learn more about parenting again. Grandparents and kinship caregivers are important in the lives of children, and raising children now may be very different than it was the first time around. Join us to explore being a grandparent who is parenting in 2011, and current views on the needs of children.

Hillsborough County 4-H Records due

The 4-H record books are due at the Hillsborough County 4-H office by October 8, 2011. Youth, 11 and older as of January 1, 2011, who have been in a project for two or more years, can apply for a county medal in that project area.

Write your 4-H story about the project and show how you have grown in life skills, knowledge, expanded your project work.

For the specific guidelines to fill out your county record, contact the 4-H office at 603-641-6060 or email jolee.chase@unh.edu.

Enhancing Economic Competitiveness

Date: Wednesday, September 28, 2011
Location: Holiday Inn
172 N. Main Street
Concord NH

Regional Wood Products Consortium: Specialized Innovation Workshop "Enhancing Economic Competitiveness by Going Green." Co-sponsored by the NHTOA and other wood products-related trade organizations in Maine, New Hampshire, northern New York, and Vermont in collaboration with Sustainable Forest Futures (SFF). Featured speakers will include national experts focusing on many topics including energy efficiency solution and incentives for small businesses, updates on chain of custody certification (SFI, FSC, PEFC, and ATFS) and emerging trends, and green marketing strategies. The cost is \$25 per person per workshop; no cost to members of the NHTOA. Registration is open to any wood-products manufacturer in the region. Contact Collin Miller at 603-229-0679 ext. 110 or visit the SFF website at : www.forestecconomy.org.

Tree Farm Field Day

Date: Saturday, October 1, 2011
Time: 9 am - 3 pm
Location: North Family Farm
341 Shaker Road, Canterbury NH

Activities include: tours of an active timber harvest, the sugar bush, sugarhouse and alternative energy project: demonstrations of chainsaw safety; and a raffle, silent auction, barbecue, and pig roast. The property is named for the North Family of the Canterbury Shakers who settled the area in 1792. Tim Meeh and Jill McCullough own and manage the Tree Farm, aided by their forester John Conde. For more information, please contact Rita Carroll at 603-224-9945.

19th Loggers & Truckers Convention

Date: Saturday, October 22, 2011
Location: Highlander Inn
2 Highlander Way, Manchester NH.

Activities will include a live auction and fun raff es. Proceeds support the Professional Loggers Program. Newly certified and recertified loggers will be recognized. To register or for more information, call the NHTOA off ce at 603-224-9699.

4-H Day at Eastern States Exposition

There's no better place to enjoy the sights, sounds and taste tempting aromas of the fall season than at **The Big E**. New England's autumn tradition and the largest fair in the northeast.

Free gate tickets are available to 4-H members and their family members to attend **The Big E** on 4-H Day on Saturday, September 17. For tickets call 603-641-6060 or email janel.george@unh.edu.

For more information, visit www.thebigE.com.

The Big E runs from September 16 – October 2, 2011.



National 4-H Conference

Applicants must be 14 and older as of January 1, 2012. National 4-H Conference is an exciting educational and leadership opportunity, convening 4-H youth, Extension professionals and adult volunteers to learn and share information on current trends and/or issues relevant to 4-H and youth, building, effective partnerships, creating innovative 4-H programs, expanding the use of technology, working with diverse groups, and impacting community needs. The purpose of National 4-H Conference is to build on the Essential Elements: Belonging, Mastery, Generosity and Independence. National Conference is a 6 day conference held between mid-March and early April and participation is paid in full by the 4-H Foundation of NH.

The application and selection process for a State and/or National 4-H Achievement Award consists of the written resume packet and a personal interview. The county interviews will be held at the 4-H office in November (date to be announced.) If chosen to go to State, interviews will be held in January.

Information on how to apply for these awards and how to do your resume can be found at <http://extension.unh.edu>. If you have questions or would like to meet some Hillsborough County teens who have attended National Conference or Congress, or get help on your **Marketing You** resume, call Jolee 603-641-6060 or email jolee.chase@unh.edu.

Fall Fuzzies Fun Horse Show

The Fall Fuzzies Fun Horse Show will be held at the 4-H Youth Center in New Boston on Sunday October 16, 2011.

Outdoor Arena begins at 8:30 am; Indoor Arena begins at 9 am.

All Riders are required to wear safety headgear with chin harness and heeled boots anytime they

are mounted, in all seats. Food booth will be open for breakfast and lunch, so come hungry!!

The show is to benef t the Hillsborough County 4-H Horse Program and the Hillsborough County 4-H Foundation.

Outdoor Judge & Indoor Judges – TBA
For show information, contact Pam Martel,

show manager at 603-384-2004.

The horse show class list can be found <http://extension.unh.edu/Counties/Hillsboro/Docs/2011FallFuzzies-8.9.11.pdf>.

This show is open free to the public. Come to the 4-H Youth Center in New Boston & enjoy the show.

**UNH Cooperative Extension
Offers Agriculture and
Natural Resource Business
Institute**

*Fall course will help farmers and
natural resource entrepreneurs
plan for success*

Have you considered raising
beef cattle for the local market?
Or maybe earning some
extra income by adding pick-
your-own raspberries to your
Christmas tree operation?

Have you thought about
producing shiitake
mushrooms on your woodlot
or boarding horses or
starting a campground? Are
you considering enterprise
opportunities so other family
members can join your farm
business?

People who earn all or part of
their living from agricultural,
horticultural, or forest-based
enterprises have unique needs
for information and business
support. To meet these needs,
a team from UNH Cooperative
Extension will partner with
USDA and industry experts to
offer a 13-week Agriculture and
Natural Resource Business
Institute (ANRBI).

The Institute starts in
September at the Keene State
College Science Center. The
Institute is open to all New
Hampshire citizens; women
and minorities are especially
encouraged to attend.

This course will provide
individuals and families who
want to start or expand an
agricultural or natural resource-
based business with the
essential preparation needed
to succeed. Fostering these
local businesses is critically
important for our state.

Sustainable, prof table farms
and forestry enterprises
are the foundation for
preserving open land and
other natural resources for
future generations. UNH
Cooperative Extension believes
that outreach education is
the best way to strengthen
the economic viability of the
state's agricultural and natural
resource-based businesses.

ANRBI participants develop an
operating plan for a farming or
forestry business as they learn
about biological systems, soils,
natural resource inventories,
product and service marketing,
enterprise prof tability and
legal matters relevant to
agriculture and natural resource
businesses.

They explore the human
dynamics of running a family
business, such as defining

roles and responsibilities,
handling conflict, managing
time, and hiring labor. ANRBI
participants also learn how
government agencies and
f nancial institutions work with
farm and forestry ventures.
At the end of the course,
participants leave well-
connected to a wide variety of
advisors and technical experts.
Perhaps most importantly, they
receive valuable feedback
from a peer support network of
other agriculture and natural-
resource entrepreneurs.

From decades of assisting
people who make their living
from the land, Cooperative
Extension educators
understand the importance
of helping agriculture and
natural resource entrepreneurs
evaluate their business ideas
carefully. People need to learn
to identify both opportunities
and potential pitfalls.

Participants in the ANRBI
will end up with a realistic
operating plan, saving money,

time and potential anguish
by discovering and correcting
possible fatal flaws in their
original ideas.

Target audiences include
individuals and families who
are starting or planning to start
a farm or natural-resource
business. Others who will
profit from this course include
existing business owners
considering changes or
expansions to their operations,
families looking for ways to
pass viable operations on to the
next generation, high school
and college students exploring
career options, and landowners
interested in developing
sources of retirement income
from their land.

This course meets USDA
Farm Service Agency borrower
training requirements.
Participants can also earn
continuing education credits
through the UNH Professional
Development and Training
program.

The Agriculture and Natural
Resources Business Institute
will run on Wednesday
evenings, September 7 through
December 7, from 6 to 9 p.m.
at the Keene State University
Science Center. The cost is
\$175 per person.

For more information call UNH
Cooperative Extension staff
Carl Majewski at 603-352-4550
or Michael Sciabarrasi at 603-
862-3234.

Register on-line at:
[https://www.events.unh.edu/
RegistrationForm.pm?event_
id=9032](https://www.events.unh.edu/RegistrationForm.pm?event_id=9032).

Persons requiring special
accommodations, please
contact Carl Majewski at
603-352-4550 or Michael
Sciabarrasi at 603-862-3234, at
least ten business days prior to
the course start date so proper
consideration may be given to
the request.

[Click here for the flyer](#)

Agriculture and Natural Resource Business Institute

Launch a natural resource business or grow the one you have

Learn what it takes to develop your farm or forestry business

Reach your goals through a business operating plan

Learn about biological systems, product and service marketing,
enterprise profitability, business financing, and legal concerns

Learn how government agencies and financial institutions work
with farm and forestry businesses

Incredible opportunities to help you plan your next business

Network with natural resource advisors and technical experts

Meet with fellow entrepreneurs

Session starts this September at the Science Center, Keene State College, Keene, NH

Earn credit

4.0 CEU's (Continuing Education Credits) through UNH
Professional Development and Training program

Learn to develop your business over 13 Wednesday evening sessions September 7 – December 7

Family business dynamics

Human & financial resources

Evaluation of natural resources

Equipment & facility needs

Biological systems

Product & service marketing

Enterprise profitability

Business financing & record keeping

Legal & insurance concerns

And more . . .

For more information contact your county UNH Cooperative Extension office or

Carl Majewski at 603-352-4550, email carl.majewski@unh.edu

Mike Sciabarrasi at 603-862-3234, email mike.sciabarrasi@unh.edu

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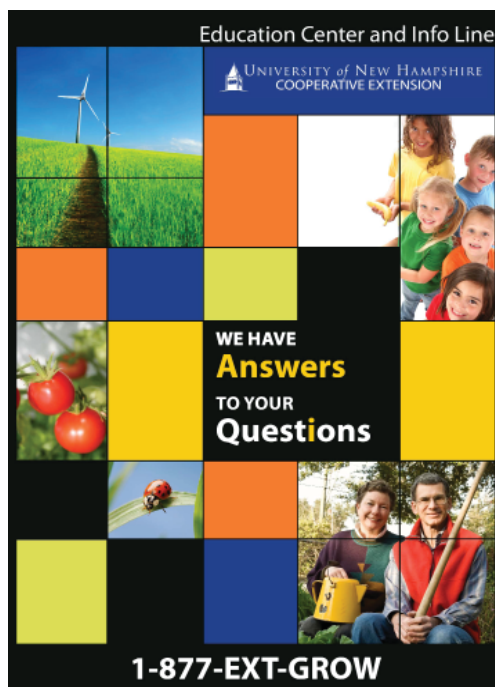
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Mission Statement

"UNH Cooperative Extension provides New Hampshire citizens with research-based education and information, enhancing their ability to make informed decisions that strengthen youth, families and communities, sustain natural resources, and improve the economy."



ENERGY ANSWERS
1-877-EXT-GROW

Education Center
200 Bedford Street
Manchester, NH 03101
877-398-4769

Fax 603-629-9998

Energy Answers
Home Energy questions answered
Call Toll free 1-877-398-4769
or
answers@unh.edu

**4-H Marketing You State and National Awards Resume
Due in the County 4-H Office by October 15, 2011**

Why should you write a resume and participate in an interview? "Learning by doing" is the principle on which 4-H was founded. As you participate in 4-H and other activities, you gain knowledge and skills in your areas of interest. Many of these skills are transferable. A transferable skill is one you can use to help you reach other goals, such as applying for college, getting a job, winning a scholarship, or being selected to attend a National 4-H trip.

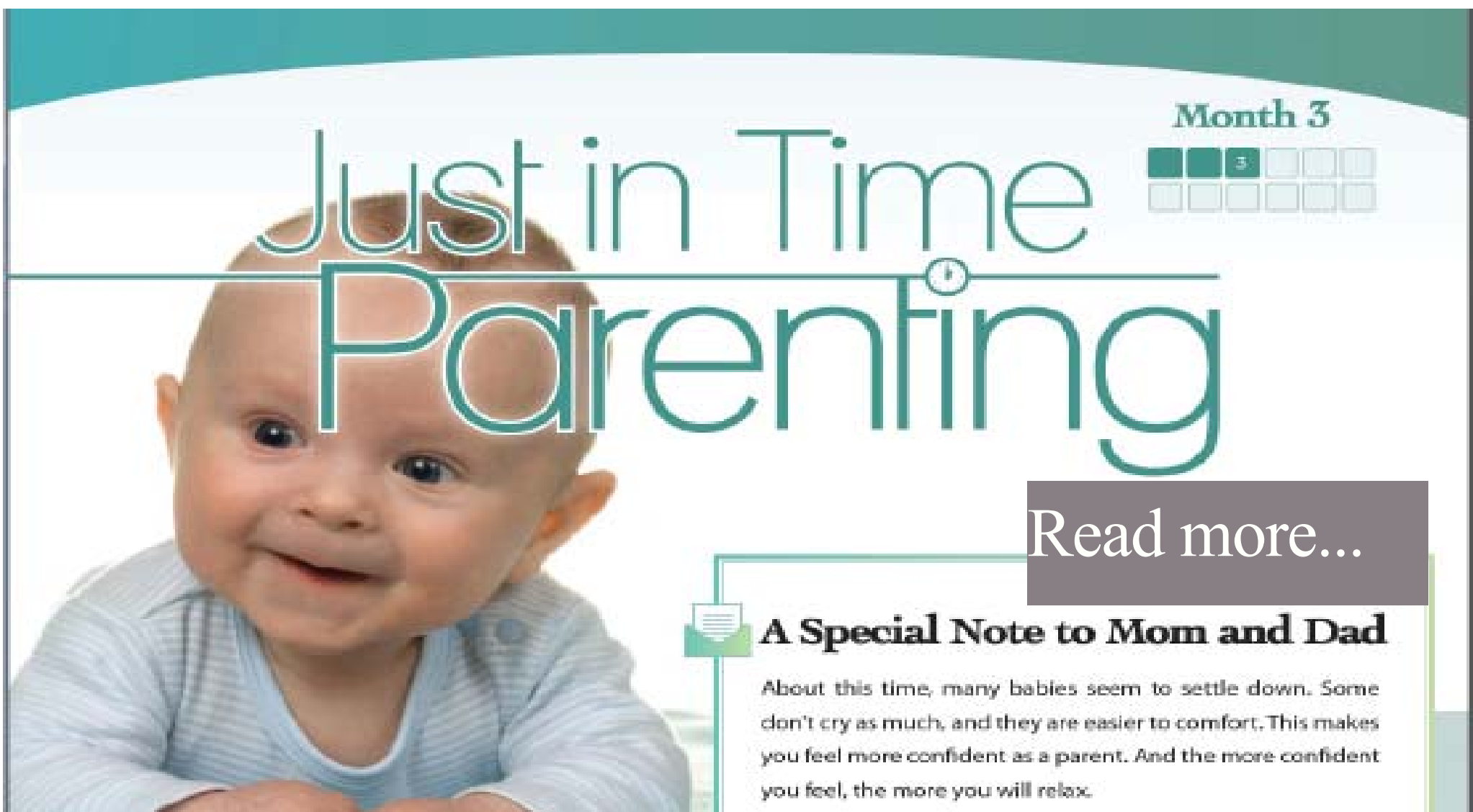
What are the Awards?

State 4-H Achievement Award

Applicants must be 14 years and older as of January 1, 2012. State 4-H achievement award recipients are those members who have significant outstanding accomplishments in the 4-H Youth Development Program. This is an opportunity for NH to recognize youth who are maximizing their potential through 4-H participation. Award recipients will be honored at the NH State 4-H Activities Day Awards Program, held the Saturday after Memorial Day.

National 4-H Congress

Applicants must be 14 and older as of January 1, 2012. The Congress provides youth, ages 14-19, a quality, educational, and cross-cultural experience that combines seminars, discussion groups, and a service learning experience. The national's most outstanding community leaders, speakers, and educators present the most current and timely information available. Congress is held the weekend after Thanksgiving from Friday through Tuesday and participation is paid in full by the 4-H Foundation of NH.



Just in Time Parenting

Month 3

Read more...

A Special Note to Mom and Dad

About this time, many babies seem to settle down. Some don't cry as much, and they are easier to comfort. This makes you feel more confident as a parent. And the more confident you feel, the more you will relax.

UNH Cooperative Extension is **Going Green** and would like to encourage our Cradle Crier and Toddler Tales subscribers to join us in our **Going Green** efforts. Signing up to receive your issues online is quick and easy. To begin receiving your online issues, call us at 641-6060 or email at maggie.decker@unh.edu.