



How are we doing?

I'm curious. In these belt tightening times when we are examining "needs and wants" in our homes and communities, I'd like to know:



Daniel Reidy, Extension Educator, Community Development & County Office Administrator

Please, let us know how we are doing.

You can contact me by calling 641-6060 or email at dan.reidy@unh.edu.

Reach out to us on

facebook

How has Extension been a benefit to you?

As a farmer, have you participated in any twilight meetings? Are you a vendor or a young person participating at the Hillsborough County Agricultural Fair held annually at the 4-H Youth Center in New Boston? Did you attend the Farm & Forest Expo in Manchester in February? Did your food service business, school or nursing home participate in food safety training by Extension staff? Did you attend money management training? Did your community start a farmers market with Extension assistance? Did you attend a forum in your community that Extension facilitated? Did you benefit by recommendations from our county or urban forester, agriculture or horticulture educators or volunteer Master Gardener or Natural Resource Stewards? Are you Master Gardener who committed yourself to 84 hours of training and are now sharing your knowledge as a community volunteer? Are you one of the 100 members of the law enforcement community or a school district employee who attended a bullying prevention program we offered? Were you one of the 1,600 youth who participated in a 4-H enrichment program in Hillsborough County? Did you participate in the "Managing Farm Emergencies-Emergency First Responders Training" organized by George Hamilton? That effort won George a 2010 Program of Distinction Award.

This year marks 100 years since New Hampshire's first allocation of funds to Cooperative Extension. Today, for about seven cents per week, in county, state and federal funding, Hillsborough County's more than 400,000 residents in this region with 29 towns and the state's two largest cities have a choice of access via telephone, television, e-mail, US mail, internet and face to face contact with a staff of a dozen educators and their three administrative assistants.

Hillsborough County Cooperative Extension is fortunate to have a cadre of volunteers that support many of our programs. Some of those volunteers just keep on going-like the battery powered bunny. In fact, 43 of our 4-H program volunteers each have more than 10 years' service, and collectively have contributed 702 years to the youth of this county.

Did you know that last year 7,000 pounds of food were harvested from two garden sites supported by production assistance from Extension educators and Master Gardener volunteers for the benefit of the NH Food Bank? Were you aware that the more than 600 farms in Hillsborough County produce more than 17 million dollars of produce annually, and that Hillsborough County ranks 37th out of 3,000 counties nationally for farm products sold directly to consumers?

Let me know how our work has been a benefit to you. Let me know too, if you see a gap that we might be in the best position to fill.

Ten Things UNH Cooperative Extension Can Do for You

Ever wonder what UNH Cooperative Extension has up its sleeve?

Check out a few of the things UNHCE can do to help you eat better, grow better, play better, save better, know better!

<http://extension.unh.edu/COUNTIES/Hillsboro/Hillsboro.htm>.

Check your soil and tell you what you need to do to help your garden or field grow.

<http://extension.unh.edu/Agric/AGPPTS/SoilTest.htm>.

Help you find ways to "find" money every month.

<http://extension.unh.edu/Money/Money.htm>.

Illuminate you with energy-savings tips for around the house.

http://extension.unh.edu/Energy/Energy_Resources.html.

Provide fun and educational challenges for the kids in your life.

<http://extension.unh.edu/4H/4H.htm>.

Identify a "creepy-crawly" that you found wandering around the basement.

<http://extension.unh.edu/Agric/AGPPTS/Arthroid.htm>.

Answer questions you have about Tree Planting & Care; Gardens, Plants & Landscapes; Lawns; Fruits & Vegetables; Pest Problems; Household Food Safety & Preservation; Healthful Eating; Family & Consumer Questions;

Backyard Livestock, and more. 1-877-398-4769.

<http://extension.unh.edu/FHGEC/FHGEC.htm>.

Tell you how to become a world-class steward of New Hampshire natural resources.

<http://extension.unh.edu/Forestry/FORCTS.htm>.

Cook up ideas for nutritious and delicious menus for your family.

<http://extension.unh.edu/FoodNutr/eatwell.htm>.

Let you kid around with one of our most popular YouTube videos.

<http://extension.unh.edu/Agric/AGDLEP/Media/GoatMovie.htm>.

Give you a roadmap on how to get from here to there!

<http://extension.unh.edu/GISGPS/GISGPS.htm>.

What's Happening in Extension? Agriculture

NH Statewide Grazing Conference Nutrition from the Ground Up

Date: Saturday, March 5, 2011

Time: 8 am – 4 pm

Location: Southern NH University, Manchester, NH
To register online go to: <http://www.grazenh.com> or download a PDF of the brochure with a mail-in registration. Online registrants must pay by credit card or PayPal. Registration is \$50 per person and \$40 for each additional person from the same farm. This conference will focus on producing healthy food from your soils, plants and animals. Keynote speaker is Jerry Brunetti of Agri-Dynamics. This event is brought to you by the Granite State Graziers, the USDA-NRCS, UNH Cooperative Extension, and the North Country RC&D Council. For more information or questions, contact Bill Foshier at 399-9975 or email info@grazenh.com.

Information Workshop on NH Current Use Tax Rules

Date: Thursday, March 10, 2011

Time: 7 pm – 9 pm

Location: Litchfield Town Complex, Litchfield, NH
Rural landowners of 10+ acres can enroll their property in the state's "Current Use" program and lower their property taxes. However, this protected property also has restrictions on its future use. Jon Nute will explain Current Use assessment and the different aspects of the program. If your land is already in Current Use, this will be a good refresher course for you. For more information or to register, call Jon Nute or George Hamilton at 641-6060.

NH Vegetable and Berry Growers Annual Meeting

Date: Saturday, March 12, 2011

Time: 9 am – 4 pm

Location: Alan's Restaurant, Boscaawen, NH
Cost: \$25 per member, \$30 per non-member, includes lunch.
This year's annual meeting features a variety of presentations and speakers. Also, there will be a mini-trade commercial show. Pesticide Applicator recertification credits will be available, if you attend. For more information or to register, contact Chip Hardy by March 4, 2011 at 465-2241.

2011 Pesticide License Training for Private Applicators in Hillsborough County

Date: Tuesdays, March 14, 21, 28, and April 4, 2011

Time: 6 pm- 9 pm

Location: UNHCE Hillsborough County
329 Mast Road, Goffstown, NH
This training is free, but participants will need to purchase a manual for the training and to take the state exam. Please note: no re-certification credits will be issued for attending this workshop series. To order your study materials, please contact Rachel Maccini, Pesticide Safety Education Program Coordinator at 629-9494 x 130 or email rachel.maccini@unh.edu. To register for the training, contact Marlene Turcotte at 641-6060 or email marlene.turcotte@unh.edu.

NH Dairy Management Conference

Date: Thursday, March 17, 2011

Time: 9 am – 3 pm

Location: Fireside Inn and Suites, West Lebanon, NH
Cost: Preregistration \$20 per person (includes lunch) or \$25 at the door. To register, call Michael Lunak at 787-6944 by March 11, 2011.

The NH Dairy Practices Committee is sponsoring the 35th NH Dairy Management Conference. Featured speaker is Dr. Robert Graves from Pennsylvania State University. Dr. Graves' presentation will address barn designs, and facilities and equipment for special needs cows for free stall and tie stall barns. To register by March 11, contact Michal Lunak at 787-6944.

NH Beekeepers Association Annual Meeting

Date: Saturday, March 19, 2011

Time: Sign in: 8:30 am; Meeting: 9 am - 3 pm

Location: Lakeshore Fare, Northwood, NH
Cost: \$20 per member, \$30 per non-member, includes lunch. To register, call Wendy Booth at 679-1971 or email info@HiveHealthy.com by March 14, 2011.

NH Fruit Growers' Annual Meeting

Date: Tuesday, March 22, 2011

Time: 9 am – 4 pm

Location: Alan's Restaurant, Boscaawen, NH
Cost: \$25 per member, \$30 per non-member, includes lunch.
To register, contact Katie Surowiec, NH Fruit Growers Association Secretary at 286-4069 by March 18, 2011. The NH Fruit Growers Association is sponsoring this statewide commercial tree fruit grower's meeting. Pesticide Applicator recertification credits will be available. Starker Wright, Biological Science Lab Technician from the USDA-ARS Appalachian Fruit Research Station in West Virginia will be the featured speaker. Starker will speak on *Current Findings with Plum Curculio Trapping and Monitoring, Apple Maggot Control, What is Brown Marmorated Stink Bug, and Is the Brown Marmorated Stink Bug Coming To New Hampshire?*

Fruit Pruning Demonstrations for Home Gardeners

George Hamilton will explain and demonstrate fruit pruning techniques. Dress appropriately for the weather with proper clothing and foot gear. For more information, call George Hamilton at 641-6060 or email george.hamilton@unh.edu.

*First Demonstration - 2 parts *

Date: Saturday, March 26, 2011

Location for part 1 & 2: John Lastowka Residence, 183 Amherst Road, Merrimack, NH. Three miles north of Continental Blvd.

Part 1: Time: 9 am - 12:30 pm. Features pruning mature semi-dwarf and standard apple trees and peach trees before noon and blueberries after noon. Jon Nute, County Forester assisting.

Part 2: Time: 1 pm - 2:30 pm. Features pruning 1 year old grapes vine and mature producing grape vines.

Second Demonstration

Date: Friday, April 1, 2011

Time: 5:30 pm – 7 pm

Location: Brookdale Fruit Farm Packinghouse, Broad Street, Hollis, NH. 1 mile east of the Routes 122 & 130 intersection. Features pruning mature grape vines.

Third Demonstration

Date: Wednesday, April 6, 2011

Time: 5 pm – 7 pm

Location: John Casimir Residence, 439 Mason Road, Milford, NH. Approximately 2 miles west from Osgood and Mason Road intersection. Features pruning young (5 to 15 years old) dwarf apple, pear, peach, cherry, and plum fruit trees.

Fourth Demonstration

Date: Monday, April 11, 2011

Time: 4 pm – 6 pm

Location: Shieling State Forest, Old Street Road, Peterborough, NH. 1/4 mile south of the hospital.
Cost: \$5 per person
Features pruning older mature apple and pear trees for wildlife, and crabapple trees. Jon Nute, County Forester assisting.

Fifth Demonstration

Date: Wednesday, April 13, 2011

Time: 5 pm – 7 pm

Location: Jim Chakuroff Residence, 12 Bog Road, Goffstown, NH (Bog Road is off Rt. 13 S/ Pleasant Street, less than a mile from Main Street/Rt. 114. Pruning over-grown medium size apple, peach, pear, and plum fruit trees.

NH Giant Pumpkin Growers' Meeting

Date: Wednesday, April 27, 2011

Time: 6:30 pm – 8:30 pm

Location: UNH Cooperative Extension, 329 Mast Road, Goffstown, NH.
George Hamilton will be presenting information on scouting and trapping squash vine borers in the giant pumpkin patch, and will discuss the status of Squash Vine Borer trapped in giant pumpkin patches in 2010. After the presentations, members of the New Hampshire Giant Pumpkin Growers Association will be updating us on future events of the organization and will have a giant pumpkin seed raff e. Pesticide Applicator Recertification Credits will be available. For more information on the NH Giant Pumpkin Growers Association, or to join, contact Robert Demers at 625-8298.

NH Fruit Growers' Twilight Meeting

Date: Wednesday, April 20, 2011

Time: 5:30 pm - 7:30 pm

Location: Oliver Merrill & Sons hosted by the Merrill Farm, 569 Mammoth Rd, Londonderry, NH
The NH Fruit Growers Association is sponsoring this statewide commercial tree fruit grower's twilight meeting. UNHCE Specialists will be present to discuss pest management options, and orchard management. For more information, contact George Hamilton at 641-6060 or email george.hamilton@unh.edu.

Managing Insect Pests

2011 Vegetable and Fruit IPM Projects

Date: Tuesday, April 26, 2011

Time: 6 pm – 9 pm

Location: UNH Cooperative Extension Hillsborough County, 329 Mast Road, Goffstown, NH
Dr. Alan Eaton, UNHCE Entomology Specialist, and George Hamilton will present an informative lecture on vegetable, small and tree fruit insect pests. He will discuss how to monitor and scout for these insects, and how the information obtained is used for pest control options. For more information, contact George at 641-6060 or email george.hamilton@unh.edu.

Greenhouse Bedding Plant Breakfast Series - Flowers on Time, Every Time with Temperature & Light Management

Date: Wednesday, March 2, 2011

Time: 8 am - 10 am

Location: Pleasant View Gardens, Loudon, NH
Cost: none

For more information, contact Brian Krug at 862-0155 or brian.krug@unh.edu. To register email Suzanne.Hebert@unh.edu.

Ecological Landscape Conference

Date: Thursday, March 3, 2011

Location: Springfield, MA

For more information, visit: www.ecolandscaping.org/

Northern New England Nursery Conference

Date: Tuesday, March 8, 2011

Time: 8:30 am - 3:30 pm

Location: Common Man Restaurant, Concord
Cost: \$25

Co-sponsored by UNH, UVM, and UMaine Cooperative Extensions, this workshop will provide insight into issues facing the nursery industry and the latest regional research. Topics presented will involve marketing, native plants, the challenges involved in breeding native woody plants, native perennials with promise, tricks of the trade, plant pest problems and federal risk management programs for nurseries. Presenters will include Mark Seller from Prides Corner in Connecticut, Sinclair Adam, Jr. from Dunvegan Nursery in Vermont, Dr. Donglin Zhang and Dr. Lois Berg Stack from the University of Maine, Dr. Leonard Perry from UNH, Dr. Cathy Neal from UNH, and Piera Siegert from the NH Department of Agriculture, Markets and Food. Register online at extension.unh.edu on the Agriculture page, or contact Suzanne Hebert at 862-3200, or email Suzanne.Hebert@unh.edu.

Environmentally Friendly Lawn Care

Date: Thursday, March 10, 2011

Time: 7 pm

Location: Nashua Public Library, Nashua, NH
The way to create an environmentally friendly and healthy lawn that requires very little in the way of inputs is to learn how to best meet the needs of the grass you are growing. You will learn how to choose the best grass for your site, how to fill its nutritional needs (and when), the mowing and watering practices that promote good growth, and how to address pest problems using an organic approach.

2011 Perennial Plant Conference

Date: March 10, 2011

Time: 8 am - 4 pm

Location: University of Connecticut, Storrs, CT
For more information: <http://www.hort.uconn.edu/ipm>.

Greenhouse Bedding Plant Breakfast Series The Complete PGR Toolbox

Date: March 16, 2011
Time: 8 am - 10 am
Location: D.S. Cole Growers, Loudon, NH
 For more information, contact Brian Krug at 862-0155 or brian.krug@unh.edu. To register email Suzanne.Hebert@unh.edu.

BLOOMS!

2011 at the Boston Flower & Garden Show

Date: Wednesday, March 16, 2011- Sunday, March 20, 2011
Location: Seaport World Trade Center, Boston, MA
 For other show details including the schedule of lectures and demonstrations, please visit www.thebostonflowershow.com.

Spring Educational Conference for Landscapers

Date: Wednesday, March 16, 2011
Time: 8 am - 3 pm
Location: Sweeney Hall Auditorium at NHTI, Concord, NH
Cost: \$45 for the first person, \$42 for additional persons.
 This workshop provides an opportunity for landscapers to re-energize and focus on the upcoming season. The keynote speaker, Larry Weaner, will talk on *A New Toolbox for Landscape Practitioners: Processes & Techniques for the Creation & Maintenance of Natural Landscapes*. Other talks will be given by a mix of landscape and Cooperative Extension professionals and will focus on *Invasive Upland Species of New Hampshire; Permeable Paver Systems, Design and Installation; Organic Lawn Care; Business Matters: Financial Statements & Employee Management; The Structure and Function of Wildlife Habitats, and Compost – the Process, the Product and How to Use It*. Register online at extension.unh.edu on the Agriculture page or contact Suzanne Hebert at Suzanne.Hebert@unh.edu or call 862-3200.

NOFA-NH 9th Annual Winter Conference Localizing Food: Organic Matters

Date: Saturday, March 19, 2011
Time: 8 am - 5 pm
Location: Exeter High School, Exeter, NH
Cost: \$60 adult, \$40 Senior, \$30 Student
 The Winter Conference is the premiere gathering of New Hampshire's organic food and agriculture community: farmers, gardeners, localvores, educators, and consumers joining together. This year the keynote speakers are Ben Hewitt, author of *"The Town that Food Saved"*, the story of the economic resurgence of Hardwick, VT, and Jack Lazor of Butterworks Farm, Westfield, VT. Over 40 workshops will be offered, as well as a Green Market Fair where vendors and a farmers' market offer all things green and organic.

Spring Symposium: A Garden Symposium: Begin with the Basics, Finish with a Flourish

Date: Saturday, March 19, 2011
Time: 8 am - 4 pm
Location: Grappone Conference Center, Concord, NH
Cost: NHMGA Member \$55, Non-Member \$65
 Want a better garden this year? This day is for you! The NH Master Gardener Association and UNH Cooperative Extension present a day long symposium featuring Gordon Hayward as the keynote speaker. Other workshops will cover a wide range of garden and landscape topics including: *Growing Old with Your Garden, Basics of Garden Design, Fundamentals for a Great Vegetable Garden, Ticks & Mosquito Issues and Control, Options for Small Garden Spaces, Nuisance Wildlife: Dealing with the Critters* and more. For more information or to register, contact Janet Woodbury at janet.woodbury@gmail.com or 672-1820.

Municipal Turf and Grounds

Date: Wednesday, March 23, 2011
Time: 8:30 am - 3 pm
Location: The Oaks, Somersworth, NH
Cost: \$40 for the first person, \$42 for additional persons.

This workshop is for anyone who manages ball fields, parks, cemeteries, lawns and/or landscapes. Topics include *Repairing Worn Athletic Fields; Getting the Most Color for Your Money; Going Organic With Turf: What I like, What I Kinda Like and What Makes Me Mad; The Effects of Organic Turf on Playing Surface Conditions; and Invasive Upland Species of New Hampshire*. Register online at extension.unh.edu on the Agriculture page or contact Suzanne Hebert at Suzanne.Hebert@unh.edu or call 862-3200.

UNH Greenhouse Open House

Date: Friday, March 25 & Saturday, March 26, 2011
Time: 9 am - 4 pm
Location: UNH Greenhouses, Durham, NH
Cost: none
 For more information call 862-3200 or visit <http://extension.unh.edu/Agric/Agric.htm>.

Greenhouse Bedding Plant Breakfast Series Diseases Got You Headed for the Dump Pile?

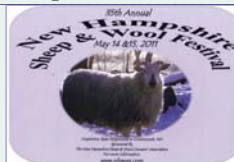
Date: Wednesday, March 30, 2011
Time: 8 am - 10 am
Location: Chakarian Farm Greenhouses, Derry, NH
Cost: none
 For more information, contact Brian Krug at 862-0155 or brian.krug@unh.edu. To register, email Suzanne.Hebert@unh.edu.

Landscaping at the Water's Edge

Dates: Wednesday, March 30 & Thursday, March 31, 2011
Time: 8:30 am - 3 pm
Location: Kittery Trading Post, Kittery, Maine
Cost: TBD
 Landscaping at the Water's Edge is a two day workshop for Conservation commissions, planning/zoning board members, lakes association representatives and other local decision-makers. The scope of the training includes an understanding of soils and water movement, site assessment, erosion control techniques, guidelines for vegetative buffers, principles of ecological landscape design, plant selection and planting, and low impact lawns. For more information, call Margaret Hagen at 641-6060.

Greenhouse Bedding Plant Breakfast Series Don't Get Carried Away by Insect Pests!

Date: Wednesday, April 13, 2011
Time: 8 am - 10 am
Location: Stonewall Farms, Keene, NH
 For more information, contact Brian Krug at 862-0155 or email brian.krug@unh.edu. To register, email Suzanne.Hebert@unh.edu.



Save the date! 35th Annual New Hampshire Sheep & Wool Festival. May 14 - 15, 2011

Here is what's happening:

Educational Programs, Special Workshops,
 Dog Herding Demos, Fleece to Shawl Presentation,
 Sheep Dog Trial, Fiber Show, Youth Sheep Show,
 Fleece Show & Sale, Vendor Auction,
 & Commercial Exhibitors

For more information or a program book, visit the New Hampshire Sheep & Wool Festival website: www.nhswga.com, or contact Jolee Chase at 641-6060 or email jolee.chase@unh.edu.

Hope to see EWE at the Festival!

4-H News

Hillsborough Teens do well at the State 4-H Horse Quiz Bowl

On January 29, 2011, nineteen teens participated in the State 4-H Horse Quiz Bowl, held at Belmont Middle School. The New Hampshire 4-H Horse Bowl is an event open to all youth, ages 12 years and older, enrolled in the 4-H horse project. Teams of four race to hit their buzzers to answer equine-related questions. The event includes Junior and Senior division competitive events where county teams compete against other teams.



Pictured are the members of the first place junior team, Allison Ives, Michaela Arroyo, Emily Bono and Hannah Welch.

Six junior teams participated in this contest. The Hillsborough County junior 1st place team members were Emily Bono, Allison Ives, Michaela Arroyo and Hannah Welch, and members of the 4th place team were Jessica Ryan, Caitlin Coburn, Elizabeth Abbott and Delaney Maher. Placing in the top ten, in 2nd place: Emily Bono; 3rd place: Allison Ives; and 5th place: Hannah Welch.

Of the 12 senior teams, Hillsborough team members Jordan Springmann, Taylor Fagan, Hanna Perron, Angelena Leal placed 5th. Other senior members who participated were Elizabeth Fontaine, Rachel Springmann, Olivia Bianchi and Dana Mikkelsen, and Taylor Fagan. Elyse Morano played on the 4th place team. Hanna Perron placed 6th in the top ten and has a chance to be a member of the State team going to KY in November.

Nine 4-H Teens Interviewed For the State Marketing You Program

On January 15, 2011, nine Hillsborough County teens attended the State 4-H Marketing You interviews held at Belmont High School. Marketing You is the process used in New Hampshire to select 4-H State and National award winners. Each youth is interviewed by a set of three judges.

Receiving their State Achievement Award were Emily Bailey, Travis Cook, Emmett Craggy, and Madeline Zimmermann. Lillian Zimmermann was chosen to represent New Hampshire at National Conference to be held in April. Ethan Craggy will be an alternate.

Mark Cook will represent New Hampshire at National Congress in November 2011. Kristin Paquette and Sarah Clements will be alternates. All National representatives and alternates also received their State Achievement Award.

Congratulations to all of you for a great job with your interviews. For 4-H teens 14 and over, start thinking about your Marketing You for 2012. Please call the office at 641-6060 for more information.



Rachel Hardwick, member of the Farming Fun 4-H club in Franconstown reminds all animal science members to start thinking about handling in their approval forms needed for any animals to be shown at 4-H Fairs in 2011. Please check the date for your species. All forms with code of conduct and health forms need to be mailed to the Goffstown 4-H office.

Coming Up...

Hillsborough County 4-H Activities Day
 Saturday, March 19, 2011 starts at 9:30 am
 Milford Middle School, 33 Osgood Road, Milford, NH.
 Cloverbud & Novice, Fashion Selections, Model Judging & Fashion Show will be judged at Activities Day. The public is welcome!
 4-H Animal Approval Forms Reminder

All dog and horse approval forms are due in the 4-H office by May 1, 2011. Horses trying to go to the Big E are due April 1, 2011. Beef heifers going to the Big E are also due May 1, 2011. Sheep, goats, swine, rabbits, poultry and non Big E beef animals are due in the office by June 15, 2011. Approval forms or can be mailed to you, or can be found on the UNH web site: www.extension.unh.edu.

What's Happening in Extension?

Family & Consumer Resources

Understanding Bullying Parent and Caregiver Program

Date: Wednesday, March 9, 2011

Time: 6:30 pm– 8 pm

Location: Amherst Middle School cafeteria, 14 Cross Road, Amherst, NH

Presenter: Sharon Cowen, Educator, UNH Cooperative Extension, Family & Consumer Resources

Concerned about bullying in your child's life? SAU 39 will offer a program for parents and caregivers about the prevention, identification, response and reporting of incidents of bullying or cyberbullying. Offered free of charge in cooperation with SAU 39 School District, Amherst, Mont Vernon, and Souhegan.

For more information: Contact Amherst Middle School at 673-8944. Child care will be available. Note: This event is open to participants from SAU 39, but similar programs can be scheduled by calling Sharon Cowen at the Hillsborough County UNHCE Office at 641-6060.



Understanding Bullying

Date: Tuesday, April 12, 2011

Time: 7 pm

Location: Hollis-Brookline High School, 24 Cavalier Ct. Hollis, NH

Presenter: Sharon Cowen, Educator, UNH Cooperative Extension, Family & Consumer Resources.

Concerned about bullying in your child's life? Find out more about the prevention, identification, response and reporting of incidents of bullying or cyberbullying. Offered free of charge in support of SAU 41 School District. For more information: Contact Hollis – Brookline High School at 465-2485.

Note: This event is open to participants from SAU 41, but similar programs can be scheduled by calling Sharon Cowen at the Hillsborough County UNHCE Office at 641-6060.



Living Beyond Paycheck to Paycheck

Date: Wednesday, April 13, 2011

Time: 5:30 pm -7 pm

Location: Southern New Hampshire University, Robert Frost Hall, Walker Auditorium, Manchester, NH

Presenter: Michael B. Rubin

Cost: \$25, register at www.EventsNH.com or call 626-6354 ext. 213

Acclaimed author and personal finance expert Michael B. Rubin will help you get your money in order and prepare for life's twists and turns at this exciting new seminar. Learn how to get rid of debt, become financially responsible, and make your money work for you. For more information, call UNH Cooperative Extension at 641-6060. Jointly sponsored by UNHCE, Business NH Magazine, Total Candor, and NH Public Television.



Tax Refund: What Can You Do?

Monday, February 21, 2011

Time: 6 pm – 7:30 pm

Location: YWCA NH, 72 Concord Street, Manchester, NH

Presenter: Sharon Cowen, Educator, UNH Cooperative Extension, Family & Consumer Resources

Cost: Free of charge

Expecting a tax refund for 2010? Before you buy a big-screen TV, pay down debt, or save your refund, make sure you think about all your options. Having a PLAN for your tax refund is important! Open to the public; please pre-register. This is a program of the Family Education Collaborative in Manchester, a collaboration of UNHCE, YWCA NH, Child and Family Services, and UNH Manchester. Child care will be available. To register or for more information, call the YWCA at 625-5785 or email info@ywcanh.org.



Money for Food

Dates: Mondays, February 28, March 7, March 14, 2011

Time: 6 pm – 7:30 pm

Location: YWCA NH, 72 Concord Street, Manchester, NH

Presenter: Sharon Cowen, Educator, UNH Cooperative Extension, Family & Consumer Resources

Cost: Free of charge

Do you ever struggle to get through the month with the food you have? Do you ever wonder where the money goes? Could you use help to stretch your money and other resources? Do you want to use food dollars more wisely? Do you have a family money plan? Join us on February 28, March, 7 and March 14 to find out how to create a family money plan and stretch your food dollars to get more for your money. Open to the public; please pre-register. This is a program of the Family Education Collaborative in Manchester, a collaboration of UNHCE, YWCA NH, Child and Family Services, and UNH Manchester. Child care will be available. To register or for more information,

Every Child in The Garden: A 4-H Junior Master Gardener Workshop

Date: Saturday, March 5, 2011

Time: 9 am - 4 pm

Location: Massabesic Audubon Center, 26 Audubon Way, Auburn, NH

Cost: \$10

If you love kids and gardening and want to meet others who feel the same, this day could be for you. Join UNH Cooperative Extension's 4-H Junior Master Gardener team on Saturday March 5, 2011 for a day long workshop from 9 am – 4 pm at the Massabesic Audubon Center, Auburn, NH to explore the ins and outs of developing and sustaining youth and school gardens in New Hampshire.

During this active workshop, participants will meet individuals who are running youth and school gardens and hear their stories, including successes and challenges. Everyone will roll up their sleeves and try out hands-on, minds-on, fun learning activities from the Junior Master Gardener curriculum and other key resources. The day will conclude with time to "Bring it Back Home" as well as time to talk about how to become part of a NH network of people interested in supporting each other and their own efforts regarding youth and gardening statewide. This workshop is suitable for adults who are 4-H and youth group leaders, afterschool providers, homeschoolers and teachers, as well as Master Gardeners and other volunteers including AmeriCorps and college students interested in mentoring youth.

Participants will receive the Junior Master Gardener manuals for adults and youth. Staff development certificates of attendance and lunch will be provided. Space is limited to 35 participants. Cost is \$10 per person. For registration questions contact Janell George, UNH Cooperative Extension at Janell.George@unh.edu or call 641-6060.

Please register by February 21st and make checks payable to UNH Cooperative Extension. Sponsored by: UNH Cooperative Extension, the Massabesic Audubon Center, and the NH Farm to School Program, with support from the NH Charitable Fund. For more information, please call Julia Steed Mawson at 660-6373.

Participants will receive the Junior Master Gardener manuals for adults and youth. Staff development certificates of attendance and lunch will be provided. Space is limited to 35 participants. For registration questions contact Janell George, UNH Cooperative Extension at Janell.George@unh.edu or call 641-6060.





Cooperative Extension

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* **Janell George** provides support for 4-H.

* **Marlene Turcotte** provides support for Agricultural Resources and Forestry & Wildlife.

Mission Statement

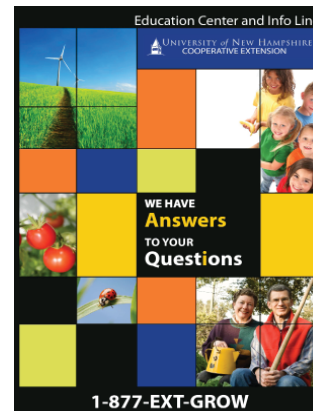
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Keystone Forestry Publication Now Available

Good Forestry in the Granite State

Recommended Voluntary Forest Management Practices for New Hampshire

After over two years and many hours of discussion, writing and revision by hundreds of landowners, foresters, loggers, conservation activists and average citizens, the second edition of **Good Forestry in the Granite State - Recommended Voluntary Forest Management Practices for New Hampshire** is ready.

Originally published in 1997, the revision of **Good Forestry** incorporates advances in knowledge and changes in forestry markets, practices and state laws. A 24-member steering committee, representing conservation organizations, state agencies and the forest industry led the revision.

The guide gives landowners, and the professionals who work with them, practical recommendations to care for their woodlots.

According to Brad Simpkins, State Forester and director of the N.H. Division of Forests and Lands, "A book like **Good Forestry** is important

because New Hampshire is 84 percent forested and most of that forest is owned by private landowners. We depend on these private lands for clean air and water, scenic beauty, recreation, abundant wildlife, and a forest industry that's important to the state's economy. **Good Forestry** helps private landowners take care of their land."

New Hampshire ensures a healthy forest differently than many other heavily forested states. Most forestry practices and standards aren't mandated by state law. Instead, New Hampshire law directs the State Forester to develop educational tools to manage "ecologically sensitive and unique natural features of forestland." Working with landowners, specialists and others, **Good Forestry** is the tool the State Forester developed for landowners, foresters and loggers to use.

New topics include setting objectives, management plans, estate planning and land protection, staying safe in the woods, choosing the right timber harvesting system, stream crossings, invest plants, wildlife species of greatest conservation need, steep slopes, forest products, maple sugaring and ecosystem services markets.

Topics already in the book were expanded, notably those related to silviculture (the art and science of growing trees), vernal pools, and

riparian forests (forests along rivers). Knowledge gained from the N.H. Wildlife Action Plan was incorporated into the wildlife-related chapters.

Tim Fleury, Merrimack County Forest Resources educator with UNH Cooperative Extension, is excited about the new version, "**Good Forestry in the Granite State**" gives background and practical tips to help landowners interested in taking care of their land. It starts out encouraging landowners to think about what they want for their land and encourages them to develop some objectives and a plan and to work with professionals. **Good Forestry** isn't a cookbook for woodlot management. It says the actions of a landowner can be based on landowner interests, getting help, and looking at the land."

Good Forestry is a 225 page guide, in a three-ring binder format and each copy comes with a cd. An on-line version is available free at www.goodforestry.org. A copy of the book can be ordered on-line at that website. Directions for ordering through the mail are there as well, or you can call 800-444-8978.

Karen Bennett, Extension Forester and editor of the book says, "We hope the guide will be used as an on-the-ground reference for day-to-day decision-making. It is a 'must-read' for all forest landowners and the professionals who work with them."