



NEW HAMPSHIRE 4-H PROGRAM
Application for County Project Medal or Certificate of Continued Achievement

Name: _____ Date: _____

Project Area(s): _____

Club Name: _____ Town: _____

To apply you must:

- Be at least 11 years old and have been a 4-H member for a minimum of two years in a project area.
- Complete your County 4-H record that matches your age, or if 14 or older your 4-H resume following the “Marketing You” procedures.
- Write your 4-H story (See guidelines below).
- Place all items into a cover or folder and submit it to your county 4-H office by the deadline.
- Double check you final packet for legibility, completeness, and an accurate reflection of your growth and accomplishments through your 4-H projects.
- Include all past project pages regarding the project area for which you are applying.

My 4-H Story

Your story can be no more than two single spaced, type written pages. If you are applying in more than one project area, be sure to include all these projects in your story.

Your story should include:

- How your participation in the project grew in size and scope over the years.
- How 4-H helped you learn things about the project you didn't know before.
- Tell about some important learning experiences in this project. Why were they important to you?
- Tell about any important leadership and community service experiences you have had.
- Tell about your successes and disappointments and how they made you feel about your project or yourself.
- What you are proud of in this project area(s).

You may also include:

- How you became interested in the project.
- What you like about the project and some of the people who helped you.
- How this project helped you at home, in school, or in your community.
- What skills you learned that will help you in the future.

Visit our website: ceinfo.unh.edu

Questions to be Completed

• How did you become interested in the project?

• What do you like about the project and who are some of the people who helped you?

• How has the project helped you at home, in school, or in you community?

• What skills have you learned that will help you in the future?