

VEGETABLES	Jan		Feb		Mar		April		May		JUNE		JULY		AUG		SEP		OCT		Nov		Dec						
	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-31					
Cucumbers										G	G	G	G							G	G	G							
Eggplant																				G									
Eggplant (Japanese)																		G	G										
Fiddleheads																													
Garlic (fresh)	CS	CS	CS	CS														CS	CS	CS	CS	CS	CS	CS	CS				
Garlic, Scapes																													
Kale	G	G	G	G	G	G	G	G	G	G	G													G	G	G			
Kohrabi																													
Lettuce	G	G	G	G	G	G	G	G	G	G										G	G	G	G	G	G				
Melons																													
Onions	CS	CS	CS	CS	CS																		CS	CS	CS	CS	CS		
Parsnips	CS	CS	CS	CS	CS																				CS	CS	CS		
Peas																													
Peppers																													
Potato	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS			new	new									CS	CS	CS	CS		
Pumpkin (Sugar, Pie)	CS	CS	CS																						CS	CS	CS	CS	
Rhubarb																													
Salad Greens	G	G	G	G	G	G	G	G	G	G														G	G	G	G		
Scallions																													
Snow Peas																													
Spinach	G	G	G	G	G	G	G	G	G	G	G														G	G	G		
Winter Squash	CS	CS	CS	CS	CS	CS	CS	CS																	CS	CS	CS	CS	
Summer Squash, Zucchini																													
Swiss Chard	G	G	G	G	G	G	G	G	G	G	G													G	G	G	G	G	G
Tomatoes	G	G																											
Turnips/Rutabaga	CS	CS	CS	CS	CS	CS	CS	CS																		CS	CS	CS	CS

Fruits	Jan		Feb		Mar		April		May		JUNE		JULY		AUG		SEP		OCT		Nov		Dec	
	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-31
Apples	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS										CS	CS	CS	CS	CS
Strawberries																				G	G			
Raspberries																								
Blackberries																								
Blueberries																								
Peaches																								
Pears																								
Plums																								

Legend: G = possible if grown in greenhouse, CS = storage

Revised by UNH Cooperative Extension Specialist Becky Grube, 1/2006. Developed with assistance from the NH Farmers Market Association and Richard Sharpe.

Fact sheet by Becky Grube, UNH Cooperative Extension Professor, Sustainable Horticulture Program. Last updated 3/09

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