

Kitchen Garden Herbs

The sensible practice of planting a garden close by the kitchen door for easy accessibility was brought to this country by the European settlers. Herbs in the kitchen garden are both useful and decorative.

Culinary herbs are very versatile. They can be added to salads, soups, sauces, marinades and rubs for meat and poultry, homemade sausage, egg dishes, appetizers, cheeses - even desserts! The herbs listed below are just a few favorites that work well in their respective categories. Don't feel limited by this list. It's fun to experiment with different combinations and varieties, both in cooking and in the kitchen garden itself. Be creative - plant a new herb or two each year. Expand your culinary skills by trying new recipes from one of the many cookbooks dedicated to cooking with herbs.

Herbs For Poultry Dishes

Thyme • Sage • Oregano • Rosemary • Tarragon • Lemon Thyme

Herbs For Fish

Dill • Parsley • Fennel • Garlic • Bay • Lemon Basil

Herbs For Vegetables

Tarragon • Dill • Garlic • Chives • Savory • Thyme • Mint • Basil • Chervil

Herbs For Meat Dishes

Rosemary • Bay • Oregano • Marjoram • Mint • Parsley • Sage • Horseradish

Dessert Herbs

Angelica • Mint • Rose Petals • Rose Hips

Some perennial herbs, such as horseradish and many members of the mint family, are too invasive to plant directly in the soil of your kitchen garden. Instead, plant invasive herbs in attractive containers and place the containers in an appropriate spot in the garden.

Other perennial herbs, such as rosemary and bay, are not hardy in New Hampshire. Grow these and other tender herbs in containers that can be set out in the garden during the frost-free growing season and overwintered in a sunny indoor location.

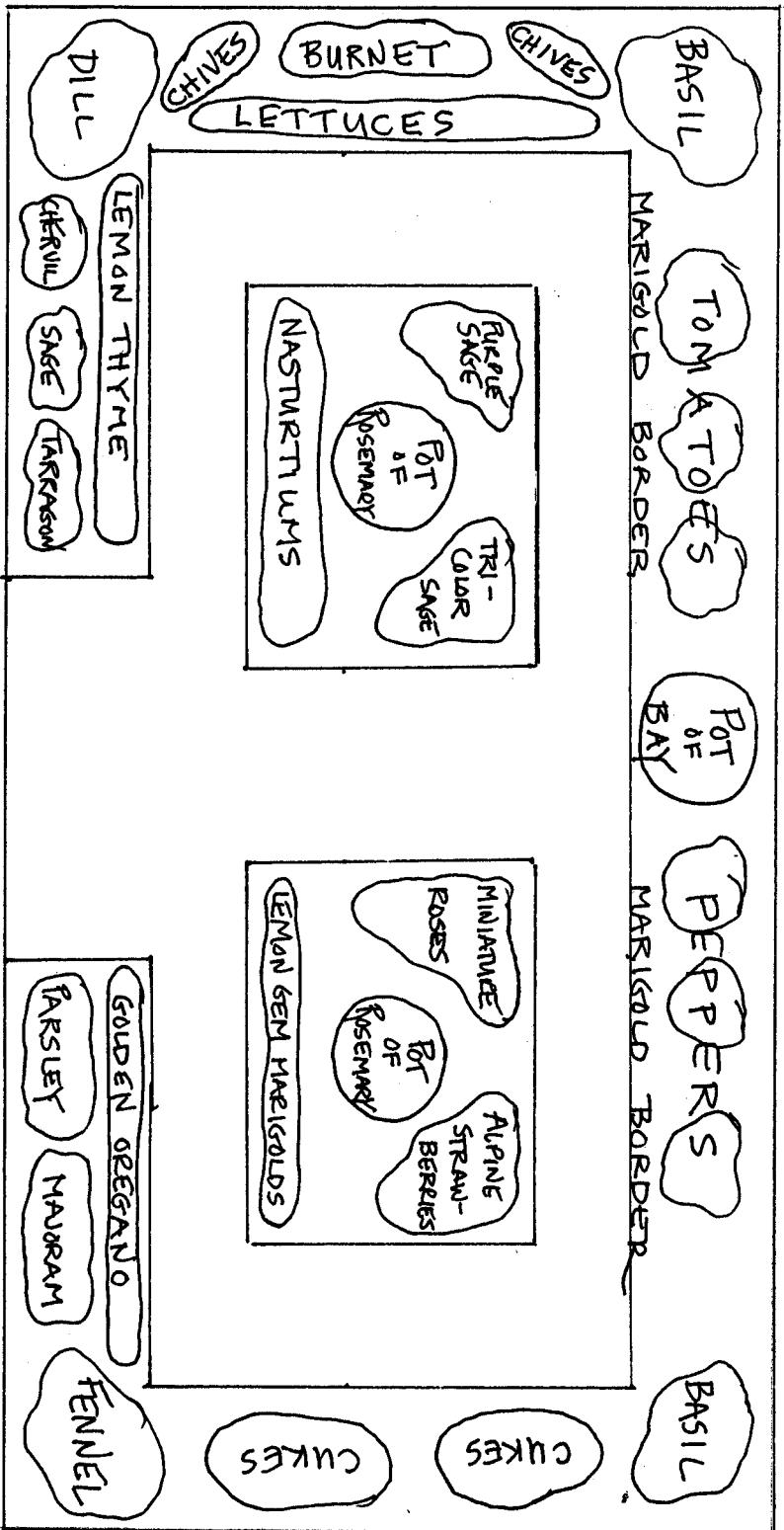
A sample kitchen garden is shown on the back side of this sheet.

Original fact sheet and drawing prepared by UNH Master Gardener Layne White, edited & reformatted 1/01

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A KITCHEN GARDEN



RAISED BED BORDER - RAISED BED ISLANDS

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