

# Merrimack County 4-H Newsletter

December 2008 - January - February 2009

To 4-H families, and volunteer leaders,

Another 4-H year is upon us and this brings new members, and many who are continuing to make the best better.

For those new families who are just joining, be assured that your child will gain confidence, a sense of belonging and also a chance to master skills. This is due to the dedication of our 4-H volunteers who are doing their best to show them life skills they will use throughout their life.

Many of those who have "aged" out of 4-H (those over 18 yrs.), often come back to become volunteer leaders themselves. This past year, just in Merrimack County, we had four members begin the UNHCE screening process to become a leader in the club they grew up with. This speaks volumes to us and to their leaders.

So, to those new families, thank you for choosing 4-H and helping your child soar to new heights.

Sincerely,

Debbie Cheever, Exten. Educator

Nancy Evans, Program Associate

*"4-H must be praised for the way it promotes letting each member be the best that they can be without being compared to others and coming up short."  
~ A 4-H leader"*



## **\*\* Quick Links \*\***

You can view this newsletter on-line, and click on links in this issue to be directly connected to the resource information you are seeking. See page 5 for all links. We continue to strive in making information available with ease and a click of a button.

## **4-H Open to All**

As we begin a new 4-H year, we want to remind clubs that 4-H is open to all youth regardless of age, color, handicap, national origin, race, religion, sex, sexual orientation, or veteran's status. We need to be sure youth and families in our communities know there is 4-H and be able to easily access involvement. We need to be sure we are providing opportunities to ALL on a nondiscriminatory basis.

## **In this Issue**

- **Holiday Special - 4-H Clover Country CD - Great Gift Special**
- **Recipes**
- **County Event Information**
- **NY Career Trip for Teens**
- **Looking for "shutterbugs"**
- **Animal Science Calendar and Deadlines**
- **Citizen of the Year**
- **Building Dedication**
- **2008 Hall of Fame Recipient**
- **Direct link to web sites (pg. 5)**

## **Insurance Reminder**

Is your club taking out accident insurance for the year? This is really important as it covers your members at and during a 4-H project and/or monthly meetings. It only costs \$1.00 per member/per leader for a full year. (\$2.00 for horse clubs)

We strongly recommend all clubs do this and cover all of their leaders and members!

**Go to page 5 for an on-line insurance form link.**

## **For Special Events**

Once you fill out the form, print out and keep in a safe place. Once the 4-H event is complete, send this form in with payment.

Yearly insurance needs to be pre-paid.

If you do not have access to a computer or printer, call the 4-H office and we will provide you with the form.



# General 4-H News

## Calendar of Events

### December

- 18 Junior Leaders meeting
- 25 Christmas Day - office closed

### January

- 1 New Years Day - office closed
- 8 MC 4-H Horse Leaders mtg. 7pm, Concord
- 9 Names due Food Show/Public Speaking
- 13 MC 4-H Foundation, 7pm, Concord
- 15 MC 4-H Junior Leaders mtg.
- 19 Civil Rights Day - office closed
- 21 MC 4-H Leaders Winter Meeting
- 24 Public Speaking/Food Show, Pembroke Academy
- 27 Committee to plan Fashion Revue
- 28 MC 4-H Advisory Council, 7pm, Concord
- 31 Snow Date - Food Show/Public Speaking
- 31 State 4-H Horse Quiz Bowl

### February

- 1 Approvals due for Beef to ESE
- 1 Beef Steer entries due to Moiles House, Durham
- 6 Farm & Forest Expo - Center of NH Radison, Manchester
- 7 Farm & Forest Expo - Kids Day Center of NH Radison, Manchester
- 13 Sign ups due Presentation Day
- 16 President's Day - office closed
- 19 Junior Leaders
- 21 State Dairy Judging Clinic
- 28 State 4-H Horse Advisory Council



## COUNTY CLUBS

We have great opportunities for animal science members here in Merrimack County for specific subject matter - county wide! The following Merrimack County Clubs are available to youth.

<b>Clubs</b>	<b>Contact Person</b>	<b>Phone</b>
Beef Club	Guy LaRoche	746-3712
Sheep Club	Wendy Dailey	774-5317
Ox Bows	Bob Pearson	648-2424
Dog Club	Sarah Gardner	435-7440
Caprine Capers Goat Club	Melody Prince	753-8203
Swine Club	Linda Lucas	768-5505
Dairy Club	Beth Silver	648-2210
Jumping Jax Alpaca Trax	Gwen Hall	934-5278
	Deb Marcou	774-5508

If you have an interest in any of these clubs, or would like to get involved in these project areas, give the leaders a call and see how you can become involved

County events help reinforce life skills (goal setting, communication, etc) Be sure you take part in at least one County Event.

## PUBLIC SPEAKING/FOOD SHOW: Pembroke Academy PRESENTATION DAY: Merrimack Valley High School

	<u>Public Speaking</u>	<u>Food Show</u>	<u>Presentation Day*</u>
			*Demonstrations * Photography * Action Exhibits * Poster Exhibits
<b>Date of event</b>	January 24th	January 24th	March 7th
<b>Snow Date</b>	January 31st	January 31st	March 14th
<b>Registration</b>	9:00am	9:30am	8:30am
<b>Event begins</b>	9:15am	10:00am - noon	9:00am
<b>Place</b>	Pembroke	Pembroke	Merrimack Valley
<b>Who can take part</b>	Juniors 8-13	Food Project Members	All 4-H Members
<b>Register by</b>	Seniors 14 and up	8-18 years old	8-18 years old
	Friday	Friday	Wednesday
	January 9th	January 9th	February 13th
<b>Volunteers Needed</b>			
	8 Judges	Minimum of 20 Judges	Approximately 40 Judges, Scorekeepers and Assistant Judges

## COUNTY EVENT SCHEDULE 2009

12 Judges for Demo  
6-8 Scorekeepers  
3-4 Room Chair people  
4 Action Exhibit Judges  
6-8 Rm Chairperson  
3-4 Photo Judges  
6-8 Door Proctors  
4-6 Poster Judges

## MEMBERS:

To sign up for any of these events, contact your ORGANIZATION LEADER!

\* Speeches, Demonstrations, Action Exhibits are not to be repeated from a previous year. Members should be using the 4-H materials to get ready for these events.

Call the 4-H office to get the materials for your members!

**FASHION REVUE JUDGING: Saturday, April 18th, Pembroke Academy**

**FASHION REVUE: Friday, May 1st, Pembroke Academy**



# General 4-H News



## Recipes from the Fair!

### SPLIT SECONDS

350° F  
(4 dozen)

- 2 cups sifted Flour
- ½ tsp. baking powder
- ⅔ cup sugar
- ¾ cup soft butter
- 1 egg, beaten
- 2 tsp. vanilla
- ⅓ cup jelly or jam

In a mixing bowl, sift first 3 ingredients together. Blend in butter, egg, vanilla to form a dough. Place on lightly flowered board. Divide dough into 4 parts. Shape into a roll 13" long (and ¾" thick). Place on ungreased baking sheets 4" apart and 2" apart of sheet

Make a depression ¼" deep lengthwise down center of each with a knife handle. Fill depressions with jelly or jam.

Bake at 350° for 15 to 20 minutes until light golden brown. While warm, cut diagonally into bars and sprinkle with confectioner's sugar.

Makes about 4 dozen.



### NO FAT BRAN MUFFINS

- 1 C. Flour
- 1 tsp. baking powder
- ½ tsp. baking soda
- ½ tsp cinnamon
- 1 ½ C. bran cereal
- 1 C low fat milk
- ⅓ C. sugar
- 1 egg
- ½ C. apple sauce

In a large bowl, mix the dry ingredients.

Mix milk, cereal and sugar in another bowl and let set for 5 minutes.

Stir in the egg and the apple sauce.

Now add to dry ingredients the wet ones.

Stir just until the dry ingredients are wet and lumpy.

Spoon into muffin tins ⅔ full.

Cook 12 -15 minutes until brown.

### PUMPKIN COOKIES

- 1 C. Pumpkin or Squash
- 1 cup brown sugar
- 2 eggs
- 3 tsp baking powder
- 1 tsp cinnamon
- ½ tsp salt
- 1 cup chocolate chips
- 1 cup sugar
- 1 cup of oil
- 4 cups flour
- 2 tsp. baking soda mixed with 2 tsp. milk
- 1 tsp. vanilla
- 1 cup nuts, chopped

Combine all ingredients in bowl. Form small balls and place on greased cookie sheet.

Bake at 375° F for 10-13 minutes.

Cool before eating.....Enjoy!



### MINIMUM GUIDELINES - 4-H MEMBERSHIP

As we begin the new year, guidelines are to be followed for 4-H membership. Please review below:

It is important to understand that enrolled 4-H members receive a membership card and awards for completion of a year.

For members 8-18:

- Members must officially enroll, annually, in a project with UNH Cooperative Extension and:
- Determine, (set), project goals/objectives. NOTE: Goal setting materials are available for members and leaders. Call the 4-H office.
- Participate in 4-H activities and programs.
- Verify work toward project objectives through documentation by your leader, supervisor or family club leader, (4-H records serve as a good tool to accomplish this).

To receive the greatest benefit, members are encouraged to:

- Participate in at least one of the following, per year: - a community service project, citizenship project, safety project, health project, or communication project.
- Participate in at least two different, (county or higher level), activities each year.
- Exhibit at Hopkinton Fair. We rely on parents to help members carry this out.

Those members who do not complete these guidelines will not be awarded completion pins or seals and may not be eligible for County or State awards.



# General 4-H News

## Recipes from the Fair!

### Rolls

1 pkg. yeast	¼ cup warm water
1 cup milk, scalded	¼ cup brown sugar
¼ cup shortening	1 tsp. salt
3½ cups flour	1 egg

Mix, knead and let rise for 1 ½ hours. Shape into rolls and let rise for 30 - 45 minutes. Bake at 350° F for 20 minutes.

### Overnight Coffee Cake

2 cups flour	1 cup buttermilk
1 tsp. baking powder	¾ cup melted butter
1 tsp. baking soda	2 large eggs
½ tsp. salt	½ cup brown sugar
1 cup sugar	1 tsp. cinnamon
1 tsp. cinnamon	

Combine first seven ingredients. Add buttermilk, butter and eggs. Beat at low speed until moistened, beat at medium speed for an additional three minutes. Spoon batter into a greased and floured 9 x 13 pan. Combine ½ cup brown sugar and cinnamon. Sprinkle over batter. Cover and chill overnight. Bake uncovered at 350° for 30 minutes or until done.

You can skip the overnight part and go directly to baking. Tastes just as good!

### Shaker Raised Squash Biscuits

Yield 2½ - 3 doz.

1 C Milk	4 - 5 C Flour
4 Tbls unsalted butter	1 ½ C Squash
¾ C Sugar	2 Large eggs
½ tsp. salt	Melted butter for brushing
1 yeast cake or 1 envelope dry yeast	

In heavy sauce pan, heat milk & butter over medium heat until butter is melted. Remove from heat.

In large bowl, mix sugar, salt, pour the hot milk over, stir and allow to cool uncovered to lukewarm. Add the yeast and 2 C flour. Beat with mixer for 2 minutes or stir well. Add the squash & eggs, mixing well. Continue to add flour until you have a stiff dough that leave the sides of the bowl.

Turn dough out onto a lightly floured surface. Knead by hand 7-8 min. using additional flour as needed to prevent sticking. Put dough into a lightly greased bowl, turn dough so all sides are lightly greased. Cover with towel.

Let dough rise (1½ hr.) in warm place until doubled in size. Punch dough down, roll out onto lightly floured surface to a 1½" thickness, with a floured 2½" biscuit cutter, cut out dough.

Place biscuits in a lightly greased baking sheet or pan. Cover with towel and let rise until double again (1 hour). Bake 25 minutes in 425° oven. Brush top with butter while hot.

### Publicizing 4-H in Your Community

We want to remind clubs that getting the word out about what 4-H is doing in your community is very important! We would like to remind clubs that each community has access to their town crier through the Concord Monitor. You can locate your local representative by checking the Sunday Concord Monitor. Many of them accept information through e-mail which makes it very easy to get information to them.

Not only do we look forward to reading about your club, our County Legislative Representatives, who oversee our budget, keep abreast of 4-H happenings as well. Our office checks the Concord Monitor daily...so don't let your club go unnoticed. Use this resource!

### Winter Weather

We are approaching that time of year when winter weather could be upon us. We do try to be mindful of weather when holding our meetings. We ask for pre-sign ups for committee meetings, events, etc and do so for a reason. If we need to cancel or reschedule we will only contact those people who we have heard from.

Please give us the courtesy of letting us know you will be coming. We want to be considerate of the safety for all.

In the same vein of this, please let the 4-H office know if you have changed your address, phone number and even your e-mail address. This will help immensely with the ease of contacting you if the need arises.

### Re-Enrollment Forms

Reminder that these are due in order to keep your status active in the 4-H program. If you haven't returned yours, they are past due. Please submit ASAP. Lack of attention to this could result in members and leaders not receiving key information on projects and other deadlines.



# County Event Information

## Arrival Time for Events

Please read carefully arrival time for events. There are designated registration times for each event. Please adhere to these in order that planning committees have adequate time to set up and prepare for an orderly arrival.

## Attention to all youth planning to enter posters into 4-H events!

Just a reminder that there are some guidelines to follow when crating your posters:

- Posters must be 14" x 22"
- Absolutely no copyrighted characters can be used
- The poster should be a well thought out communication tool:
  - Lettering to be seen from a distance
  - Convey a clear, concise message (not busy and not a collage or a page full of cut out magazine pictures).
- Must be flat - no google eyes or cotton balls, etc.
- Use of the clover guidelines must be followed:
  - the tail must go to the right
  - the clover with H's must remain in clover, not turned into something else, (like a butterfly)
  - Nothing can be superimposed over the clover.

The 4-H office has guideline on "use of the clover which is a trademarked emblem.

Call us if you would like a copy or go to the \* link for this information.

It is heartbreaking for judges to eliminate posters that youth have put a lot of time into because they do not meet guidelines.

## Fashion Planning Committee

Are you a teen or volunteer who could help set the theme and plan the Stage set for this year's Fashion Revue? Mark your calendar for January 27th, at 7pm in Concord. Call the 4-H office to put your name on the committee. If we have to cancel, we only notify those people who we know are attending.

## 4-H Food Show

Food Show is scheduled for Saturday, January 24th, Pembroke Academy from 9:30am until noon. The theme this year is **"Calci YUM! and Vitamin D!"**

Don't miss our 1st county event of the year. Start planning your foods cooking classes now to be ready. Members 8-13 years of age prepare one food item of their choice from a menu for a healthy breakfast, lunch, dinner or snack.



The exhibit should come with a complete place setting for the menu. Place setting would include place mat, utensils, napkins, cups, necessary dishes and serving utensils. Seniors (14 years and older) submit everything Juniors can enter, along with yeast breads & hot meals.

**Judges Designation Award** - Anyone 13 or older in the project two or more years is eligible for a judges designation award based on using advanced food preparation skills, taste of dish, nutritional value and presentation of menu dish.

**Table Greeters** - We are looking for members to be table greeters. They need to be at food show early to help participants find their table and get set up.

This is a great leadership role for any 4-H member. Let your leader know you want to do this!

**Cook off for Older 4-Hers** - Members 12 and older can make a healthy recipe that is rich in calcium to be entered into a cook off.

Bring your dish the day of Food Show and your dish will be showcased in a designated area. We will set up the dishes for people to taste and to vote on. We will announce the dishes that get the most feedback!

Check with your leader for Food Show details or check our web site at <http://extension.unh.edu/Counties/Merrimack/Merrimack4HYouthDevelopment.htm>

## \* LINKS FOR THIS ISSUE:

### Clover Guidelines:

[http://www.national4-hheadquarters.gov/emblem/4h\\_name.htm](http://www.national4-hheadquarters.gov/emblem/4h_name.htm)

### Tell us Your 4-H Story:

[http://cecf1.unh.edu/formbuilder/forms/form240\\_4HStory.htm](http://cecf1.unh.edu/formbuilder/forms/form240_4HStory.htm)

### American Life Insurance Form:

<http://www.americanincomelife.com/4h2.htm>

### Record Keeping Forms

<http://extension.unh.edu/4H/4hforms.htm>

### Clover County CD

<http://www.clovercountrycd.com/>



# Leader Lines

## Club Activity Idea

Source Northeast Volunteer Forum

## Decorative Cloth Glass Plate

Materials Needed:

- \* Plain, flat glass plate (Walmart may be the cheapest)
- \* Fabric 1" bigger than plate cut in a circle. Use a see through or cotton material. Do not use stretchy material.
- \* Modgepodge glue, found at craft stores.

### Directions:

Turn plate over so you are working on the back of the plate. Use a sponge brush and put modgepodge on the plate. Next place your material over the plate and soak with the modgepodge. Take out all the air bubbles and wrinkles. Let dry 24 hours. Trim cloth to plate size.

Repeat modgepodge eight times and let dry each time. Next coat with clear polyurethane. Let dry. Repeat one more time. Sand in between coats of modgepodge and first coat of polyurethane.

Wash quickly in sudsy water if dirty. **Do not soak and do not put in dish washer or microwave.**

This is a beautiful serving plate.

## Volunteer Hours Needed

How many hours do 4-H volunteers in Merrimack County contribute to helping to plan, implement, and deliver the 4-H program? In tallying up year end summary report information provided by 4-H organization leaders, screened volunteers totaled 15,598 volunteer hours and 3,295 volunteer hours were given by other volunteers, those who help us in other ways at the club and county level. This time equates to 9 full time equivalent staff people. With the new year starting, just a reminder to organization leaders to have your volunteers - project, one-time volunteers and others who contribute to your club, document volunteer hours they give to your club. The support we get throughout the county on behalf of 4-H is impressive!

Cast a wider net this year! Invite new volunteers into your club and reach new heights with your 4-H club.

## Club Officers and Record Keeping

Congratulations to all newly installed club officers! Please support your organization leader and club officers by being supportive and volunteering to help out. Each club needs everyone to make the club a success.

Club officers need to keep accurate, written secretary and treasurers reports of each meeting. These need to be kept as a part of permanent records of each club and be shared at each meeting. The president needs to run the meeting with the leader's support. Each meeting should have a business meeting component if needed, but should also include an educational segment and be fun! Let's plan together for a wonderful new 4-H year. Community Club accounts need to be kept low. Clubs should not be keeping large fund balance from one year to another. Funds should only be raised with a specific reason or club goal in mind.



Hold the Dates!

## Leader Trainings Planned

### January 10th - Saturday

To be held in the North Country

### March 7th - Saturday

West side of the State

### March 28th - Saturday

Central Part of the State (to be held in Merrimack County)

You can attend any date or place that works for you. We do hope you will join us at our March training that will be held in the Pembroke/Epsom area.

## Looking for project ideas? Do you need some resources?

Check with the 4-H office. We have a lot of notebooks on different project areas for you to borrow. We have at least one of each 4-H CCS Curriculum listed in the 4-H Supply Catalog. We also have file drawers full of project instructions and resources to help you or your leaders think about trying something new and different. Stop by the 4-H office any day between 8am-4pm and browse through our resource room and files.

## Contact Information

Office Hours: M - F, 8am - 4pm

Telephone: 225-5505 or 796-2151

Extension Numbers:

Deb-318

Nancy-317

Lynn-312

Fax: 796-2271

E-mail: (veiv on line -click name to e-mail)

[deborah.cheever@unh.edu](mailto:deborah.cheever@unh.edu)

[nancy.evans@unh.edu](mailto:nancy.evans@unh.edu)

[lynn.roy@unh.edu](mailto:lynn.roy@unh.edu)





# Youth Opportunities

## New York City Career Trip for Teens

### “FOCUS ON FASHION”

If you love fashion or love to sew, set your sights on the NH 4-H Textiles and Clothing Program’s career trip to New York City. This once every four year trip takes participants into the heart of the fashion industry in our country. Dates are being worked out but it will take place sometime the week of August 10th - 14th. Participants will tour a variety of businesses, a designer, tour the Fashion Institute of Technology, and learn how fabrics and textiles as an industry is all around us in our lives. How to prepare for a career in the Fashion Industry will be a focus as well.

The trip will also take in some of the sights and sounds of New York and a Broadway play.

### MARK CALENDAR!

Costs and details will be coming in early spring. Start saving so you can make this trip affordable. Scholarships will be available through the Merrimack County 4-H Foundation.

## Farm & Forest “Kids Day”

February 7th, 2009 at the Center of NH

Radison in Manchester.

10:30am - 2:00pm

Jolee Chase, 4-H Program Associate from Hillsborough County is looking for 4-H clubs, families or other youth groups to do educational “hands-on” activities, or you can do a play, dance, or sing for the families visiting the Exposition. Not only will your youth enjoy the day, but they can help promote 4-H and agriculture in our state.

If you bring an animal in for your display, it must have had a rabies shot in the past year. Poultry over 5 months must have been tested within one year for, and found negative of, Salmonella Pullorum, identified by an official leg band and must be progeny of Pullorum clean stock and free of all infectious and contagious disease.

If your group would like to participate or like more information, please call the Hillsborough County 4-H office at 641-6060 or e-mail [jolee.chase@unh.edu](mailto:jolee.chase@unh.edu).

The space at the Center can hold 40 exhibits. (This does depend on how much space groups need). The Center provides a limited number of tables and chairs. Jolee needs all your information by January 20th. This would make a great club outing to showcase something your group is doing!

## Record Keeping forms on the Web

As you start the 4-H year and get your members set up to do records, you can point 4-Hers to find them at the Extension Web site. They are available in Word and PDF format. See page 5 for the direct link to these forms.

Having members do their records on the computer allows them to keep them updated year after year in one place.

Happy Record keeping!

### TELL US YOUR SUCCESS STORY!

SHARING WITH OTHERS MEANS THEY WILL BE HEARING DIRECTLY FROM YOU HOW 4-H HAS CHANGED AND MADE A DIFFERENCE IN YOUR LIFE. FIND THE ON-LINE FORM ON OUR WEBSITE. GO TO PAGE 5 FOR THE DIRECT LINK.

TELL US YOUR STORY TODAY!



## LOOKING FOR SHUTTERBUGS!

We know we have many youth photo enthusiasts in our program. We have an opportunity for you!

We are looking to feature special places or scenes in our communities in Merrimack County and 4-H events in action.

By May 30th we need to have digital pictures submitted either by e-mail or CD to the 4-H office.

We will feature these photos on our web page, in quarterly newsletters or in the 2010 4-H calendar.

Photos need to be of a special scene or place in your community and identified or a picture of 4-H in action at either a club or county event.

Photos need to be identified with 4-Her’s name.

Looking forward to many submissions.

Start thinking about opportunities now!



# Animal Science News

## 4-H Animal Science Program 2009 Calendar

### JANUARY

31 State 4-H Horse Quiz Bowl

### FEBRUARY

- 1 Approval Forms due - Beef to ESE, Beef Steer ESE due
- 7 Kids Day - Farm & Forest Expo
- 28 State 4-H Horse Advisory Council

### MARCH

21 State 4-H Dairy Quiz Bowl

### APRIL

- 1 Horse Approval Forms due for Horses qualifying for ESE
- 4 NH 4-H Horse Judging & Hippology

### MAY

- 1 4-H approval form deadline for llamas, dogs, working steers, dairy cattle, beef, heifers going to ESE and horses not going to ESE.
- 1 Beef Heifer entries due to Moiles House, Durham
- 9-10 Sheep and Wool Festival

### JUNE

- 4 State 4-H Horse Advisory Council
- 15 Approval forms due for all swine, sheep, goats, small animals and beef not going to ESE.
- 27 Merrimack/Sullivan County Horse Qualifying Show (tentative)

### JULY

- 11 Working Steer Qualifying Show (tentative)
- 11 Rolling Bones Dog Fun Match (qualifying)
- 17-19 State 4-H Horse Show

### AUGUST

- 1 Animal entries due Hopkinton State Fair

### NOVEMBER

- 4 State 4-H Horse Advisory meeting/call.

## Congratulations to those 4-Hers who received the following awards at this years Hopkinton State Fair.

### 4-H Dairy

Ruth Kimball Award	Si Robertson
Louie Hodgman Award	Troy Wheeler
Robert McGregor Award	Michelle Porter
Fisher Award	Molly Dole

### 4-H Dairy Goat

Outstanding Dairy Goat Exhibitor Award  
Melinda Warren

### 4-H Sheep

Sue McNamara Award	Travis Akerstrom
Jeanne Sherman Junior	Joe Dupont
Jeanne Sherman Senior	Anne Davison

### 4-H Working Steer

#### Teamster Awards

Junior	Tim Lorden
Intermediate	Dalton Courser
Senior	Sadie Courser
George Cilley Award	
Best of Show	Sadie Courser

### 4-H Swine

Market Hog Award Raymond Abair

### 4-H Horse

High Point Overall Scores	
Senior/Junior	Lindsey Galliher
Walk/Trot	Alicia Barry

## Come Join the Merrimack County 4-H Beef Club

Welcome to the new 4-H Beef club under the leadership of Guy LaRoche of Webster. This is a new subject matter group for us in Merrimack County and they are looking for more members.

**Call the 4-H office for more information!**

# Recognition

## 4-H Buidling Dedication

As we gathered for the 93rd Hopkinton Fair, we had a special celebration on Friday morning to dedicate the 4-H Exhibit Building. Many past and current 4-H volunteers, parents and 4-Hers were present to take part in dedicating the 4-H Exhibit Hall to Ruth H. Kimball.

This year marks Ruth's 90th birthday and 66 years as a 4-H volunteer. What a fitting tribute to someone who has given so much of her life to the 4-H program at the local, county and state levels over her many years as a volunteer.

Ruth has many accomplishments that are worthy of recognition over her lifetime.

Prestigious awards she has received for her 4-H efforts include the 4-H Alumni award in 1972, Pittsfield Citizen of the Year, 1973, Merrimack County Governor's Award for Volunteerism, 1988, Farm Bureau Young Farmers Award, 1989, The Granite State Award from the University of NH, 1992, JC Penny Golden Rule Award, 1999 and in 2002 the first NH recipient to the National 4-H Hall of Fame.

Ruth has been a strong pillar of constant, consistent and committed service to 4-H for the last 66 years. She serves as a mentor to everyone she touches and exemplifies volunteerism at its very best with her "I'd be glad to" attitude.





# Recognition Corner

## SPECIAL AWARDS RECEIVED AT HONOR'S EVENING

### I Dare You Award

This is an annual award presented to two teens at Honors Evening. The "I Dare You" Award was first offered in 1941 by William H. Danforth. Mr. Danforth was a successful business man who dared young people to achieve their highest potential and to influence others through lives of leadership and service. This award is to focus on "emerging" leaders ...those young adults who have the qualities and abilities to lead but who may not yet recognize or act on their leadership potential. The award is to recognize 4-H participants who demonstrate personal integrity, lead balanced lives, and possess a willingness to assume responsibility.

This year's recipients were:

**Jocelyn Tanner and Stephanie Nelson**

members of the Merrimack County Junior Leaders.

### Alice Thompson Award

This annual award is given at Honor's Evening in the name of Alice Thompson. Alice, the wife of Wilbur Thompson of Canterbury, was active in 4-H work as leader of the Earnest Workers and Canterbury Bells 4-H clubs. Her principal interest was in Home Economics especially sewing, but also foods and nutrition, food preservation, better rooms, crafts and everything connected with the home.

This year's recipient was:

**Jamie Aznive**

member Boys & Girls Club, Concord

### Merrimack County Welcomes a New Club

Welcome to Kendra Messer and her new club in Bradford, "The West Meadow 4-H Saddle Club".

We are very excited to have a club in this part of our county and families and youth interested in the horse project.

Welcome to you all!



## Thank You so Much!!!

We want to thank the over 400 people who helped us out in some way at the Hopkinton State Fair. From judges, superintendents, show secretaries, workers at one of our 3 food booths, to watching over the newly dedicated Ruth Kimball 4-H

exhibit hall, every single person who helped us out was a very important part of our 4-H team helping "to make the best better" in Merrimack County 4-H. It takes everyone working together to make a great program possible for youth, so if you were one of those volunteers, Thank you! Thank You!, Thank You! from the bottom of our hearts and know that you had a part in supporting 4-H Youth Development and making this fair a great success!

### NH'S 2008 4-H Hall of Fame

**Laureate  
Corine Miller**



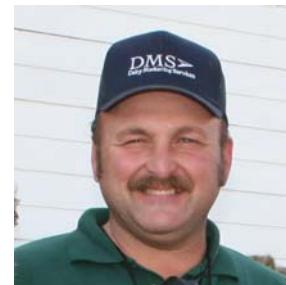
On Friday, October 10th, Corine Miller, 4-H Volunteer Leader, of Pittsfield and several family members along with State 4-H Program Leader, Wendy Brock, took part in the 4-H National Hall of Fame inductee ceremony at the National 4-H Center.

Corine was one of 17 Nationwide to receive this award.

Let's all congratulate Corine for this outstanding award and for her years and depth of service to 4-H and the larger community.

### Citizen of the Year

**Tim Riel**



Congratulations to Tim Riel, Vice President of our Merrimack County Leaders Association for being named Citizen of the Year at Epsom's Old Home Day.

Tim has served as a School Board Member and has been very instrumental in the accomplishments of the Epsom Youth Athletic Association.

Along with his involvement in 4-H, you can always see him volunteering in some capacity at the Hopkinton State Fair.

Congratulations Tim!



# Recognition Corner

## HONOR'S EVENING

### Go the Distance

A special evening was had by all as we celebrated volunteer and youth accomplishments at this years Honors Evening. We thank all of you who were present to celebrate as a 4-H community all that is done collectively for 4-H in Merrimack County. Receiving recognition for their years of service are the following leaders:

#### 3 YEAR LEADERS

LAUREL ALBERTS  
JENNIFER ELLIOTT  
MICHELLE HAMMOND  
JAMES ORROK  
JOAN SCOTT

#### 5 YEAR LEADERS

SHERRY AKERS  
ARDELL CURRIER  
KATHLEEN GRAY  
BRIAN HOWARD  
JAMES MASON  
NATALIE MCGOWEN  
HEATHER ROWE  
SHERRI WARBURTON

#### 10 YEAR LEADERS

MELISSA CURRIER

#### 15 YEAR LEADERS

ANN GRIMES  
LIZ LEBRUN  
DOREEN THIBAUT  
KIMBERLY WOOD

#### 20 YEAR LEADERS

DONNA FROST  
MARLENE HAMMOND  
LINDA LUCAS

#### 25 YEAR LEADERS

SUZANNE HORNER  
JACK SUTCLIFFE  
JOYCE WATTS  
WARREN WATTS

#### 30 YEAR LEADERS

ROBERTA HALL  
WAYNE HALL

#### 40 YEAR LEADER

PAUL DAVIS  
JEAN HODGMAN

#### 45 YEAR LEADER

CECIL WHITE  
FLORENCE WHITE

Recognition of 5 & 10 year members were also done and the following received these awards this year.

#### 5 YEAR MEMBERS

CARLY ANDERSON	MICHELLE PORTER
RACHEL AZNIVE	MARILYN RACINE
MCKAYLA BOND	CARLYN REEP
CASSIDY BOON	KATIE RIENDEAU
JACOB BOURASSA	JOSIAH ROBERTSON
JOSHUA BOURASSA	NATHAN ROBERTSON
RHETT COURSER	MATT SHOTTES
RENAE CURRIER	CHARLES SOLTANI
JORDAN DAHL	HANNAH SWINDLEHURST
CYNDEL DONOGHUE	JILLIAN TOWLE
KATIE DOWNS	ALISON WITSCHONKE
JOSEPH DUPONT	
CAMERON DURLING	<u>10 YEAR MEMBERS</u>
KELLY EATON	BRIDGET AZNIVE
TARYN GALLIHER	KATHLEEN DOLE
ALEXANDRA GELINAS	ERIC GLINES
KAYLA GRADY	ABIGAIL JENNA
ELIZA HENLEY	JARED LABELLE
GARRY HODGE	AMY LUCAS
MADELINE HODGMAN	RUSSELL MASON
RACHAEL HOWELL	KELSEY METCALF
BRETT HUCKINS	RYAN MORRILL
JESSE KELLEY	EMILY POOLE
CHELSEA KIMBALL	BECKY TOWLE
SOPHIE LAROCHELLE	HEIDI WEBBER
REBECCA MILLER	
SARAH NEWTON	
JENNIFER ORDWAY	

Many other 4-Hers were on hand to receive recognition for their county achievements this past year:

#### COUNTY EVENT WINNERS

Amelia Aznive	Jesse Kelly
Christopher Belanger	Daniel Kimball
Marissa Bohlman	Jessica Kimball
Elijah Boulanger	Sophie LaRochelle
Joshua Bourassa	Kelsey Lorden
Kenneth Chaput	Sarah MacDonald
Terise Cole	Kasey Manning
Kaitlin Cote	Nathan Merrow
Dalton Courser	Becca Miller
Rhett Courser	Karleigh O'Brien
Sadie Courser	Jennifer Ordway
Rena Currier	Alyssa Ormoski
Jordan Dahl	Aaron Prince
Molly Dahl	Justin Prince
Kathleen Dole	Michael Raiche
Molly Dole	Carlyn Reep
Cyndel Donaghue	Shelby Riel
Katie Downs	Katie Riendeau
Hillary Fifield	Josiah Robertson
Naomi Fifield	Nathan Robertson
Chelsie Fredette	Brianna Russell
Lindsey Galliher	Catie Sittig
Eliza Henley	Erin Spaulding
Nichi Hoar	Katie Staslovich
Madeline Hodgman	Robby Sykes
Meghan Jenks	Jocelyn Tanner
	Meghan Weed

#### COUNTY RECORD & RESUME WINNERS

Those recognized are 13 years and older

**RECORDS** - COLLEEN CLAUSEN, JACKSON RIEL AND SOPHIE LAROCHELLE

**RESUME** - CARLYN REEP

#### COUNTY MEDAL WINNERS

Members who have 2 or more years in a project are encouraged to submit their 4-H record and a project form to be chosen to receive a county project medal.

The following received project medals

Kathleen Dole	Katie Downs
Meghan Jenks	Jessica Kimball
Carlyn Reep	Shelby Riel
Katie Staslovich	Karyn Veinotte
Timothy Veinotte	Christopher Veinotte

#### 2008 Northeast Leader Forum A Great Success

The 2008 Northeast Leader Forum is now history. For over 2 years volunteers from NH have worked tirelessly on putting together a conference for volunteers to attend from throughout the Northeast. When the group began planning they had goals for between 400-500 volunteers to attend.

When the economy took a turn in late spring and early summer that diminished the number of people who might attend. Despite it all, in the end over 250 volunteers and teens participated in an OUTSTANDING EDUCATIONAL and FUN conference.

**All of those who worked on it should feel really proud!**

Thanks to the Merrimack County Leaders Association, Merrimack County 4-H Foundation and Merrimack County Junior Leaders for their financial support.





## Clover Country

Call the 4-H office to reserve your copy. Give to a friend or family member just in time for the holiday season.

Price: \$10.00 Save \$5.00 on shipping & handling if you order through our office.

You can visit the link below to listen before you purchase.

<http://www.clovercountrycd.com/>