

## 4-H FASHION SELECTIONS FACT SHEET

### Purpose:

To encourage youth, who are 12 and older, to make wise decisions as consumers of clothing. Life skills that are developed in this program include: decision making, planning and organizing, wise use of resources and communication skills. *Discovering Choice and Managing Choice*, 4-H CCS project materials, which are used as a base of this program are available at the 4-H office.

### General Guidelines:

Older 4-H youth shop for, select, and purchase one or more garment(s) then combine them with accessories or other garment(s) from their current wardrobe to create a coordinated outfit. Check out various stores to see how good a shopper you can be and find value for your money. The maximum amount that can be spent for garment(s) purchased for this program is \$50. Garments can be purchased from specialty stores, department stores, discount stores, factory outlets, thrift stores, consignment stores, mail order or through the internet. Compare prices, garment features, fabrics, colors and consumer services. Only one entry can be made in the 4-H Fashion Selection program and your purchase must have been done in the past year. Garment make overs can also be showcased in the program as long as the date of purchase was within a year and garment price didn't exceed the \$50 limit. Youth can also enter the 4-H Fashion Revue program that showcases clothing construction talents in sewing, weaving, knitting or crocheting garments.

### Decide your category:

- ✦ Best Bargains for under \$25
- ✦ Career Fashions
- ✦ Make Overs
- ✦ Special Occasions
- ✦ School
- ✦ Sports/Leisure Activities
- ✦ Interview Outfits

### 4-H Fashion Selections Entry Information:

Check with your County Extension Educator, 4-H Youth Development about participation information and deadlines. Complete the Fashion Selections Entry Form and write a narration about you and your outfit.

### How Judging is Done?

Evaluation will be done by a panel that will interview you using information provided on your entry form. You will also model your outfit and be evaluated on fit, appearance, modeling, poise, communication skills, and appropriateness of props and accessories. Every participant will receive a ribbon. Three youth, 12 and older, will be eligible to represent their county 4-H program in the Fashion Show at State Activities Day at UNH. This is a "just for fun" program to encourage youth to be wise clothing consumers.

### Helpful Hints for Evaluation Day:

Double check garments to be sure it is clean, well pressed, and that your accessories are appropriate and complement your outfit. If desired, bring outfit on hanger so it stays neat. Parents are invited to observe; however please remember, 4-H members explain their project.

### Fashion Show Information:

Together with participants in the 4-H Fashion Revue program for youth who constructed their garment/outfits, you may be modeling your Fashion Selections outfit at local, county, state, or regional 4-H events.