



Easy steps to become involved in the NH 4-H Fashion Selections Program

*Sharpen your consumer skills ...
as you shop for garment(s) to meet a wardrobe goal*

1. Think about your goal.

Why do you need this garment/outfit? Where will you wear it? How does it fit in with other items in your wardrobe? What accessories do you have that will also be worn with your new garment/outfit? Will you need to purchase accessories?

2. Set your budget.

How much do you want to spend on the garment/outfit? To participate in the 4-H Fashion Selections program, the top amount you can spend for garment/outfit is \$50.00 not counting cost of accessories.

3. Review the 4-H Fashion Selections Entry Form.

Note what information you will need to gather on your shopping adventure.

4. Think about features or quality standards for the garment you are choosing.

What features will make the garment/outfit special for you and the purpose you intend for the garment/outfit?

5. Decide where to shop.

What stores do you want to visit to search for your garment/outfit. Check the internet for other possibilities.

6. Have fun planning and going on your shopping adventure.

Compare prices, styles, fabrics, colors, and features of the garment/outfit you need. Make notes as you go or work on the entry soon after you return from your shopping trips to reflect on your experiences.

7. Talk to your Extension Educator, 4-H Youth Development.

Learn about the details of the 4-H Fashion Selections program. Complete the 4-H Fashion Selections Entry Form and abide by any deadlines.