2014 NH 4-H Teen Conference Respectful Dress Standards

- As a delegate to the New Hampshire 4-H Teen Conference you are expected to dress modestly, showing respect for yourself and others in any situation.
- You are asked to remember that you are representing the NH 4-H Program to the University of New Hampshire and surrounding communities.
- You are expected to exercise your best judgment in choosing the clothes you will bring and wear during Conference.

In order to avoid confusion as to what is considered "appropriate" you are asked to follow these guidelines:

Respect for Others

Apparel shall not be allowed if:

- It refers to or promotes alcohol, drugs or tobacco.
- It will/may damage University property, this includes chains, spikes or cleats
 - o Exception: Cleats may be worn for workshops that require them
- It is sexually suggestive or sexually explicit (this includes bathing suits)
 - o If a bathing suit is deemed to be overly revealing, delegate may be asked to wear a t-shirt over it.
- It is demeaning or discourteous, this includes profanity
- It suggests intolerance or lack of respect for others
- It is vulgar or promotes antisocial or illegal behavior
- It suggests or imitates gang-related dress

Respect for Yourself (and Others);

The following items are prohibited:

- Tops which expose midriffs, cleavage, backs, bra straps. This includes halter tops, crop tops, tube tops, etc.
- Underwear worn as outerwear or visible underwear, this includes low-riding pants.
- Transparent clothing or torn clothing
- Pajamas, sleepwear, or slippers are not appropriate dress for any activity or outside sleeping rooms.

Other details:

- Shorts must have an inseam of at least 2.5 inches. "Hot pants" and "Daisy Dukes" are prohibited.
- Skirts will be no higher than mid-thigh in front *and* back.
- Shoulder straps must be at least 1" wide
 - o Exception: Evening Gowns are excluded from this rule.
- Hats are not to be worn inside

Teen Conference Staff reserves the right to request delegates to change their attire.

Our Main Goal is Modesty. Remember the 6 B's. Clothing must cover your bosom, back, belly, butt, boxers, and bras!

What do I wear when...?

Knowing what to wear is always a challenge. To help you, here are three categories of clothing

	Casual	Professional Casual	Dress-Up & Semi - formal
For Guys	For guys Jeans, khakis, shorts, t-shirts, tennis shoes. Does not include cutoffs or worn jeans with holes.	Slacks, shirts without ties. Dress denim and khakis are appropriate. For TC, NICE shorts will apply. Dress shoes, boots, no athletic/tennis shoes.	Slacks with a jacket, shirt, tie, leather shoes. No denim clothing or athletic shoes.
For Girls	Same as for Guys	For girls Same as for guys. Skirts or slacks with an appropriate blouse or shirt. Dress denim and khakis are appropriate. No athletic/ tennis shoes.	Dresses* from knee to floor length or pants suits appropriate for a prom or similar dress up activity. This could include a dressy outfit worn to an event at your church, synagogue, or mosque. No Denim clothing or athletic shoes.

^{*}Special Note –Party and prom dresses may be strapless or have spaghetti straps or a single shoulder strap. However, all other dress code rules apply.

DAY	ACTIVITY	APPROPRIATE DRESS
Sunday	Check-in & Informal Activities	Casual
	Orientation	Casual
	Get Acquainted Activities & Dinner	Casual
	Opening Ceremony & Community Ser	vice Casual/Work Clothes
Monday	Breakfast & Workshops	Casual
	Dinner	Casual
	Camus Swim & Sports/Social Time	Casual/ Swimwear/Athletic wear
	Ice Cream Social	Casual
Tuesday	Breakfast & Workshops	Casual
	Banquet & Dance	Dress-Up/Semi-Formal
Wednesday	Breakfast & Closing Ceremony	Casual

Conference delegates will have to walk between dormitories, dining hall, and other locations on campus, it is important to have *comfortable* shoes you may walk long distances in.

Athletic Shoes/Sneakers will be required for most workshops.

It is suggested that delegates bring an all-weather jacket or raincoat just in case of wet weather, for the same reason delegates should bring a second pair shoes.

Again, Special clothing needs due to specific full-day workshops will be communicated directly to delegates before the Conference begins.