

ACROSS COÖS

Coös County, NH 4-H News
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UNH Cooperative Extension webpage - extension.unh.edu



April 2013

April Greetings!

It seems like we are heading into the busy season. Then again, it always seems that way! I hope that you will be sure to spend a few minutes to read the pages that follow to learn about some of the wonderful contributions and achievements of Coös County 4-H members and volunteers. Furthermore, I hope that you will make time for 4-H this spring and summer. As our longtime stellar 4-H volunteer Mary McLain puts it, "It's OK if 4-H isn't always your first choice, but it shouldn't always be your last either."

We anticipate a huge enrollment in the 4-H garden project this year. Why? In the Coös County Extension office, we are seeing a tremendous public interest in getting back to the land - so to speak - and providing one's own food. The 4-H garden program provides lots of options and opportunities. Remember, signups are due in the Coös County Extension 4-H Office by May 3. Why not give gardening a try? Happy reading.



As always, your input regarding making Coös County 4-H as good as it can be is welcome.

Christine Whiting
Program Coordinator, 4-H

Larry Barker
Extension Field Specialist, Youth & Family

Club news? - Send your club news to christine.whiting@unh.edu to be included in upcoming newsletters.

In this issue:

Dates of Interest / Reminders
News
Opportunities
Animal Requirements / Deadlines
Garden Information / Sign Up

Dates of Interest / Reminders

APRIL

1 Approval Form Deadline for 4-H Horses Qualifying for ESE, Coös County Extension 4-H Office

4 4-H State Dairy Judging Entries Due, Coös County Extension 4-H Office

6 FFA / 4-H Livestock Judging Contest, 9:00 a.m., White Mountains Regional High School. Register NO LATER than April 5 with Chris Brady, 837-2528

12-14 American Youth Horse Council 36th Annual Symposium, East Windsor, CT
<http://www.ayhc.com/Symposium.html>

15 State 4-H Activities Day Entries Due, Coös County Extension 4-H Office

20 4-H Horse Judging / Hippology Event, UNH, Thompson School
<http://extension.unh.edu/NH-4-H-Horse-Judging-Page>

25 Lancaster Fair, Coös County / Essex County 4-H Premium List meeting. Coös County Extension 4-H Office, 6:30 p.m.

26 CPR/AED last day to pre-register. This course being offered to all enrolled 4-H members and leaders at no charge on Friday, May 10, 2013. Start time is 6:00 p.m. at the Coös County Extension 4-H office.

MAY

1 Approval Form Deadline for 4-H Llamas, Dogs, Working Steers, Dairy Cattle. Also deadline for Beef Heifers going to ESE and Horses not going to ESE (NOTE: earlier Eastern States Expo deadline for Horses and Beef Steers)

1 4-H Entry Deadline for Beef Heifers going to ESE due to State 4-H office

1 4-H Horse Show Program Book Ads Due to State 4-H Office

1 Horse of the Year Nominations Due to State 4-H office - Peter Stone "Horse of the Year" Contest

3 Teen Conference Registration & Deposit Due, Coös County Extension 4-H Office
<http://extension.unh.edu/Events-and-Opportunities>

3 Coös County 4-H Garden Sign-Up Deadline, Coös Extension 4-H Office

3 Coös County Community Service Grants Application Deadline, Coös Extension 4-H Office

4-5 State Dairy Judging, Location TBA

8 Coös County 4-H Advisory Council Meeting, North Stratford

10 CPR/AED Course, offered to all enrolled 4-H members & leaders at no charge. Start time is 6:00 p.m. at the Coös County Extension 4-H Office.

11-12 Sheep and Wool Festival, Deerfield Fairgrounds

11 Tagging of 4-H Market Lambs at NHSWGF

15 Coös County Camp Scholarship Applications Due, Coös County Extension 4-H Office
<http://extension.unh.edu/Coos-County/Coos-County-4-H>

17-19 NH 4-H Shooting Sports Volunteer Training, Barry Conservation 4-H Camp, Berlin NH
<http://extension.unh.edu/NH-4-H-Shooting-Sports>

23 SAD Tune-Up, Coös County Extension 4-H Office

23 Coös County 4-H Gardening Program Plant Pickup, Coös Extension 4-H Office

TBA Coös County Orientation for NH 4-H Teen Conference, Coös County Extension 4-H Office

Coös County 4-H Demonstration Day

Coös County enjoyed a wonderful celebration of 4-H at the 2013 Coös County 4-H Demonstration Day on March 9. The big event was held at the Lancaster Elementary School in Lancaster. Forty-five youth from 11 different clubs participated, along with 14 adult volunteers who helped out in an official capacity. The chief purpose of the day is to give 4-H members a chance to show off their project work and to gain valuable experience presenting themselves in a public speaking situation.

Youth ages 5-18 participated this year. Of course, the day is also designed to select those members age 12 and older who will represent Coös County at State Activities Day (SAD) on June 1 at UNH. Each county receives a quota of slots for SAD. However, a certain minimum standard of excellence is required in order to advance. We don't simply fill slots for the sake of sending youth. So, it is a great honor to be selected to go to SAD.

Congratulations to the following Coös County 4-H youth who have qualified to advance to state-level competition:

Demonstrations -

- Pierre Allard, How To Tie Knots
- Megan Allin, Founder
- Christina Asher, External Parasites on Your Horse
- Riley Cornish, Penny Perfection
- Emily Day, Horse Abuse-Race Horses
- Jessica Fury, Saddling Up English Style
- Christina Morin, How To Properly Weigh & Measure Your Horse
- Kyleigh Stewart, How to Get the Blue
- Amie Weagle, How Old Is Your Horse

Action Exhibits -

- Brittany Letellier, Homemade Peanut Butter Treats

Posters -

- Courtney DeBlois, A Woolly Good Time
- Jourdain Goulet, Let's Camp Out with 4-H
- Sarah Whitng, The 4-H Meteor Shower

Photography -

- Noah Cornish, Icicles
- Nicole Fury, A Brook in Winter
- Alexis Scott, NH Peak Foliage

Posters and photography are very good mediums for members to express themselves and a good alternative for members who aren't able to be with us on Demonstration Day. It is also completely acceptable to enter in these categories and to give a demonstration or action exhibit.

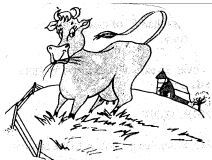
Coös County 2013 SAD Qualifiers



New for this year we had five stations set up to promote 4-H Healthy Living and Healthy 4-H Clubs. One of the stations was physical activity and Larry showed the youth how to use a hula hoop!



The **NH Dairy Quiz Bowl** was held on March 16 in Walpole, NH. Coös County 4-H had six participants. Courtney DeBlois and Amelia Sweatt were on the first place senior team. Courtney won 4th individual senior and will be on the state team. Pierre Allard was on the 1st place junior team and placed well individually. Danielle DeBlois, Adrienne Hook and Maya Hook also attended as novice (no placings). All had fun! Congratulations to you all for a job well done!



April is the Month of the Military Child Monday, April 15, is the 3rd annual **"Purple Up! for Military Kids"** celebratory event.

Military Youth and Family webpage - <http://extension.unh.edu/4-H-Youth-Family/New-Hampshire-Military-Youth-and-Family-Programs>

4-H Club **Purple Up!** Flyer - http://extension.unh.edu/resources/files/Resource002539_Rep3764.pdf



Global Youth Service Day April 26 to 28
Show your support for youth changing the world! **Global Youth Service Day** celebrates and mobilizes the millions of young people who improve their communities each day of the year through service. www.gysd.org

Don't miss this chance to purchase **4-H Curriculum** at the lowest prices of the year!

The National 4-H Curriculum pre-press period is April 8 - May 10, 2013, and will be the only curriculum sale in 2013. Most books ordered during this period will receive a 25% discount. More information coming soon! Find National 4-H Curriculum products at the 4-H Mall www.4-hmall.org



Giving a leg up to National 4-H.

The spring **Paper Clover Fundraiser** is happening May 8-19 in all Tractor Supply Company stores. There are several exciting features that have been added to this spring's promotion:

- TSC will be offering a \$5.00 Paper Clover available for purchase in addition to the \$1.00 option
- a Purina coupon will be attached to each Paper Clover
- a new incentive program for counties to receive additional funds
- a regional 4-H award winner, which will award \$1000 to the top performing state in each 4-H region

Having more 4-Hers in stores during the event helps raise more money, so contact our local TSC store manager in Gorham to see how you can get involved to help raise funds for our local programs.

OPPORTUNITIES:

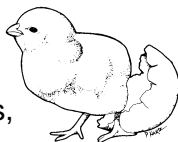
Training: CPR/AED Course is being offered to **all enrolled 4-H members and leaders** at no charge on Friday, May 10, 2013. Start time is 6:00 p.m. at the Coös County Extension 4-H Office.

Please call 788-4961 to pre-register before April 26.



New Hampshire 4-H Poultry Clinic

June 22, 2013, New Boston, NH
Educational Seminars,
Fitting And Showmanship Workshops,
Judging, Quiz Bowl and More!



For more information, contact: Rhiannon,
State 4-H Animal Science Program Coordinator
email: rhiannon.beauregard@unh.edu
or call: 603-862-2188

Welcome Home Garden

The snow is melting and soon the ground will be ready for planting. The UNH Cooperative Extension Military Youth and Family Program is happy to announce that Burpee Seeds is once again offering free seed packets to honor and thank our men and women in the Armed Forces, both veterans and those who are currently serving. They are partnering with Burpee to help distribute the seeds and get the word out that they are available. The seeds are also available to military family members, and to youth and civic groups who will plant gardens to honor the contributions of service members and veterans, or even share the garden harvest with them. Many vets would love to have fresh produce, but are not able to grow their own. Even a small bouquet of "Thank You!" flowers can be so meaningful to a veteran or current service member. This year's packets contain 12 varieties of seeds (3 flowers and 9 vegetables).



See the attached flyer for more information, and how to order your Burpee seeds. Group orders are appreciated whenever possible. The flyer is also on the website

http://extension.unh.edu/resources/files/Resource002671_Rep3957.pdf

UNH Equine Educational Day

On Friday, April 19, the senior equine students at UNH will be hosting the University's first Equine Educational Day. This day will include various demonstrations and lectures, as well as some admissions specialists about the program at UNH.

http://extension.unh.edu/resources/files/Resource002441_Rep3574.pdf

New Hampshire 4-H Shooting Sports

Volunteer Certification Training
at Barry Conservation 4-H Camp in
Berlin NH
May 18-19, 2013



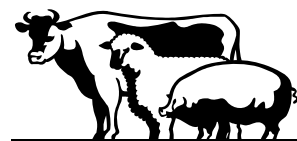
This training is designed for current 4-H volunteers as well as those who wish to become involved in the 4-H program. Shooting experience is not essential, but a willingness to learn about how to work effectively with youth is.

Teen leaders, age 16 and older are welcome. Certified teen leaders must work under the direct supervision of a certified adult instructor.

Brochure & registration available on our website, or call 788-4961, registration deadline is May 3
http://extension.unh.edu/resources/files/Resource002268_Rep3337.pdf

3rd Annual FFA / 4-H Livestock Judging Contest

Saturday, April 6, 2013, 9:00 A.M.
White Mountains Regional High School



This contest contains the following components:

- written exam of 50 questions
- equipment and tool ID
- 6 classes of livestock which will consist of beef, sheep, and swine with a market class and breed class for each. One class will be chosen by the judge for an oral reasons class.
- math problems related to the content of livestock production and management.

Calculators will be allowed, CELL PHONES WILL NOT! Team Event (need a group of four).

All are welcome to compete.

Dress for weather conditions that day!!!! (MUD INCLUDED). Space is provided for those who wish to bring a bag lunch.

Register no later than April 5.

To register or ask questions, contact:

Chris Brady, WMRHS, 603-837-2528

Cell: 603-631-2047 email cbrady@sau36.org

2013 NH 4-H Teen Conference

Who Should Attend?
Everyone! 4-H'ers and non 4-H'ers are welcome.



All teens will have a wonderful opportunity to connect with others in a positive and meaningful way. Many youth continue to come year after year because it is such a worthwhile experience. Leadership skills are learned and improved and friendships renewed. This is a safe place for ALL teens to have good clean fun!

http://extension.unh.edu/resources/files/Resource001418_Rep1909.pdf

Information and registration forms have been mailed out. Registration due May 3.

Annual Appeal for UNH Cooperative Extension

Support UNH Cooperative Extension by making a gift today. An online gift at extension.unh.edu/donate-ce.htm is safe, easy, and secure. You can designate your gift to a specific program or make an unrestricted gift to UNH Cooperative Extension or the 4-H Foundation of NH to use where support is most needed. This includes Extension programs that focus on New Hampshire's youth, families, communities, farms, businesses, and the natural environment. Be assured your gift will be used as you intend, and every gift, large or small, will help us in the coming year.

All gifts to the University of New Hampshire Foundation, Inc. are tax deductible as provided by law.

For more information on how you can support UNH Cooperative Extension, contact Charlene Baxter, Development Coordinator, charlene.baxter@unh.edu or Wendy Brock, Executive Director, 4-H Foundation of NH, wendy.brock@unh.edu

2013 Coös 4-H Garden Program

Coös County has a very strong 4-H gardening tradition. It is a great way for members to learn and grow during the summer months. Further, the Lancaster Fair provides a great way for members to exhibit the "fruits" of their labor. The major parts of the Coös County 4-H gardening program in 2013 will include:

1. Tom Gill Memorial Seedlings Program
2. Garden Seeds
3. Gladioli Bulbs
4. Soil Testing
5. Plant pick up day
6. Garden judging



IMPORTANT: 4-H members must complete the sign up form and return the completed form to the Coös County Extension Office by **May 3**. No late sign-ups will be accepted.

1. Tom Gill Memorial Seedlings

Way back in 1945 Tom Gill Sr., a florist of Berlin, NH, provided 4-H members in Coös County with many vegetable plants over a period of about fifteen years. The original purpose of the program was to experiment with different plant varieties to see how they survived in the North Country. In exchange for the free plants, the 4-H members were obligated to give feedback regarding their successes and failures. In August 1971, "Tom" died; but the Kiwanis Club of Berlin and the Gill family have decided to carry on the program as a memorial.

These are the original objectives for the contest which will be conducted on a three-year cycle.

Objectives:

- To provide 4-H Club members with new varieties of plants.
- To encourage Club members to keep growth and production records so that the information may be used by other gardeners.
- To provide competition among Club members in the garden program for the purpose of encouraging good garden practices.

Coös County 4-H'ers are only permitted to participate in the Tom Gill program for three consecutive years. Approximately six plants of each variety are provided to each participant at no charge by "Gills Flowers" in Berlin. All 4-H members (age 8 or older) who have not participated before are eligible for the first year competition. Below are lists of those eligible for years 2 & 3: *Please let us know if our records are not accurate.

Eligible for 2nd year in 2013:

Brooke Allen
Christina Asher
Ariel Bennett
Aviara Challinor
Carissa Challinor
Shantel Corliss
Danielle Couture
Anthony Dami
Sierra Dingman
Aaron Eaton
Ashleigh Eaton
Ryleigh Rainville
Taima Ronish
Phoebe Ross

Eligible for 3rd year in 2013

Nicolas Goulet
Adrienne Hook

2. Garden Seeds

The Coös County 4-H Advisory Council provides free seed packages to interested 4-H'ers. There are three packages available.

GROUP I Carrots, Cucumbers,
String Beans

GROUP II Carrots, Cucumbers,
String Beans,
Beets, Winter Squash

GROUP III Carrots, Cucumbers,
Beets, Winter Squash,
Early Corn, Pumpkins

No mixing is allowed. Participants in the seed program are encouraged to keep accurate records on their gardens.

3. Gladioli Bulbs

Coös County will once again offer you gladioli bulbs. The price this year is 20¢ each and the maximum order size is 25 bulbs. Colors will be mixed. Unfortunately, you cannot choose colors. Fact sheets and record sheets are provided with all bulbs. Participants are encouraged to keep careful records and to show their flowers at the fair. Please sign up for the number of bulbs you want.

4. Soil Testing

We will once again offer this valuable service to interested 4-H'ers. If you have had your soil tested in the last three years, it is not necessary to retest unless you are experiencing problems. The Coös County 4-H Advisory Council absorbs the costs associated with this program so there is no charge to 4-H'ers.

5. Pick-up Day

Pick-up date will be Wednesday, May 23 at the UNH Cooperative Extension office, Coös County, Route 3, Lancaster.

6. Garden Judging

Gardens will be judged on August 8. We will send you a reminder late July / early August to remind you. Please call us to confirm the status and location of your garden. The judge will come to your garden and this will allow you to show off all of your hard work. Of course, you will also want to show the same produce at the Lancaster Fair. A complete list of rules for the Tom Gill Memorial Garden Program will be furnished to each 4-H member.

Coös County
629A Main Street
Lancaster, NH 03584



phone: 603-788-4961
email:
christine.whiting@unh.edu
larry.barker@unh.edu



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2013 Coös County 4-H Garden Program Order Form



Please read the program descriptions in the newsletter before ordering.

All orders are due before May 3, at the Coös County Extension 4-H Office,
629A Main Street, Lancaster, NH 03584 - **No late orders will be accepted.**

4-H Member: _____

Club: _____

Address: _____

Garden Location: _____

Parent/Guardian Signature: _____

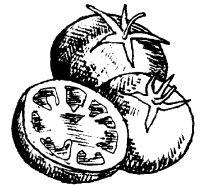
TOM GILL

Yes, I am interested in participating in the Tom Gill Gardening Program.

First year _____ tomatoes, peppers, marigolds

Second year _____ tomatoes, peppers, marigolds, broccoli

Third year _____ tomatoes, peppers, broccoli, cabbage, petunias



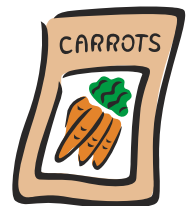
GARDEN SEEDS

Yes, I am interested in receiving garden seeds this year (check group that you are interested in receiving).

Group 1 _____ carrots, cucumbers, string beans

Group 2 _____ carrots, cucumbers, string beans
beets, summer squash

Group 3 _____ carrots, cucumbers,
beets, summer squash, early corn, pumpkins.



GLADIOLI BULBS

Yes, I would like to receive gladioli bulbs (**maximum order - 25 bulbs**).

Number of bulbs _____ x 20 cents each = \$ _____ payment enclosed.

Please make checks payable to "Coös 4-H Youth Development."

SOIL TESTING

Yes, I would like to have my soil tested (we will mail you testing information).



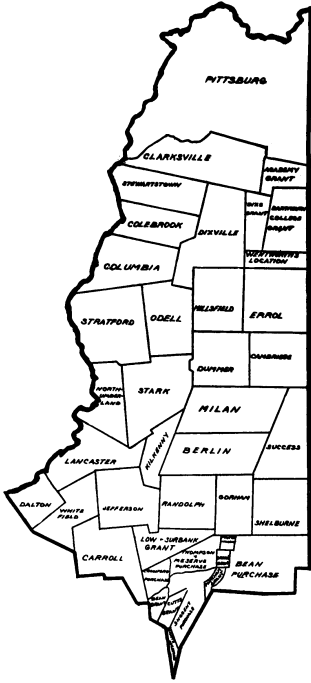
New Hampshire 4-H Animal Requirements and Deadlines

	Beef	Dairy Cattle	Working Steer	Dairy Goat	Sheep	Swine
Approval & Owned/Leased Forms Due	February 1 (Steer to ESE); May 1st (Heifers to ESE); June 15th (all other beef)	May 1st	May 1st	June 15th	June 15th	June 15th
Min. Age (Max. age if applicable)	4 months or older to go to any fair or event	4 months or older to go to any fair or event	4 months or older to go to any fair or event	4 months or older to go to any fair or event	Min. 4 months to go to fair/event Max. 2 years	Breeding: 6 mths. Market: 4 mths to go to any fair/event
Animal Identification	Ear tag/tattoo	Ear tag/tattoo	Ear tag/tattoo	Ear tag/tattoo or Tail tattoo/microchip	Ear Tag/Tattoo and Official Scrapie Tag	Tattoo or Ear Notch
Vaccinations:						
Rabies	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show
Other Vaccinations				Scrapie Tag	Scrapie Tag	
	Horse	Rabbits	Poultry	Llama/Alpaca	Dog	Meat-Pet Goat
Approval & Owned/Leased Forms Due	April 1st (going to ESE) May 1st (horses shown in 4-H shows/classes)	June 15th	June 15th	June 15th	May 1st	June 15th
Min. Age (Max. age if applicable)	2 years (no stallions over 1 yr. or mares with foals)	4 months or older to go to any fair or event	Any	Weaned (approx. 6 months)	6 months	Min: 4 months Max: 1 year wethers, no max for does
Animal Identification	No permanent ID required: Photo, freeze brand, tattoo or microchip	Ear Tattoo	Official Leg band if over 5 months	Microchip	No permanent ID required (tattoo or microchip recommended)	Ear tag/tattoo or Tail tattoo/microchip
Other Required Forms	Helmet Release					
Vaccinations:						
Rabies	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show		min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show	min. 30 days before 1st show max. 1 year before show
Blood Test Negative For:			Salmonella Pullorum Avian Influenza			
Other Vaccinations	Tetanus Eastern-Western Encephalitis w/ Tetanus (EWT) West Nile Virus				Distemper, Bordatella, (Kennel Cough), Lyme	Scrapie Tag

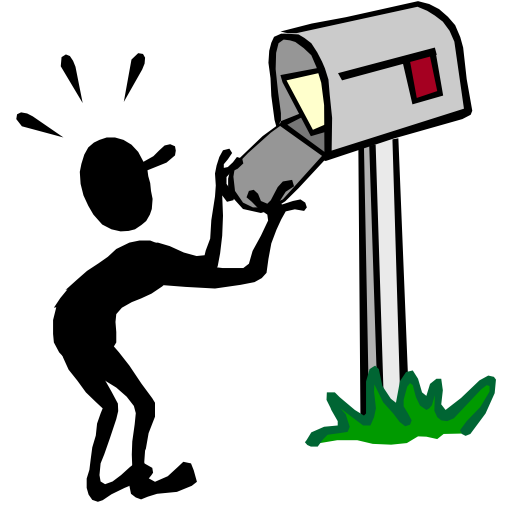
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3/1/2013



Across Coös Coös County 4-H News



Coös County,
4-H Youth Development
629A Main Street, Lancaster, NH 03584

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