

Building Blocks for Great 4-H Leadership
Saturday, September 20, 2014
Registration Deadline: Monday, September 8th

Pre-Registration Required: \$5.00 fee, includes lunch.

Name: _____

Phone Number: _____

Address: _____

City: _____ State: _____

Zip: _____

E-mail Address: _____

Dietary Restrictions: _____

Schedule:

8:30- 9:00 AM – Registration

9:00-10:00 – Opening Session: *Essential Elements*

Larry Barker, 4-H Field Specialist, Coös County

10:15-12:15 – Workshop Session #1

12:15-12:45 PM – Lunch

1:00-3:00 – Workshop Session #2

Session #1 Workshop Selection: (please check one)

- ☐ Elements of Design – Creating the WoW!
- ☐ Emergency Preparedness at Animal Science Events and Competitions
- ☐ Rockets to the Rescue!
- ☐ 4-H 101: Nut's and Bolts

Session #2 Workshop Selection: (please check one)

- ☐ Motivating Youth
- ☐ Inquiry Teaching Methods
- ☐ Foods Leader Update – What's New?
- ☐ Animal Science Lab Kit – What's That?

Please mail your check, made payable to:

Carroll County 4-H Advisory Committee

UNH Cooperative Extension – Carroll County
PO Box 1480

Conway, NH 03818

For more information, call Betty Lou Canty at 447-3834 or email at Bettylou.canty@unh.edu



**Directions to
Lakeway Elementary School
325 Union St, Littleton, NH**

From the South

1. Take I-93 N to EXIT 41 toward LITTLETON / WHITEFIELD. 0.2 miles
2. Turn SLIGHT RIGHT onto COTTAGE ST. 0.6 miles
3. Turn RIGHT onto UNION ST / NH-116. 0.6 miles
4. End at Mildred C Lakeway School (on the left)

From the East

1. Take US - 302 W to 93N
2. Follow directions starting at #1 for "From the South"

From the North

1. Take SOUTH US-3 to Whitefield
2. Turn RIGHT onto NH-116 / PLEASANT ST. Continue to follow NH-116. 9.9 miles
3. End at Mildred C Lakeway School (on the right)

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. Ten working days are needed to facilitate special needs requests. No one shall be turned away due to inability to pay.

UNH Cooperative Extension
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**Building Blocks
for Great
4-H Leadership**



**North Country Regional
Leaders' Training**

Saturday, September 20, 2014
Lakeway Elementary School
Littleton, New Hampshire
Registration begins at 8:30am

extension.unh.edu

WORKSHOPS

Elements of Design – Creating the WoW!, Wendy Brock, Executive Director, 4-H Foundation of NH

Have you ever looked at a piece of art, flower garden, a piece of furniture, a garment or quilt and said “WOW”. Knowing how to effectively use the elements of design creates the building blocks of a quality finished project. This interactive workshop will send leaders home with activities to use in their club meeting to teach the elements of: line, texture, color, and shape.

Emergency Preparedness at Animal Science Events and Competitions, Christine Whiting, 4-H Program Coordinator, Coös County

Animal Science events and competitions present a unique challenge for 4-H volunteers and leaders when it comes to emergency preparedness. This workshop will help leaders and volunteers to be more prepared to deal with emergencies. It will include activities that can be done with clubs and members to increase everyone’s ability to be prepared for an emergency at an animal science event.

Rockets to the Rescue: 4-H National Youth Science Day Experiment, Claes Thelemarck, 4-H Field Specialist, Carroll County

In this year's National Youth Science Day Experiment youth will be tasked with a mission to design and build a rocket to deliver a payload of food to remote disaster victims. Youth will be introduced to aerospace and learn engineering concepts, develop math skills and help solve a relevant global issue. This workshop will lead volunteers in the activities and discuss tools and techniques for running this activity with 4-H Clubs, afterschool programs or a local event. NYSD Kits can be ordered at www.4-h.org/4-h-national-youth-science-day, if desired.

4-H 101: The Nuts and Bolts of Being a 4-H Organizational Leader, Deborah Cheever, 4-H Field Specialist, Merrimack County

This workshop, designed for organizational leaders with 1-3 years of experience, will help volunteers: with their planning and organization skills; learn tips for developing the 4-H annual club plan; setting goals with their club; identifying the four essential elements that create a positive environment for youth; assessing the vibrancy of a club, organizing projects for life skill development and communicating with parents. The workshop will also offer club meeting tools that leaders can use in helping to manage their clubs.

Motivating Youth, Larry Barker, 4-H Field Specialist, Coös County

Do you sometimes get frustrated when working with your 4-H’ers? Do you wish that they would act better, but don’t know how to effectively create an environment where sensible guidelines are followed? Then this workshop might be for you. We’ll learn how to involve youth in setting group guidelines which greatly increases the level of youth complying. Help your group create that positive environment we’re all seeking. Participants will also learn some common-sense, practical tools for motivating youth and correcting inappropriate behavior.

Inquiry Teaching Methods: Grounding Learning in Inquiry Science, Claes Thelemarck, 4-H Field Specialist, Carroll County

Inquiry-based science is an approach to learning that involves exploring the natural and man-made world around us in a manner that leads to questioning, observing, investigating, testing, and discussing with others what results were found. Inquiry leads the teacher and the learner to a deeper understanding of scientific phenomena and skills. Inquiry-based learning also creates a community where learners are engaged in open-ended, youth centered hands-on activities that will better prepare them for the future. Employers are looking to hire more workers with strong science skills that include inquiry-based problem solving and critical thinking. School, out-of-school time, 4-H and community programs can all benefit from intentionally developed, learner centered investigations that are directed by the students themselves and allow for personal discovery of our world.

Foods Leader Update: What’s New?, Kathleen Jablonski, 4-H Field Specialist, Grafton County

Need a few ideas on what to teach in a foods project? Want some updating on MyPlate and nutrition for youth? Come and find out the resources available for you to teach a Foods and Nutrition project to your club or afterschool group. An overview of Up for the Challenge, Microwave Magic, 4-H curriculum from 4-H Mall and other states, as well as our own New Hampshire Healthy Living projects will be showcased. Come and learn more about what is available. Participants will leave with web resources that can be easily accessed as well as a few activities to use with their group of youth.

Animal Science Lab Kits – Michelle Bersaw, 4-H Program Coordinator, Merrimack County and Christine Whiting, 4-H Program Coordinator, Coös County

Do you have youth that are working with animals in your club? Are you looking to develop an animal project group but don’t know where to start? How about using one of the 4-H animal science kits that are available in your county office? These kits are species-specific and durable. Each kit contains special hands-on learning tools, such as a feed sample set, posters, pictures, charts, and more. Come explore the possibilities!

