

#### A Collaboration Between

### Institute on Disability/UCED





**Institute for Health Policy and Practice** 





A Collaborative Between the Institute on Disability and the Institute for Health Policy and Practice

#### VISION:

All New Hampshire residents have access to personcentered options which allow them to live and age in the communities of their choice.



# Center on Aging and Community Living

#### **MISSION**

CACL constructively engages partners within and outside the University in applied research that advances sustainable, person-centered options for aging and community living. CACL supports systems change through an interdisciplinary approach to scholarship, advocacy, evaluation, and the development and dissemination of tools and skills that innovate and improve social models for consumer-driven services and supports.

# **CACL Project Areas**



## Focus Areas

- University Engagement
- □Public Policy
- Professional Development
- □ Service to the Community
- Research and Evaluation



## Importance of Our Work

- > Focuses on strengthening social models for consumer-driven services and supports;
- > Applying what we are learning in real world settings in order to support program development and systems change; and
- > Critical in informing NH, as well as the rest of the nation, on best practices in supporting older adults to live and age in the communities of their choice.

# Senior Leadership Series

- Collaboration with CACL, AARP, and Dartmouth Centers on Health and Aging
- Fourth Year: Almost 80 participants
- Purpose is to provide support and training in advocacy and leadership skills related to older adult issues.
- □ 5 Sessions:
  - Aging and Society— New Hampshire and National Impacts
  - Community Engagement
  - The Legislative Process
  - Aging Well in our Communities
  - Group Presentations and Graduation



Shared Vision created by the Elder Health **Advisory Committee** April 2014

#### **Fundamental** needs are met

- Food
- Safety
- Info about Services
- Shelter/Warmth
- Transportation

A broad range of living arrangements are available

- · Planning & zoning
- · Resources available to support living at home
- Affordable
- · Home modification options

We envision communities where New Hampshire's culture, policies and services support our elders and their families, providing a wide range of choices that advance health, independence and dignity.

#### Advocates for elder issues are effective

- Cultural view of elders is positive/realistic
- Laws are elder friendly
- Aging issues are a community wide priority

Elder Respect

Choice

Person-Centered

Independence Friendly Community

Dignity

#### Support provided to caregivers and families

- · Access to info on services and supports
- · Caregiver education and training programs
- · Flexible funding to meet the unique needs of caregivers
- More consistent pay for formal, paid caregivers
  - · Respite care

#### Quality physical and mental wellbeing supports are in place

- · Access to preventative care
- Access to medical, mental health and palliative care
- · Planning for end of life care

#### Social and civic engagement options are plentiful

- · Meaningful connections with family, friends and neighbors
- Paid and volunteer work opportunities
- Active engagement in social life
- · Cultural, religious activities plentiful

# Some NH Examples

- Village Networks: Monadnock at Home
- Upper Valley Community Nursing Project
- Upper Valley Interfaith Project; Aging in Community Campaign
- NH Fall Prevention Taskforce
- Home Share VT (being replicated in Manchester)
- □ Memory Cafés
- ServiceLink Resource Center Network
- AARP: Age Friendly Communities
- EFH Tri-State Roundtable on Aging

## **Partners**

























## Contact Us

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Visit our website at:

www.agingandcommunityliving.org