

# PUBLICATIONS ORDER FORM

UNH Cooperative Extension also has fact sheets and brochures available at no cost unless otherwise noted. Publications designated with a ☐ symbol may be downloaded from our web site. For the most current information go to: [www.extension.unh.edu](http://www.extension.unh.edu).

## Check the publications you would like:

- Are You Prepared for Financial Emergencies* ☐
- Buying the Things You Need* ☐
- Developing A Spending/Savings Plan* ☐
- Getting and Keeping A Checking Account* ☐
- Getting In Touch With Your Creditors* ☐
- Keys to Vehicle Leasing* ☐
- Making A Will In New Hampshire* ☐
- Making Ends Meet* ☐
- Earned Income Tax Credit* ☐
- NH Consumer's Sourcebook* ☐
- Reach Your Goals by Saving Small Amounts* ☐
- What To Do When You Can't Pay Your Bills* ☐
- When Your Bills Pile Up* ☐
- When Your Income Drops* ☐
- Your Credit File* ☐
- Your Valuable Papers* ☐

Online under Publications-> Managing Money  
<http://extension.unh.edu/money/money.htm>

or

**Complete the form and mail to your county Cooperative Extension office.**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Scholarships are available on request.

Connect with your county Cooperative Extension office for more information.

**For more information contact your county Cooperative Extension office:**

Belknap County Extension Office  
36 County Drive  
Laconia, NH 03246-2900  
(603) 527-5475

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(603) 447-3834

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Keene, NH 03431-1513  
(603) 352-4550

Coös County Extension Office  
629A Main Street  
Lancaster, NH 03584-9612  
(603) 788-4961

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North Haverhill, NH 03774-4936  
(603) 787-6944

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329 Mast Road  
Goffstown, NH 03045  
(603) 641-6060

Merrimack County Extension Office  
315 Daniel Webster Highway  
Boscawen, NH 03303  
(603) 796-2151 or (603) 225-5505

Rockingham County Extension Office  
113 North Road  
Brentwood, NH 03833  
(603) 679-5616

Strafford County Extension Office  
268 County Farm Road  
Dover, NH 03820-6015  
(603) 749-4445

Sullivan County Extension Office  
24 Main Street  
Newport, NH 03773  
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UNIVERSITY of NEW HAMPSHIRE  
COOPERATIVE EXTENSION

## Maximizing Your Personal Financial Resources



*Financial management programs and publications are available to the public through educational workshops, school programs, and learn-at-home series.*

# Maximizing Your Personal Financial Resources

Financial management programs and publications are available to the public through educational workshops, school programs, and learn-at-home series.

UNH Cooperative Extension is committed to helping adults and youth learn to better manage personal financial resources, decrease debt, increase savings and plan for the future.

For Adult Audiences -

## ***Managing Money in Today's Times***

- Audiences keep current on consumer laws and savings strategies that make achieving present and future income needs possible. (WS)

## ***Managing Money in Tough Times*** –

Participants discover strategies to manage money, reduce stress and find dollars they didn't think they had. (WS)

***Credit Check Up*** – Participants assess credit worthiness, learn how to read a credit report, understand credit scores. (WS)

***PowerPay*** © – online computer program to create repayment plan to reduce debt. (O)

## ***Making Money Work For You -***

A five-part workshop series for people just starting out or struggling paycheck to paycheck covering goal setting, credit, insurance, stretching resources, spending choices and making a spending and savings plan. Cost is \$12/person or couple. (S)

## ***Take The Road To Financial Security***

***In Later Life*** - Participants increase knowledge of issues regarding later life financial security; assess preparedness for later life financial security, then create a plan of action to meet personal needs and goals. (WS)

## ***Don't Get Crushed By Debt*** –

Manage consumer debt and increase your savings. Web site version adapted for needs of farm families also available. (WS)

***Managing Money Wisely*** - A four session program applying effective habits of successful money managers to personal finance education for those involved with the correctional system. (S)

## ***Getting A GRIP on Your Money -***

a seven-part newsletter series mailed to your home on a regular basis. Newsletter topics cover setting goals, implementing a financial record keeping system, understanding credit and insurance, and developing and following a spending/savings plan. Subscription cost is \$8.95. (LH)

***Investing For Your Future*** – Online self-study course designed for first time investors or individuals selecting among retirement plan contribution options (ex. IRA or 401(k)). (O)

(WS=Workshop; S=Series; LH=Learn-at-Home; O=Online)

## ***Starting Over- New Choices...***

***New Directions*** is a two-hour course designed to meet the pre-discharge education requirement for bankruptcy filers. Workshop covers spending savings plan; managing money skills; using credit wisely; access and use of consumer information. (WS)

## ***Become a New Hampshire Saver -***

Link to the on-line UNHCE registration at “*Become a NH Saver*” and receive a free quarterly emailed newsletter on tips to build wealth. (O)

For Youth Audiences -

## ***High School Financial Planning Program (HSFPP)*** –

Curriculum designed for 9th-12th graders. Includes planning, budgeting, credit, insurance, investing, banking, career planning (Instructor Manual and Student Guide; web support). (S)

## ***Lets Talk About Money*** –

designed for 8-9 year olds. Appropriate for parents, 4-H Clubs/Youth programs, classroom, after-school programs. (S)

If you're interested in attending a workshop or receiving a newsletter or fact sheet, or would just like more information, contact your county office. For research-based, credible information you can use every day from the oldest and largest network of universities, ask the experts at [www.eXtension.org/personal\\_finance](http://www.eXtension.org/personal_finance).