

VEGETABLES	Jan		Feb		Mar		April		May		JUNE		JULY		AUG		SEP		OCT		Nov		Dec							
	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-31						
Cucumbers											G	G	G	G						G	G	G								
Eggplant																				G										
Eggplant (Japanese)																		G	G											
Fiddleheads																														
Garlic (fresh)	CS	CS	CS	CS														CS	CS	CS	CS	CS	CS	CS	CS					
Garlic, Scapes																														
Kale	G	G	G	G	G	G	G	G	G	G	G													G	G	G				
Kohrabi																														
Lettuce	G	G	G	G	G	G	G	G	G	G										G	G	G	G	G	G					
Melons																														
Onions	CS	CS	CS	CS	CS																			CS	CS	CS	CS	CS		
Parsnips	CS	CS	CS	CS	CS																					CS	CS	CS		
Peas																														
Peppers																														
Potato	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS			new	new											CS	CS	CS	CS	
Pumpkin (Sugar, Pie)	CS	CS	CS																							CS	CS	CS	CS	
Rhubarb																														
Salad Greens	G	G	G	G	G	G	G	G	G	G															G	G	G	G		
Scallions																														
Snow Peas																														
Spinach	G	G	G	G	G	G	G	G	G	G	G															G	G	G		
Winter Squash	CS	CS	CS	CS	CS	CS	CS	CS																		CS	CS	CS	CS	
Summer Squash, Zucchini																														
Swiss Chard	G	G	G	G	G	G	G	G	G	G	G														G	G	G	G	G	G
Tomatoes	G	G																												
Turnips/Rutabaga	CS	CS	CS	CS	CS	CS	CS	CS																			CS	CS	CS	CS

Fruits	Jan		Feb		Mar		April		May		JUNE		JULY		AUG		SEP		OCT		Nov		Dec	
	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-30	1-15	16-31	1-15	16-31	1-15	16-31
Apples	CS	CS	CS	CS	CS	CS	CS	CS	CS	CS										CS	CS	CS	CS	CS
Strawberries																				G	G			
Raspberries																								
Blackberries																								
Blueberries																								
Peaches																								
Pears																								
Plums																								

Legend: G = possible if grown in greenhouse, CS = storage

Revised by UNH Cooperative Extension Specialist Becky Sideman, 1/2006. Developed with assistance from the NH Farmers Market Association and Richard Sharpe.

Fact sheet by Becky Sideman, UNH Cooperative Extension Professor, Sustainable Horticulture Program. Last updated 4/10, logo update 8/18

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