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# Butterfly Garden

Successful butterfly gardens require plants that produce food for the caterpillars (larvae), as well as those that produce nectar for butterflies. Here are a few of the many plants suitable for attracting butterflies and nourishing their larvae.

<u>Plant</u>	<u>Height</u>	<u>Width</u>	<u>Element</u>
Dill	3"-4'	2'	Food
Parsley	1'-2'	6"-10"	Food
Coneflower	2'-3'	1'-2'	Nectar
Bee Balm	2'-4'	1'	Nectar
Butterfly Weed	1'-3'	10"-12"	Nectar
Fennel	3'-4'	2'	Food
Red Valerian	4'	1'	Nectar
Foxglove	2'-4'	1'-2'	Food
Heliotrope	6"-12"	1'	Nectar
Nasturtium	1'	1'-2'	Nectar
Butterfly Bush	5'-8'	4'-5'	Nectar
Honeysuckle	10'-12'	5'-6'	Nectar (shrub form)

Massing plants of a single variety in clumps will attract more butterflies to your garden than planting only a few individuals of many species. Plan your species mix to stagger blooming times over a long season. Butterflies like to sun themselves, so place a few flat, dark stones in a protected area to enable them to sunbathe. Butterflies need water, so bury dishes, pails or pots into the earth, and fill them with water, topped with pebbles and sticks that will give the butterflies places to perch and rest.

For more information:

*Bird and Butterfly Gardens (For Your Garden)*, Warren Schultz, Michael Friedman/Fairfax Publishing, 1997  
*Butterfly Gardening: Creating a Butterfly Haven in Your Garden*, Thomas C. Emmel, Ph.D., Metro Books, 1997  
*Attracting Birds & Butterflies (Taylor's Weekend Gardening Guides, 3)*, Barbara Ellis, Houghton Mifflin Co., 1997  
*Butterfly Gardens : Luring Nature's Loveliest Pollinators to Your Yard (21st-Century Gardening Series, Handbook #143)*, Alcinda Lewis (Editor), Steve Buchanan (Illustrator), Janet Marinelli (Editor), Brooklyn Botanic Garden, 1995

A sample garden is shown on the reverse side of this sheet.

*Original fact sheet and drawing prepared by UNH Master Gardener Layne White, revised 9/00*

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