

Cooperative Extension



4-H Afterschool

WHAT IS 4-H AFTERSCHOOL?

For **YOUTH** in afterschool programs

- Fun exciting things to do with friends
- A special time for 4-H projects
- A chance to belong to 4-H

For **PARENTS**

- Opportunity for their child to belong to a positive youth development organization
- A variety of projects to be explored within a safe environment

For AFTERSCHOOL PROGRAMS

- Extensive resources to help train staff
- Positive youth development practices
- A broad selection of tested curriculum
- Affiliation with a county, state and national organization

For **COMMUNITIES**

- A partnership with UNH Cooperative Extension
- A customized program to fit the diverse interests and needs of youth

INTERESTED?

CONTACT the 4-H staff in your county to bring 4-H into your afterschool program.

Providing unbiased research-based information to the citizens of New Hampshire since 1914.

10 KEY ELEMENTS OF 4-H AFTERSCHOOL

- **1.** Youth are enrolled as 4-H members
- Youth recognize the 4-H clover, what it stands for; youth know and recite the 4-H Pledge:

I pledge my **HEAD** to clearer thinking, my **HEART** to greater loyalty, my **HANDS** to larger service, and my **HEALTH** to better living for

- 3. Youth know 4-H is connected to UNH
- **4.** Youth experience 6 or more hours of dedicated 4-H program time
- Youth make choices about their own 4-H projects and activities, and share leadership with program adults
- 6. Youth have a chance to see themselves as active participants in their own future
- 7. Afterschool program staff are trained as 4-H volunteer leaders; create a safe and inclusive environment; build positive relationships with every youth; and use sequential, experiential learning strategies
- 8. All youth and adults are included and accepted
- **9.** Youth and adults receive 4-H recognition and opportunities to share their successes
- **10.** Service to others is valued and practiced through planning, doing, and reflecting on community service learning projects

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