

4-H Member  
Main Street  
Anytown, NH 00000  
(603)000-1234

## **OBJECTIVE**

My objective is to practice the interview process before entering the workforce. I would also like to attend National 4-H Congress and National 4-H Conference to widen my 4-H horizons and to meet other 4-H members from around the country.

## **Primary Projects**

**Fashion Revue** – 2004-Present; Grafton County Fashion Revue, I made a garment which was judged at the county and I participated in the county Fashion Revue. The night of the show I helped organize the models before the show and narrated. I also participated in the State Activities Day Fashion Revue modeling my garment and a narrating a portion of the show.

- Life Skills – sewing offers lots of challenges and has helped me strengthen many skills. Through this project I have learned to read and follow directions, time management, money management and of course sewing skills.
- Leadership – during the Fashion Revue I helped organize the participants before the show. During club meetings I often help other members with sewing techniques I am good at. I also helped to teach modeling to the younger members.
- Career Skills – many of the skills listed above as life skills are just as important as career skills, an example would be time management, money management, and learning to read and follow directions. Also, communication is important during Fashion Revue because during the county judging we have to speak with the judges and explain how we did different techniques. I also narrated a section of the Fashion Revue.
- Community Service – after the county fashion revue, we always go to the county nursing home and present the fashion show for the residents.

**Country Kitchen** at Mytown Fair – 2004-Present; Work two shifts doing a variety of jobs like preparing food, taking orders and working with other members to put orders together for the customers.

- Life Skills – It is very important to communicate well when taking food orders and putting them together for the customer to make sure that they get all the parts of the order correctly. You have to pay attention to a everything that is going on around you to be sure that the customers get their orders correctly.
- Leadership Skills – In a place like the Country Kitchen it is important to work together to get the food orders ready, especially since it is a small room people have to work together so they don't bump into each other and drop things. Sometimes it is necessary to take

leadership, like when running the window you have to coordinate with the order taker and the chef.

- Career Skills – working in a restaurant is important because there are a lot of restaurant jobs, especially for younger people. Here I learned how to make change without a calculator, take orders and give them to the chef and coordinate with other team members to get the orders put together.
- Community Service – working in the Country Kitchen is a community service because it acts as a fundraiser for the county 4-H foundation and everyone who works there is a volunteer.

**Eastern States Exposition** 2005-2006 and 2008-2009; I participated in the fashion shows and helped to guide first year 4-H'ers.

- Life Skills - This event helped me gain the life skills of time management and money management. During the Big E when we are not doing our event we have free time to explore the fair. The important thing is to be back to the NE Center on time for our next fashion show. It is also important to manage my money while there because the Exposition can be very expensive and I know if I spend all of my money on the first day, I won't have any for the next day.
- Leadership Skills - In the dressing room it is important to work together to help each other change so people can get back out to go on stage again.
- Career Skills – There are a lot of things to do during Eastern States that are important career skills. Being on time and being ready for the Fashion Show is important. We are presenting ourselves to the public and representing 4-H so it is important to look good and act professionally.

**County Foundation Board Youth Member**, 2007-Present; I work with the 4-H Foundation Board in making important decisions about the NH 4-H program and fundraising activities.

- Life Skills – Being on a Foundation Board is an important role for many reasons. I have learned the way that meetings work which is an important skill I can use in the future. We have to work together to decide what is important in our program and how we can help support that.
- Career Skills – being on a fundraising board requires good communication skills. This is especially important because the board is made up of mostly adults and if I don't communicate well, they won't take me seriously. Many jobs require having meeting and working together, I am sure this skill will help me in the future.
- Community service – this is an important community service because without the board, the county wouldn't have any money to support a lot of the programs that happen.

## **Other Events and Interests**

### **4-H Events**

- 2006-2009; Farm & Forest Exposition; (Community Service); I had my dog in the kid's room and told people about the dog program.
- 2005-2009; County Spaces Day (Community Service & Leadership); I helped teach a workshop with my 4-H Leader.
- October 2008; Northeast Regional Volunteer Forum (Community Service); I performed in the talent show for the people attending the forum, and also helped run errands, and work at the registration desk during the four day conference.
- 2007-2009; Teen Conference, (Community Service); As a county delegation leader I help run errands, set up equipment and clean up after events
- 2009; Focus on Fashion (Citizenship); this experience taught me about many different careers and different ways of living, as well as learning about different places.
- 2007; Focus on Foods (Citizenship); I learned about the different careers in the food industry.
- 2006-2009; Town Community Gardens (Community Service); I help tend the garden in downtown with my 4-H Club.
- 2000-2004; County Activities Day (Communications); I did demonstrations about different subjects.
- 2007-2009; 4-H Day at the Fisher Cats Game (Communication & Leadership), I went to the game to support the 4-H program and went out on the field to warm up before the game.
- 2009; Teen Council (Leadership); I am working with the State 4-H Teen Council to coordinate the 2010 NH State 4-H Teen Conference.

### **Employment**

- America's Favorite Fast Food Restaurant, 2008-Present, (Life Skills); worked the counter taking orders and putting the orders together.

### **School Events**

- 2005-Present; Anytown School Chorus; (Leadership); Soprano section leader for the past two years. Responsible for helping other sopranos learn the music and helping the section function as a team.

### **Other**

- 2004-Present; New Hampshire Youth Chorus, I sing with the chorus at nursing homes and different venues around the state of NH.
- 2006-Present; Community Church Choir, I sing with the choir at church and concerts.
- 2009; Mytown Old Home Week - I taught the audience sing-along songs.