inside:

YOUR GUIDE TO PRACTICAL, RESEARCH-BASED INFORMATION AND OPPORTUNITIES THAT ASSIST NEW HAMPSHIRE’S INDIVIDUALS, FAMILIES, BUSINESSES, ORGANIZATIONS AND COMMUNITIES.
Helping you put knowledge and research to work in New Hampshire

UNH Cooperative Extension extends the University’s knowledge and research directly to people and communities throughout the state. Cooperative Extension has field offices and professional staff in all ten New Hampshire counties, backed by specialists on the UNH campus in Durham and an educational outreach center in Manchester. Extension Educators work with people at the local level to address needs and issues related to youth and families, community development, agricultural production and environmental stewardship, natural resources management and related industries.

Extension’s work is accomplished through the application of research-based information, the involvement of UNH faculty and students, and the use of other UNH resources. Cooperative Extension is known throughout the state and well-positioned to facilitate even greater access for New Hampshire residents to their Land, Sea and Space-Grant institution.

This directory of Cooperative Extension programs provides a brief description of current initiatives and the individuals to contact for more information. It can be accessed via our web page at extension.unh.edu. under "About Us." Besides serving the public through the use of distance education technology, Cooperative Extension links UNH faculty and staff to the full-range of expertise and resources available through the national Cooperative Extension System. Please contact us if you would like to learn more about UNH Cooperative Extension’s many programming efforts to assist individuals, families, businesses, organizations and communities.

Sincerely,

John E. Pike
Dean and Director,
UNH Cooperative Extension
UNH Cooperative Extension's Mission

UNH Cooperative Extension provides New Hampshire citizens with research-based education and information, enhancing their ability to make informed decisions that strengthen youth, families and communities, sustain natural resources and improve the economy.
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Strengthen New Hampshire Communities

UNH Cooperative Extension is uniquely positioned to help communities:

- Foster community-based approaches
- Plan for sustainability and balanced growth
- Facilitate leadership development
- Promote community decision-making and community dialogues
- Implement strategies to increase citizen involvement and leadership
- Develop and implement action plans to address priorities
- Engage in dialogue around public issues to enhance decision-making

UNH Cooperative Extension can support the thoughtful community-level planning needed to protect the rich natural environments vital to keeping New Hampshire’s identity intact, economy strong, and quality of life high.

COMMUNITY DECISION-MAKING

UNH Cooperative Extension seeks to build community networks, strengthen social structures, develop individual leadership skills, and promote public dialogue around a variety of topics, including recreation, tourism, economic development, downtown revitalization, land use, and natural resources. The goal is to engage a wide range of audiences, including youth, seniors, local leaders, concerned citizens, public officials, and grass-roots organizations, in assessing community needs and assets and developing a vision for their community’s future.

To learn more, contact:
Michele Craig, Training and Planning Coordinator, 862-5046 or email michele.gagne@unh.edu

ECONOMIC & TOURISM DEVELOPMENT

UNH Cooperative Extension works with community and regional organizations to build their capacity to identify economic needs, inventory assets, analyze regional trends and develop action plans to achieve a vital economy.

To learn more, contact:
Charlie French, Extension Associate Professor/Specialist, Community & Economic Development, 862-0316 or email charlie.french@unh.edu

COMMUNITY INVOLVEMENT

UNH Cooperative Extension can help community and organizational leaders get familiarized with a variety of tools that can be used to identify the community needs. Examples of needs assessment tools include surveys, focus groups, secondary data, forums, interviews, etc.

To learn more, contact:
Michele Craig, Training and Planning Coordinator, 862-5046 or email michele.gagne@unh.edu
Charlie French, Extension Associate Professor/Specialist, Community & Economic Development, 862-0316 or email charlie.french@unh.edu

LAND & WATER CONSERVATION

UNH Cooperative Extension provides guidance and education to New Hampshire communities and conservation groups with land and water conservation projects through its Land & Water Conservation Program (LWCP). A team of Extension educators provides direct assistance to selected projects at no cost to communities. A limited number of communities are assisted each year. LWCP staff coordinate New Hampshire’s Natural Resources Outreach Coalition (NROC). This multi-organizational initiative offers coordinated assistance to the 42 communities in New Hampshire’s coastal watershed wishing to protect their natural resources and manage the effects of growth. LWCP staff also coordinate the statewide Taking Action for Wildlife Community Assistance initiative, a collaboration with the NH Fish & Game Department.

To learn more, contact:
Amanda Stone, Extension Specialist, Land & Water Conservation, 862-1067 or email amanda.stone@unh.edu
Phil Auger, Extension Educator, Land & Water Conservation, 679-5616 or email phil.auger@unh.edu

PRESERVING RURAL CHARACTER THROUGH AGRICULTURE

This program is a cooperative effort between Extension and the NH Coalition for Sustaining Agriculture to assist communities in determining if they are agricultural-friendly. Each NH community receives a kit for local planners that provide a checklist and suggestions for developing agricultural-friendly land use controls.

To learn more, contact:
Nada Haddad, Extension Educator, Agricultural Resources, 679-5616 or email nada.haddad@unh.edu

COMMUNITY YOUTH DEVELOPMENT

Together with local youth, parents, community leaders and organizations, Extension helps foster environments that encourage engagement to create positive change and build communities that value and support youth. Community-based initiatives include coalition development, support and connection; community development related to critical youth and family issues; strategic planning and community youth profiles; building protective factors that support the positive development of youth; knowledge building in the areas of positive youth development; family involvement; community service learning and civic engagement; asset mapping; and quality out-of-school programs.

To learn more, contact:
Charlotte Cross, Extension Professor/Specialist, 4-H Youth Development, 862-2495 or email charlotte.cross@unh.edu
Paula Gregory, Extension Professor/Specialist, 4-H Youth Development, 862-2909 or email paula.gregory@unh.edu

URBAN AND COMMUNITY FORESTRY

Communities, people in inner-city neighborhoods, natural resource professionals, organizations, municipal officials and their workers are provided education, technical information, workshops and assistance on developing and implementing plans and projects to protect and enhance their community character and natural environment. The Natural Resources Stewards Volunteer Program expands Extension’s ability to reach into neighborhoods and communities around the state. This is a joint program with the NH Division of Forests and Lands and USDA Forest Service.
To learn more, contact:
Mary Tebo Davis, Hillsborough County Community Forestry Educator, Manchester, 629-9494, ext. 140 or email mary.tebo@unh.edu

ENERGY ANSWERS
A toll-free call-in center, operated from the UNH Cooperative Extension Education Center in Manchester provides practical information on energy conservation to NH residents. Energy Answers aims to empower decision-making by connecting callers with the best New Hampshire-specific information from experienced energy professionals throughout the state.

To learn more, contact:
Paul Bonaparte-Krogh, Extension Specialist, Volunteer Development & Management, 862-4544, or email paul.bk@unh.edu

VOLUNTEERS
Volunteers help develop and implement programs to meet the needs of New Hampshire residents and communities. Extension invests in volunteers by providing training and support. Volunteers in turn invest their time in service to others. Extension multiplies its educational efforts by using trained volunteers as educators, middle managers and as resource people.

To learn more, contact:
Paul Bonaparte-Krogh, Extension Specialist, Volunteer Development & Management, 862-4544, or email paul.bk@unh.edu

YOUTH
The 4-H Youth Development Program incorporates the valuable life skills of volunteering and responsible citizenship, while also teaching other life skills. Through a combination of one-time and ongoing projects, youth and adults work in partnership to provide service to their communities.

To learn more, contact:
Wendy Brock, Program Leader, 4-H Youth Development, 862-2187 or email wendy.brock@unh.edu

SUPPORT FOR MILITARY FAMILIES
In partnership with Army Child and Youth Services, USDA National 4-H Headquarters, the NH National Guard Family Services and several other state and local agencies, Extension provides leadership for Operation: Military Kids. This program provides a statewide network of support for the children of deployed service men and women in the state, including residential camps, a mobile technology lab and Speak Out for Military Kids retreats.

To learn more, contact:
Charlotte Cross, Extension Professor/Specialist, 4-H Youth Development, 862-2495, or email charlotte.cross@unh.edu

FAMILY RESOURCE MANAGEMENT
UNH Cooperative Extension is committed to helping youth and adults learn to better manage personal financial resources, decrease debt and increase savings to achieve financial security now and in later life by equipping individuals and families with knowledge and skills to make informed financial choices through publications, workshops, and distance education.

To learn more, contact: Charlene Baxter, Program Leader, Family and Consumer Resources, 862-2485 or email charlene.baxter@unh.edu

4-H YOUTH DEVELOPMENT
4-H Youth Development is the youth program of Cooperative Extension. It engages youth and adult volunteers, 4-H clubs, special interest groups and 4-H after school programs. 4-H Youth Development programs include Animal and Plant Science, Family and Consumer Science, Computer Science and Technology, Environmental Science, Leadership Development, and Career Exploration. Community youth development and life skill development are central to the mission.

To learn more, contact:
Wendy Brock, Program Leader, 4-H Youth Development, 862-2187 or email wendy.brock@unh.edu

NUTRITION EDUCATION AND FOOD SAFETY
Nutrition is an important component of overall health. Cooperative Extension works throughout the state to provide nutrition education and food resource management through direct teaching, newsletters, the media and collaboration with numerous local and state agencies. Extension also provides all sectors of the food system, from producers, processors and the food service industry to consumers, with education on food safety and sanitation. Food safety programs help participants keep food safe by assessing risk and using recommended food handling techniques to minimize the risk of food-borne illness.

To learn more, contact:
Catherine Violette, Extension Professor/Specialist, Food & Nutrition, 862-2496 or email catherine.violette@unh.edu

Debbie Luppold, Extension Professor/Specialist, Food & Nutrition, 796-2151 or email debbie.luppold@unh.edu

Colette Janson-Sand, Associate Professor/Extension Specialist, Food & Nutrition, 862-1723, or email chjs@cisunix.unh.edu

FAMILY LIFE AND PARENTING EDUCATION AND POLICY
New Hampshire families are facing unprecedented pressures and UNH Cooperative Extension works to strengthen New Hampshire families of all types. From helping parents
understand and deal with school bullying, to assisting child care
providers to better grasp the changing research on child
development, UNHCE provides educational opportunities for
parents, educators, and human service professionals. In addition,
our family life educators work with businesses across the state
to develop more family-friendly policies and help local and state
government agencies create better communities for family life.
UNH family life, parenting and family policy programs
contribute on every level to make New Hampshire a great place
to raise a family. In so doing, UNHCE provides evidence based
information that helps New Hampshire protect and enrich its
greatest natural resource - our children.

To learn more, contact:
Malcolm Smith, Extension Associate Professor/Specialist, Family
Life & Policy, 862-7008, or email malcolm.smith@unh.edu.

YOUTH OBESITY PREVENTION
UNH Cooperative Extension, with support from National 4-H
Council and the Walmart Foundation for Healthy Living, strives
to engage youth in learning about nutrition, physical fitness
and safety. A long-term goal for youth is active participation in
identifying gaps in local resources that foster health, and help to
create community action plans to address health conditions such
as childhood obesity.

To learn more, contact:
Paula Gregory, Extension Professor/Specialist, 4-H Youth
Development, 862-2909, or email paula.gregory@unh.edu

Sustain New Hampshire’s Natural Resources

New Hampshire’s natural resources make this state one of
the most beautiful and desirable in the country. Through
a diverse offering of workshops, publications and other
methods, UNH Cooperative Extension’s programs focus
on wise management and use of these natural resources.

COASTAL AND ESTUARINE POLLUTION CONTROL
Supported by UNH/NOAA Cooperative Institute for Coastal and
Estuarine Environmental Technology (CICEET), these programs
provide information on ways to reduce water pollution from
home and community landscapes.

To learn more, contact:
Julia Peterson, Extension Professor/Specialist, Water Resources,
749-1565, email julia.peterson@unh.edu

DISCOVERY CRUISES
These “hands-on” cruises aboard the UNH research vessel, Gulf
Challenger, offer participants the opportunity to learn about
on-going marine research and oceanographic concepts either in
Great Bay or at the Isles of Shoals.

To learn more, contact:
Julia Peterson, Extension Professor/Specialist, Water Resources,
749-1565, or email julia.peterson@unh.edu

FOREST INDUSTRY
Technical and educational information and assistance is
provided to NH's forest industry and to local and state-level
economic development practitioners about forest industries and
expansion opportunities. UNH Cooperative Extension
coordinates with UNH Thompson School of Applied Sciences
and NH Timberland Owners Association to implement the NH
Professional Logger Program.

To learn more, contact:
Sarah Smith, Extension Professor/Specialist, Forest Industry,
862-2647, or email sarah.smith@unh.edu

FOREST RESOURCES
Specialists and 10 County Extension Foresters provide forest
stewardship information and education for landowners, natural
resource professionals and communities through one-to-one site
visits, workshops, seminars, field sessions, web site and
publications. This is a joint program with the NH Division of
Forests and Lands.

To learn more, contact:
Karen Bennett, Extension Professor/Specialist, Forest Resources,
862-4861, or email karen.bennett@unh.edu

Kristina Ferrare, Forestry and Wildlife Outreach Assistant
862-3883, or email kristina.ferrare@unh.edu

GEOSPATIAL TECHNOLOGIES TRAINING CENTER
A diverse set of programs and courses for teachers, communities,
agency representatives, and the public are designed to increase
the understanding and use of mapping-related
technologies, including GPS, GIS and Google mapping.

To learn more, contact:
Shane Bradt, Extension Specialist, Geospatial Technologies,
862-4277, or email shane.bradt@unh.edu

LAKES LAY MONITORING PROGRAM (LLMP)
This is a volunteer water quality monitoring program consisting
of 500 volunteers who monitor 300 lake and pond sites, and 275
stream sites in 130 lake watersheds across the state.

To learn more, contact:
Jeffrey Schloss, Extension Professor/Specialist, Water Resources –
LLMP, 862-3848, or email jeff.schloss@unh.edu

MARINE DOCENT PROGRAM
Marine Docents receive extensive training in all aspects of
marine science and participate as volunteers in the delivery of
Sea Grant and Extension marine education programs to
students, teachers, and the general public throughout the state.

To learn more, contact:
Mark Wiley, Extension Associate Professor/Specialist, Marine
Education, 749-1565, or email mark.wiley@unh.edu

MARINE EDUCATION AND OUTREACH PROGRAMS
Sea Trek, marine education and outreach programs are offered by
UNH Marine Docents (volunteers) to schools, civic groups and
the public. These programs focus on marine science and coastal
issues. They include classroom activities, Discovery Cruises,
Floating Labs, and Days of the Coast. Tours of Jackson Estuarine
Laboratory are also offered.

To learn more, contact:
Mark Wiley, Extension Associate Professor/Specialist, Marine
Education, 749-1565, or email mark.wiley@unh.edu
WILDLIFE
Wildlife habitat education and outreach for landowners, natural resource professionals, and communities is provided through workshops, seminars, field sessions, publications and volunteers in the NH Coverts Program. This is a joint program with the New Hampshire Fish and Game Department.

To learn more, contact:
Matt Tarr, Extension Associate Professor/Specialist, Wildlife, 862-3594, or email matt.tarrl@unh.edu
Emma Carcagno, Wildlife Program Assistant, 862-2512, or email emma.carcagno@unh.edu
Malin Clyde, Coverts Project Coordinator, 862-2166, or email malin.clyde@unh.edu

FRUIT PRODUCTION AND MANAGEMENT
Educators and specialists assist growers of tree fruit and berries in achieving economic and environmental sustainability and in providing consumers locally grown, high quality and healthful fruit.

To learn more, contact:
Becky Sideman, Extension Associate Professor/Specialist, Sustainable Horticulture Production, 862-3203, or email becky.sideman@unh.edu

GREENHOUSE AND FLORICULTURE
Educators and specialists assist growers in the New Hampshire greenhouse and floriculture industry by providing educational programs, applied research and technical assistance.

To learn more, contact:
Brian Krug, Extension Assistant Professor/Specialist, Greenhouse & Floriculture, 862-0155, or email brian.krug@unh.edu

INTEGRATED PEST MANAGEMENT
Educators and specialists assist farmers to effectively handle pest problems while reducing the use of chemical pesticides, minimizing production costs, and maintaining crop quality and yield.

To learn more, contact:
Alan Eaton, Extension Professor/Specialist, Entomology, 862-1734, or email alan.eaton@unh.edu
Stanley Swier, Extension Professor/Specialist, Entomology, 862-1733, or email stanley.swier@unh.edu

LIVESTOCK PRODUCTION
UNH Cooperative Extension delivers research-based education and information to livestock producers through a team of Extension Educators.

To learn more, contact:
Lisa Townson, Interim Program Leader, Agricultural Resources, 862-1031, or email lisa.townson@unh.edu

NURSERY AND LANDSCAPE HORTICULTURE
Diverse programs in production, selection, installation and maintenance of landscape plants emphasize sustainable practices that enhance the human environment while providing ecological services such as water, soil, and air quality protection, climate moderation, and wildlife habitat.

To learn more, contact:
Catherine Neal, Extension Professor/Specialist, Nursery and Landscape Horticulture, 862-3208, or email cathy.neal@unh.edu

PESTICIDE EDUCATION
The pesticide applicator training program, conducted by Extension Educators and Specialists, is responsible for training and re-certification of all private and commercial pesticide applicators.

To learn more, contact:
Rachel Maccini, Education Center & Info Line Coordinator, 629-9494, or email rachel.maccini@unh.edu

Improve New Hampshire's Economy
The success of New Hampshire's farms, fisheries and forest-related businesses not only are vital to our economic well-being, but also to protecting our vast natural resources for generations to come. UNH Cooperative Extension is known as a trusted source of educational and research-based information, and our staff work to keep these natural resource-based businesses running.

BUSINESS MANAGEMENT/MARKETING
Educators and specialists provide assistance to agricultural and natural resource-based firms in economic analysis and budgeting, business and market planning, financial analysis and estate planning.

To learn more, contact:
Michael Sciabarrasi, Extension Professor/Specialist, Agricultural Business Management, 862-3234 or email mike.sciabarrasi@unh.edu

COMMERCIAL FISHERIES
Working in collaboration with NH Sea Grant, Extension staff works closely with New Hampshire’s commercial fishing industry to provide support and education on topics such as safety at sea, gear technology, local and direct marketing for seafood and marine aquaculture. In addition, UNH researchers and Extension faculty do collaborative research with commercial fishermen, mainly in the Gulf of Maine.

To learn more, contact:
Ken La Valley, Extension Assistant Professor/Specialist, Commercial Fisheries Technology Transfer, 862-4343, or email ken.lavalley@unh.edu
Erik Chapman, Extension Specialist, Fisheries & Aquaculture, 862-1935, or email erik.chapman@unh.edu

DAIRY MANAGEMENT
Programs provide production and research information to commercial and part-time dairy cattle and goat farmers.

To learn more, contact:
Peter Erickson, Associate Professor & Extension Specialist, Dairy Management & Nutritional Sciences, 862-1909, or email peter.erickson@unh.edu
Michal Lunak, Extension Assistant Professor/Specialist, Dairy, 787-6944, or email michal.lunak@unh.edu
PLANT HEALTH
Educational programs in plant health include plant pathogens, pests and disorders. The UNH Plant Diagnostic Laboratory provides diagnostic services for identification of plant health-related problems.

To learn more, contact:
Cheryl Smith, Extension Professor/Specialist, Plant Health, 862-3841, or email cheryl.smith@unh.edu

SUSTAINABLE AGRICULTURE
Educational programs in sustainable agriculture encourage an integrated system of plant and animal production practices which are environmentally sound, economically viable and socially acceptable with emphasis on recognition of agriculture as an important part of NH’s communities and economy.

To learn more, contact:
Becky Sideman, Extension Associate Professor/Specialist, Sustainable Horticulture Production, 862-3203, or email becky.sideman@unh.edu

TURF PRODUCTION AND MANAGEMENT
Educators provide assistance to turf grass producers and professional turf managers in best management practices for production and pest control.

To learn more, contact:
John Roberts, Extension Specialist, Turf Management, and Associate Professor, Biology, 862-3202, or email john.roberts@unh.edu
Stanley Swier, Extension Professor/Specialist, Entomology, 862-1733, or email stanley.swier@unh.edu

VEGETABLE CROP PRODUCTION
Educators provide assistance in intensive production, marketing and business management for growers of vegetable crops.

To learn more, contact:
Becky Sideman, Extension Associate Professor/Specialist, Sustainable Horticulture Production, 862-3203, or email becky.sideman@unh.edu

UNH Cooperative Extension Program Leaders

WENDY BROCK
4-H Youth Development
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862-2187

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lisa.townson@unh.edu
863-1031

DARREL COVELL
Forestry & Wildlife, Sea Grant & Water and Marine Resources
darrel.covell@unh.edu
862-3397

Other UNH Cooperative Extension Programs

UNH COOPERATIVE EXTENSION EDUCATION CENTER
The UNH Cooperative Extension Education Center & Info Line at 200 Bedford Street in Manchester provides practical solutions to everyday questions for the citizens of New Hampshire. It is staffed by professional and intensively trained volunteers who can answer questions about gardens, lawns and landscapes, energy conservation, household food safety and food preservation, water quality, integrated pest management, tree planting and care, backyard livestock and more.

We offer written information, programs or referrals on family finances, nutrition, parenting and child development, and 4-H Youth Development. Call our toll-free Info Line M-F from 9 am to 2 pm at 1-877-398-4769 to ask about other resources.

To learn more, contact:
Alice Mullen, Extension Educator, Family & Consumer Resources and Center Administrator, 629-9494, or email alice.mullen@unh.edu

Extension Specialists with UNH Dept. Affiliation

BIOLOGICAL SCIENCES
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Peter Erickson, Dairy, 862-1909, peter.erickson@unh.edu
Brian Krug, Greenhouse & Floriculture, 862-0155, brian.krug@unh.edu
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Catherine Neal, Nursery and Landscape Horticulture, 862-3208, cathy.neal@unh.edu
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Becky Sideman, Fruits & Vegetables and Sustainable Horticulture Production, 862-3203, becky.sideman@unh.edu
Cheryl Smith, Plant Health, 862-3841 cheryl.smith@unh.edu
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EDUCATION
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Paula Gregory, Communities & Youth At Risk, 862-2909, paula.gregory@unh.edu
Malcolm Smith, Family Life & Policy, 862-7008, malcolm.smith@unh.edu

MOLECULAR, CELLULAR & BIOMEDICAL SCIENCES
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Debbie Luppold, Food & Nutrition, 796-2151, debbie.luppold@unh.edu
Catherine Violette, Food & Nutrition, 862-2496, catherine.violette@unh.edu

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OTHER EXTENSION SPECIALISTS:
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Shane Bradt, Geospatial Technologies, 862-4277, shane.bradt@unh.edu
Erik Chapman, Fisheries & Aquaculture, 862-1935, erikchapman@unh.edu
Amanda Stone, Land & Water Conservation, 862-1067, amanda.stone@unh.edu

OTHER FIELD AND PROGRAM SITES:
UNH Cooperative Extension Education Center
200 Bedford Street
Manchester, NH 03101
(603) 629-9494
Toll-Free: 1-877-398-4769
email: answers@unh.edu

Sea Grant Extension
Kingman Farm, UNH
Durham, NH 03824
(603) 749-1565
email: seagrant@unh.edu

UNH Cooperative Extension County Offices

BELKNAP COUNTY
(603) 527-5475
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(603) 447-3834
email: ce.carroll@unh.edu

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(603) 641-6060
email: ce.hillsborough@unh.edu

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(603) 796-2151
email: ce.merrimack@unh.edu

ROCKINGHAM COUNTY
(603) 679-5616
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UNH COOPERATIVE EXTENSION OFFICE
OF THE DEAN AND DIRECTOR
59 College Road
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Durham, NH 03824-2621
(603) 862-1520

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