



Celebrating 50 Years of Support for New Hampshire's 4-H Youth and Volunteers

January 31, 1958 – At a meeting attended by Roland Young, Robert Talbot, Gladys Gould, Bryon Galloupe, Violet Chishom, Charles Buck, Winifred Talbot, Jesse James, Ruth Weston and Charles Proctor, a vote was taken to incorporate as the New Hampshire 4-H Foundation. They completed the incorporation process February 12, 1958, which allowed them to solicit and administer special funds for such uses as 4-H awards, trips and leader training.

At the 25-year mark, Chair Paul A. Perregaux said in the annual report, “1983 witnessed the conclusion of a major project undertaken by the foundation. That resource development project, which stretched over two years, was an effort to examine basic questions about the state foundation. Why does it exist? What needs can it realistically meet? How should it relate to county fund raising groups? How does it relate to the Cooperative Extension Service? How can it most effectively meet its goals? And finally, where is it going in the future?”

Diverting resources from immediate program needs to plan for the future is never easy. It is vital, however, if an organization is to survive and grow. We have emerged from this period of looking inward, better able to meet the many program enhancement challenges which face us.”

In December, 1999, the 4-H Foundation became part of the UNH Foundation, but maintained a board that directs fundraising and distribution of funds.

This brings us to 2008, with 50 years of support for the 4-H youth and volunteers in New Hampshire. The year started with a gift of \$57,000 from the NH Rural Rehabilitation Corporation to the 4-H Foundation of NH. Fifty thousand was used to build up unrestricted endowments, leaving the balance for current use.



Rick Barker, president of the NH Rural Rehabilitation Corp., presents the \$57,000 check to Tom Frangione, right, president of the 4-H Foundation of New Hampshire.

In a year when the economy is tight, this gift helped with the allocation of \$75,000 to 25 different programs. The foundation also established the William J. Cowie Fund to support youth of New Hampshire military families.

The 4-H Foundation continues to explore new funding sources, including grants to help expand a program focus to meet the new Science, Engineering and Technology Initiative. Thank you to the 4-H Foundation Board and its efforts to continue to engage youth and adults in their own learning and discovery while participating in a vibrant movement called 4-H Youth Development.

Sincerely,

Wendy L. Brock

About this Report...

This 2008 annual report highlights some of the many programs and projects the 4-H Foundation of New Hampshire funds on a yearly basis. Enjoy learning more about them.

Just the figures....

The yearly activities and events are important components of the 4-H Youth Development Program.

Listed below are participation figures from this past year for events supported by the 4-H Foundation.

National

- 4-H Conference – 3 youth
- 4-H Congress – 5 youth
- Dairy Conference – 1 youth
- Dairy Quiz Bowl – 4 youth
- Horse Roundup – 14 youth
- Dairy Judging – 4 youth

Regional

- ESE Animal Science – 107 youth
- ESE New England Center – 64 youth

State

- Activities Day – 163 youth
- Dairy Judging – 37 youth
- Dairy Show – 50 youth
- Dairy Quiz Bowl – 30 youth
- Hippology Contest – 20 youth
- Horse Judging Contest – 38 youth
- Horse Show – 108 youth
- Horse Quiz Bowl – 60 youth
- Teen Conference – 180 youth
- 4-H Camps – 815 youth, 875 camper weeks (this is summer of 07)

An additional 242 adult volunteers supported the above events.

4-H Foundation Board Members 2007-2008

Tom Frangione, Chair, Barnstead
David Bishop, Vice-Chair, Bedford
Jean Richardson, Secretary, Sandwich
Rolf Carlson, Amherst
Laurie Conrad, Candia
Mark Cook, Pepperell, MA
Phil Cournoyer, Jaffrey
Cacia King, Epping
John Porter, Boscawen
Carrie Putnam, Piermont
Chris Streeter, Hancock
Shirley Sullivan, New Boston
Steve Tullar, Walpole
Wendy Brock, Executive Director

4-H Equine Seminar, Not Just Another Horse Camp

Nine youth experienced a different kind of horse camp at UNH the week of July 6-11. UNH Cooperative Extension 4-H Camps offered Equine Seminar, an exciting alternative to traditional horse camp.

Equine Seminar, an addition to the Teen Adventure Series in 2008, was the first session offered on the UNH campus. The bulk of this camp was about the science of horses, learning about them and making deeper connections, as well as some riding. Extension 4-H Camp staff worked with the 4-H Youth Development Specialist, Trent Schriefer, as well as UNH faculty/staff Dr. Bill Berndston, Pam McPhee, Cindy Burke, Brenda Hess-McAskill and Sarah Hamilton to provide clinics on equine biomechanics, reproductive management, nutrition, stable management, therapeutic riding and equine assisted learning techniques.

Schriefer said “The time and knowledge that UNH equine faculty shared with our campers was phenomenal; what an opportunity for youth to have access to faculty and their expertise.” Field trips each afternoon included a trip to the Myhre Equine Clinic in Rochester, which provided an opportunity to observe state of the art equine medical technology, including computer assisted tomography (C.A.T. scan), ultrasound, nuclear medicine and digital radiography.

Participants also visited a variety of working horses in action at Tuckaway Farm in Lee, Bear Brook Stables, Allenstown, the Dover Mounted Police Unit and the Anheuser-Busch Clydesdales in Merrimack. Campers



were treated to a day at the Boston Museum of Fine Arts where they toured the museum using scavenger hunts to find and critique horse-related art and even had time to attend a Red Sox game in the evening.

Many activities also were offered and campers had access to many of the university’s recreational facilities during the week, including tennis courts, lacrosse field, track and swimming pool. If horses, friends and fun are your thing, then this was the summer camp for you. Thanks to the UNH Thompson School for use of its mini-bus.

In the above photo, UNH faculty member Dr. Bill Berndston is shown working with the Equine Camp participants Shelby Colby, Chelsea Shuey, Colleen Wallace, Teyle Tsopas and Grace Kilroy.

4-H Green Thumb Team and Elders on the Grow Gardening Efforts a Multi-generational Success

Two county-based programs of the NH Common Ground Garden Program, Elders on the Grow and the 4-H Green Thumb team, received support from the 4-H Foundation of New Hampshire for the past three years.

Under the guidance of 4-H Youth Development Educator, Julia Steed Mawson, the Elders on the Grow program served over 50 residents and 27 families with 47 youth through the efforts of a Master Gardener at the Hillsborough County Nursing Home, and a community volunteer at the Pine Street Community Garden. This year-round Horticulture Therapy Program becomes an intergenerational program in the summer. The Elders start plants for use by the 4-H Green Thumb team. Many of the flowers grown are brought back to the nursing home to be dried and used by the residents who make their crafts to be sold to support their project.

On site at Massabesic Audubon Center, the 4-H Green Thumb Team initiative for youth provided gardening and nutrition science activities to 455 inner city youth from the Greater Manchester Area over the past three summers. These youth gardeners came from agencies serving youth in the area, including the Manchester Housing Authority Southend Latchkey Program, the Salvation Army in Nashua and campers from Massabesic's own Camp Wildside.



The program, which focused on the development of permaculture-based gardens, provided weekly garden experiences on both garden construction and learning themes pertinent to gardening and nutrition. These sessions included Plan IT, Build IT!, designing and constructing gardens; Sun, Soil Water and Air, Many Seeds!, seeds and seed planting; Plant Power, Nutrition and You; Dirt Made My Lunch, soil and composting; Friends and Foes and Let's Celebrate!, fun games, activities and awards to celebrate the end of the nearly 1,000 hours of service to the Common Ground Garden Project.

Over the past three summers, over 1,660 pounds of vegetables were given to participant families and the NH Food Bank. The success of this program could only be possible through the help of G.E.M.S.: Gardeners, Educators, Mentors Serving youth. This group is made up of Master Gardeners, Audubon volunteers, and student interns who all receive training from UNH Cooperative Extension.

The best verification for the importance of the gardens comes from the children themselves and their families. Tori, age 10, and her sister Krista age 7, 4-H Green Thumb Team members from the Manchester Housing Authority, came to visit and show their grandmother the gardens after the program was over.

When asked what they liked about the garden program, Tori said, "The first day I came here, I liked helping to put the compost on them (gardens)." Her sister added, "I liked planting and digging in the dirt and the colors." Their grandmother had something to offer, too. She said, "They had a wonderful time here this summer. They told me all about it every day – and I have to say that I love the ideas here. What child wouldn't like the pizza garden. Children love pizza!"

In the above photo, Mary Carmody sets up a pot with Suzanna St. Charles at the Massabesic Audubon Center as part of the 4-H Green Thumb Team initiative.



Foundation Renames Golf Tournament to Honor Tom Fairchild

For the fifth annual 4-H Foundation Golf Tournament held in May, the board renamed the tournament in honor of long-time friend and supporter of 4-H, the late Tom Fairchild. Tom served on the board from 1996 to 2002. During his tenure, Tom led the board through the 4-H Centennial Campaign, celebrating 100 years of 4-H Youth Development programs nationally. This campaign met its goal of raising \$100,000. Those who knew Tom would describe him as a frustrated golfer, but he could appreciate others who enjoyed the sport.



At the tournament, Tom's wife, Joanne, shown in the photo at right, sent all the golfers off to have a day of fun to support the kids. One hundred thirty-three golfers played at Canterbury Woods golf course, enjoyed the Making the Turn Pudding Break, supported by Echo Farm Puddings, and topped the day off with a chicken barbeque and silent auction.

The tournament raised \$26,000. Thanks to all the golfers and sponsors who made it possible, and we hope you join us May 15, 2009 for another round of golf to support 4-H. We hope to sell out the course and secure sponsorship for all 18 tees at the Tom Fairchild, Friend of NH 4-H Golf Tournament.

Where Does 4-H Go to Reach New Hampshire's Youth?

Some 4-H'ers hope to become teachers, doctors or entrepreneurs, and some plan to stay home on the farm (and turn them into businesses of world-renown). But what all have come to realize is that 4-H, no matter where they find it, is truly what they make of it—how they interpret its capabilities to change a person for the better.

An after-school program director observed how three returning youth stepped up to take on Junior 4-H leadership roles and are “learning how to interact with the many personalities of the kids they are leading. You can see their families’ pride in their accomplishments.”

A key component that's helping is the partnership the 4-H Youth Development program is forging with after-school programs in all 10 counties. Major national studies have documented the needs of school-age children during out-of-school time, and the positive impacts of quality after-school programs. Increasing numbers of community and statewide resources (PlusTime NH, 21st Century Community Learning Centers) have sought 4-H support for training, curriculum and technical resources.

To support these efforts, the 4-H Foundation of NH funded development of teaching kits for every county in the areas of Micro Wave Cooking and Aerospace. Training was held for both 4-H club volunteers and after-school program staff. Each kit engaged the youth in over six hours of educational programming to increase their skills of discovery and science-based learning.



Volunteers are busy at an after-school training held at Pembroke Academy.

For information about the 4-H Foundation of New Hampshire, contact Wendy Brock, 4-H Youth Development Program Leader and Executive Director, 4-H Foundation of NH, Moiles House, 180 Main St., Durham, NH 03824 603-862-2187 or email: wendy.brock@unh.edu

UNH Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Dept. of Agriculture and NH counties cooperating. October, 2008

State 4-H Teen Conference Celebrates Its 30th Anniversary

In 1978, the 4-H Foundation of New Hampshire sent four teens and one 4-H agent to the National 4-H Conference in Washington, DC. The teens were Lindsey Rice from Rockingham County, Tracy Simoneau and Steve Smith from Belknap County, and Sherry Sousa from Hillsborough County. The 4-H agent chaperoning was Nancy Berry from Sullivan County, a current 4-H Youth Development Extension Educator.

The teens enjoyed the format of a national conference so much they decided New Hampshire needed a similar event where teens from around the state could get together and learn new things and socialize. With the support of Nancy Berry and Jim Morgan, also a 4-H agent at that time, they proposed the idea to then 4-H Youth Development Program Leader Rick Barker, who wholeheartedly endorsed the idea.

Following a year of planning, the teens proudly hosted the first teen conference at UNH, with about 100 youth from around the state. The first teen council was formed and since 1979, teens have enthusiastically planned their own teen 4-H conference, with adults as partners.

The 2008 “Tour of the Year” marked the 30th anniversary of the conference. It wouldn’t have been possible without the dreams of those four youth and annual financial support of the 4-H Foundation. This year’s conference hosted 180 teens and 24 adult chaperones.

Throughout the years, the State 4-H Teen Council has increased its membership with both youth and adult volunteer advisors. For the past two years, the State 4-H Council has received a Cumberland Farms Grant, money they used this year to hire buses to take them to the UNH 4-H Camp for service projects.



This year’s 4-H Teen Council members include front row, left to right, Robin Weeks, advisor, Devin Wilkie and Brandie Rice. Row 2, left to right, Will Collins, Catherine Dill, Advisor, Jennie Fogg, Cori Magnusson. Row 3, left to right, Michele King, Advisor, Brooke Mackillop, Grantham Raymond, Jolee Chase, Advisor. Row 4, left to right, Wendy Wegner, Page MacKillop. Back row, left to right, Allan Abendroth, Judy Cogger, Advisor, and Caleb Mason.

4-H Foundation Receives Grants in Support of Programs

Grants to the 4-H Foundation of New Hampshire from National 4-H Council help expanded 4-H program opportunities.

- Cumberland Farms, to support buses to transport state 4-H Teen Conference delegates to Bear Hill 4-H Camp for service projects, and
- Monsanto, to support statewide volunteer training and the upcoming Northeast Volunteer Forum.

Home Depot and Stonyfield Farms provided grants for Bear Hill 4-H Camp to support facility improvements, and an Ag Enhancement Grant from the New England Farm Credit System to support busing for tours at the upcoming Northeast Volunteer Forum.



Carlee and Vicki Amesbury and their grandmother are shown with a “thank you” sign to Cumberland Farms for its support.

Corine Miller Named 2008 National 4-H Hall of Fame Laureate

Every first Monday of the month, for the last 50 years, it's easy to find Corine Miller. A leader of the 80-member Victory Workers 4-H Club in Pittsfield, you can find Corine mentoring and motivating her community's youth. As a former 10 year 4-H member, she says to "Make the Best Better" has been the standard for her life, career and her work with the over 3,000 youth she has touched as a New Hampshire 4-H volunteer.

Corine truly exemplifies all the qualities of an outstanding, engaged 4-H volunteer connected at the local, county and state levels, and because of her dedication and service to 4-H, she was named as the 2008 National 4-H Hall of Fame Laureate.

Involved in many aspects of the club, from teaching heritage basket weaving, 4-H records, clothing and textiles, public speaking, and photography, to organizing community service projects, Corine also engages other volunteers to help provide the expertise in other areas that interest the youth. Under her leadership, annual fundraisers provide scholarships for about 60 members to attend UNH 4-H Camp.

Corine encourages her members and club volunteers to take on leadership roles and practice leadership and citizenship in their club, community and beyond. Her actions demonstrate youth and adult partnerships long before it became the popular way of doing business. By encouraging members to complete records and the 4-H Marketing You Program, to date at least 100 Victory Workers members have earned recognition by attending either the National 4-H Conference or National 4-H Congress.

At the county level, Corine has served as past treasurer and secretary of the Merrimack County Leaders Association and is a member of the County 4-H Advisory Council. At the state level, she has served on many 4-H curriculum committees in the areas of family and consumer science. She has worked to establish the Ruth Kimball Endowment of over \$80,000 for the 4-H Foundation of New Hampshire, and supports the statewide golf tournament. Corine brings the voice of youth and other volunteers to groups on which she serves.

As a lifelong resident of Pittsfield, she was named the 2006 "Citizen of the Year." She is involved in creative fundraising efforts for cancer research, the local food pantry, Circle of Home & Family, local non-profit community events and her local church. In town affairs, she has served on the budget committee, Community Profile process, helped to build a new community center, and volunteers at the local drop-in center for at-risk youth.

Corine says she has had the opportunity to see youth grow up into "good citizens." She added, "It's when they return to the 4-H program as a teacher or with their own children; that is when you know it made a difference." She also adds, "4-H keeps me very busy, it's almost everyday of my life! They say volunteers live longer...I think I'll live forever at this rate!"

Corine's mother, Ruth Kimball was inducted into the first class of the National 4-H Hall of Laureates in 2002.



Corine Miller, the 2008 National 4-H Hall of Fame Laureate from New Hampshire, is shown with her mother, Ruth Kimball, inducted into the first class of the National 4-H Hall of Laureates in 2002.