



## Looking to the Future, Honoring Our Past

When you look at the history of 4-H, you remember how canning and corn clubs started. The focus at that time was to learn better practices based on scientific discoveries at Land Grant universities.



Carrie Lougee, a volunteer 4-H Leader from Merrimack County, and Caleb Drury, a 4-H member from Hillsborough County, are shown experimenting with “Balls and Tracks” at the SET forum.

Over 200 years later, the 4-H Youth Development program is rediscovering the science in its traditional 4-H programs, while exploring new venues of science.

The 4-H Science, Engineering and Technology (SET) Program must be part of the long-term solution of improving science literacy and aptitude of America’s youth. Nationally, 4-H will address our nation’s critical challenge by preparing one million new young people to excel in science, engineering, and technology by 2013.

4-H can focus a variety of resources and expertise to strengthen young people’s discovery and exploration of science. We believe fostering passion in science today will shape education and career decisions for tomorrow. Hands-on learning and the sense of discovery isn’t new to 4-H, it is our motto.

Through grant dollars, UNH Cooperative Extension’s 4-H Youth Development program supports the goal of developing new scientists with 4-H’ers involved in “Design It, Explore It,” digital photography, robotics, horticulture, GPS, aerospace, wind power, electricity and more science-related projects. Through the Operation Military Kids Program, youth use the mobile technology lab to enhance their communication skills through all forms of technology, helping them maintain contact with a deployed family member.

This past July, Extension’s 4-H Youth Development Program kicked off the formal efforts of SET when New Hampshire hosted the Northeast Youth and Adult Forum on Science, Engineering and Technology.

Fifty youth and adults from six states visited researchers on the UNH campus, participated in hands-on workshops and practiced their new teaching skills during the three-day event. Volunteer training and project meetings will help increase the skills and understanding of the scientific process and discovery.

The 4-H Foundation will search for new funding sources to support program expansion in the SET area as well as funds to support volunteers and youth increase their knowledge and comfort level of working in SET areas.

Thank you to all the 4-H Foundation of New Hampshire board members, donors and UNH Cooperative Extension staff who help the New Hampshire 4-H Youth Development program “To Make the Best Better.”

*This 2009 annual report highlights some of the many programs and projects the 4-H Foundation of New Hampshire funds on a yearly basis. Enjoy learning more about them.*

*Wendy L. Brock*

## Just the figures....

The yearly activities and events are important components of the 4-H Youth Development Program. Listed below are participation figures from this past year for 4-H Foundation-supported events.

### National

4-H Conference – 3 youth  
4-H Congress – 5 youth  
Dairy Conference – 3 youth  
Dairy Quiz Bowl – 4 youth  
Horse Roundup – 14 youth  
Dairy Judging – 4 youth

### Regional

ESE Animal Science – 105 youth  
ESE New England Center – 51 youth  
Volunteer Leader Forum - 115 NH volunteers

### State

Activities Day – 163 youth  
Dairy Judging – 35 youth  
Dairy Show – 83 youth  
Dairy Quiz Bowl – 30 youth  
Hippology Contest – 37 youth  
Horse Judging Contest – 27 youth  
Horse Show – 99 youth  
Horse Quiz Bowl – 75 youth  
Teen Conference – 173 youth  
4-H Camps – 719 youth, 811 camper weeks (summer of 2008)

An additional 250 adult volunteers supported the above events.

## 4-H Foundation Board Members 2008-2009

David Bishop, Chair, Bedford  
Jean Richardson, Vice Chair, Sandwich  
Laurie Conrad, Secretary, Candia  
Jeff Brodeur, Goffstown  
Rolf Carlson, Amherst  
Mark Cook, Pepperell, MA  
Phil Cournoyer, Jaffrey  
Cacia King, Epping  
John Porter, Boscawen  
Carrie Putnam, Piermont  
Barry Rock, Durham  
Chris Streeter, Hancock  
Shirley Sullivan, New Boston  
Wendy Brock, Executive Director

## 4-H'ers Explore the World of Interior Design

Thirty-seven 4-H teens and adult leaders/volunteers explored the world of interior design during the career awareness trip, **Focus on Home, Hotel and Interior Design Careers**. This trip featured careers and businesses in New Hampshire. The group participated in the following:

**Details - a Window Fashion Company** - The group met Karen Tippitt, owner and designer, and her staff. They taught youth about starting and

running a business devoted to window treatments. Karen provided a tour of her design studio and talked about how to become an entrepreneur.



*Beth Simon, right, discusses an artisan's display at the League of New Hampshire store in downtown Littleton.*

furniture to fit lifestyles and pocketbooks. They provided a tour of their showroom, talked about the use of color and making the most of the space you have available.

**Garnett Hill** - From design conception to marketing, participants toured this state-of-the-art catalog sales company. They visited marketing, public relations, sales, retail, design and more.

**Inn Seasons Resort** - Evaline Foley Beck, resort designer, talked about her role in designing the company's resort properties. She and her staff provided an informal lecture and a tour of their facilities.

Participants noted: *"The trip was a great learning experience even though I do not plan to become employed in home or interior design. It reinforced the importance of further educating myself. Another important lesson I learned was to develop communication and math skills."*

*"Go to college! I decided that there are a lot of paths to get the job you want."*

*"4-H should continue to have trips like this so the people who are undecided can learn and experience the career field at minimum cost."*



## Northeast Forum Proves Successful

In October 2008, the long-awaited Northeast Regional Leader Forum took place at the Radisson Hotel in Manchester. The conference was a culmination of over two years work combining the efforts of New Hampshire 4-H Youth Development volunteers and staff.

The committee of 30 volunteers worked tirelessly, from planning and fundraising, to promotion and management, resulting in a successful forum. It also succeeded because of the financial support from the 4-H Foundation of New Hampshire and support and encouragement of the UNH Cooperative Extension staff.

The opening ceremony included a performance of New Hampshire 4-H members who showcased their talents. The varied acts included dance and comedy, as well as vocal and instrumental performances.



*Shown photo: New Hampshire Volunteer Leader Forum planning committee.*

The conference tours put the spotlight on different parts of our state. The Ag Tour brought participants to the Seacoast where they experienced different aspects of agricultural entrepreneurship.

Another tour group had the opportunity to appreciate the beauty of our White Mountains. Other tours included horseback

riding, a visit to Strawberry Banke Museum, American Stonehenge in Salem, and the Anheuser-Busch Brewery in Merrimack. These tours were made possible by a grant received by the 4-H Foundation from Farm Credit Ag Enhancement Grant Program.

The 72 workshops offered included topics like Robotics, Cheese Making, Aerospace, Diversity, Engineering, Storytelling, a variety of Arts and Crafts, Animal Science, Sewing, and other youth development topics. Workshop presenters included 4-H volunteers, Extension staff, and UNH faculty members.

The feedback from the workshop participants was positive. Many felt they gained numerous ideas to bring back to their clubs on the important work of volunteering and improving the lives of our youth.

The forum showcased the partnership of UNH Cooperative Extension and the volunteers who are the lifeblood of our organization. The conference served well to fulfill our outreach mission, not only to our New Hampshire volunteers, but those of the 13 states that comprise the Northeast region.

## Putting Fun in Fundraising

The 4-H Foundation of New Hampshire continues to explore creative ways to raise money beyond the normal solicitation to support new activities to help meet the current 4-H Youth Development needs throughout the state.

Board members continue to scoop ice cream at the annual Farm and Forest Expo and are thankful for the support provided



*Shown above is Jean Richardson, right, vice chair of the 4-H Foundation of New Hampshire board of directors, selling ice cream with Holly McKinney, center, to a visitor at the 2009 Farm and Forest Expo.*

by Blake's Ice Cream of Manchester to make this event a success.

The Tom Fairchild Friend of 4-H Golf Tournament moved to Candia Woods Country Club this year. Friends enjoyed golf, the silent auction and of course our signature "Pudding Break" sponsored by Echo Farm Puddings. A live auction brought some animated bidding on a special Vermont Teddy Bear and a year's membership to Candia Woods.

4-H Day at the Fisher Cats baseball game provided fun for 4-H'ers and the board. The King Sisters sang the National Anthem and a 4-H'er threw out the first ball. Board members worked hard in the concession stand. Thanks to the Marshall Fund for helping provide a bus to bring a cheering crowd from Coos County.

New Hampshire's 4-H'ers also had fun at three different Red Sox games. Please join us at all these and future events that help us support 4-H Youth Development programming in New Hampshire.



## **Ruth Kimball Endowment: Legacy of a Great Lady**

Affectionately known as “Gram” to both adults and children, Ruth Kimball had a deep commitment to 4-H, exemplified in her motto, “I’ll be glad to.”

Ruth started the Victory Workers 4-H Club in Pittsfield in 1942 and had recently celebrated her 67th year as organizational leader before she died in January of this year. In September 2008, a ceremony at Hopkinton Fair renamed a building the Ruth H. Kimball 4-H Exhibit Hall to recognize her longtime support of the fair.

The establishment in 1990 of the Ruth Kimball Endowment Fund of the 4-H Foundation of NH created a lasting legacy to Ruth’s dedication to the 4-H Program. Gifts continue to support this endowment, honoring her



*Shown in the above photo is Ruth Kimball with members of the Victory Workers 4-H club of Pittsfield, a 4-H club that began in 1942.*

memory so future generations of 4-H’ers and volunteers will be able to take part in all the various 4-H events and activities. The 4-H Foundation honored Ruth at last year’s annual meeting with the Friend of 4-H Award. Ruth will be missed but the values she instilled in several generations of 4-H families will last for many generations to come.

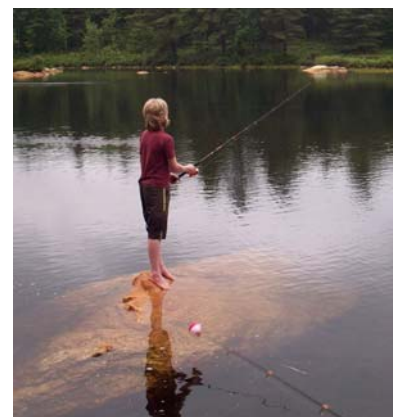
## **4-H Camp at Barry Conservation Fills to Capacity!**

We often worry about the lack of time children spend outdoors. Yet each week of July, 35-40 young people experienced the best of New Hampshire’s north country at Barry Conservation Camp in Berlin. Experienced staff and volunteers taught youth to fish, hunt, live in harmony with the environment (and each other!)...living life the 4-H way!

Programs offered in partnership with NH Fish and Game were “Aquatic Adventures!” and “Hunter Education and Certification.” Additional sessions included “Walk on the Wild Side” and “Shooting Sports Sampler.” Campers traveled from across the state to attend, enjoying the opportunity to make new friends and connect with old ones.

Coos County Extension Educator Larry Barker supervised Barry Conservation Camp this year, working with the onsite Director Jamie Welch, a science teacher at Berlin Junior High School. Campers ranged in age from 10 to 16 years of age.

It is a true testament to the partnership between UNH Cooperative Extension’s 4-H Camp and county, local and private sponsors that 60 percent of this year’s campers received assistance to attend one week of camp. The hard work and commitment of sponsors provide many youth an opportunity they may not have otherwise had to attend camp.



**For information about the 4-H Foundation of New Hampshire,  
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