

This 2010 Annual Report *highlights* some of the many programs and projects the 4-H Foundation of New Hampshire funds on a yearly basis. Enjoy learning more about them.



State 4-H Teen Conference drew over 200 youth from across New Hampshire to the UNH campus, and with support from Stonyfield Yogurt, the fruit smoothies were the hit at the carnival.



Laurie Conrad, Foundation board secretary, practiced her putting prior to the Tom Fairchild Friend of 4-H Golf Tournament last May.

Board, Donors Engage in Expanding Program Opportunities

New Hampshire's 4-H Youth Development program demonstrated its diversity and resiliency this past year. With each new project, 4-H Foundation of New Hampshire board members stepped up to the plate with ideas of new businesses or individuals to help support particular projects. Made in New Hampshire served as the theme to support Foundation events and activities.

The event approach to fundraising was made possible because of the many businesses that support the 4-H Foundation of New Hampshire. Blake's Creamery provides a variety of New Hampshire-made ice cream flavors to support our efforts at the Farm and Forest Exposition held in February.

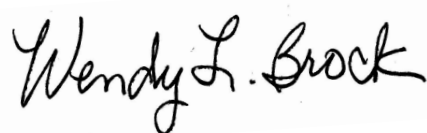
The "Pudding Break" has become a trademark of the Tom Fairchild Friend of 4-H Golf Tournament, thanks to the support of Echo Farm Puddings. State 4-H Teen Conference drew over 200 youth from across New Hampshire to the UNH campus, and with support from Stonyfield Yogurt, the fruit smoothies were the hit at the carnival – nutritious plus yummy!

We do more than eat in 4-H. Recognition of our volunteers receives the support of Hancock Glass, Peterboro Baskets and Great Bay Pottery.

The majority of our donations, however, come from individuals whose lives have been touched by the 4-H Youth Development program or currently have children in the program. Many of the individual 4-H clubs give to the foundation. This year several of the community-based Cumberland Farm Grants and community service activities organized by clubs and afterschool groups have supported the Operation Military Kids program. These efforts help to build a support network around military families, especially those with deployed family members.

Through your donations, the 4-H Foundation of NH will continue to support many of the strong traditional 4-H youth development programs, but will also look to new funding opportunities that meet the current needs of those youth and adults involved in UNH Cooperative Extension's 4-H Youth Development Program.

Sincerely,




Cacia King and John Porter, both 4-H Foundation of New Hampshire board members, helped scoop ice cream during the foundation's annual ice cream fundraiser at February's Farm and Forest Expo, held at the Center of New Hampshire in Manchester.

Just the figures...

The yearly activities and events are important components of the 4-H Youth Development Program. Listed below are participation figures from this past year for 4-H Foundation-supported events.

National

4-H Conference - 3 youth
4-H Congress - 5 youth
Dairy Conference- 3 youth
Dairy Quiz Bowl - 4 youth
Horse Roundup - 15 youth

Regional

ESE Animal Science- 123 youth
ESE New England Center - 51 youth

State

Activities Day - 188 youth
Dairy Judging - 19 youth
Dairy Show - 101 youth
Dairy Quiz Bowl - 45 youth
Hippology Contest - 37 youth
Horse Judging Contest - 30 youth
Horse Show - 111 youth
Horse Quiz Bowl - 57 youth
Teen Conference - 213 youth
4-H Camps Barry Conservation Camp - 147 campers (summer of 09)

An additional 250 adult volunteers supported the above events.

4-H Foundation

Board Members 2009-2010

David Bishop, Chair, Bedford
Jean Richardson, Vice Chair,
N. Sandwich
Laurie Conrad, Secretary, Candia
Tiffany Briggs, Sullivan
Jeff Brodeur, Goffstown
Rolf Carlson, Amherst
Mark Cook, Pepperell, MA
Phil Cournoyer, Jaffrey
Ed Deshaies, Webster
Cacia King, Epping
John Porter, Boscawen
Carrie Putnam, Piermont
Shirley Sullivan, New Boston
Wendy Brock, Executive Director

It's "All about the Dogs" 4-H Weekend

The "All about the Dogs" 4-H clinic provides an opportunity to participate in fun, learning programs and activities for those involved or interested in the 4-H Dog program.

The weekend event is organized by the Rolling Bones 4-H Club. The clinic gives 4-H'ers a wealth of information about the 4-H dog program while making it fun. Participants have opportunities to learn new things, meet new friends, visit old friends, get ready for the upcoming show season, and explore things they might not see and experience through their local 4-H group. It doesn't matter if you are a first-year participant or an experienced 4-H'er, there is something new for you.

In 2010, participants traveled to the event from five New England states. Overall, there were 51 participants and over 25 volunteers, not including parents, who helped with this program. A good portion of these volunteers were 4-H alumni. All seminars, lessons and activities were run by volunteers.

The seminars included Fitting and Showmanship, Obedience, Dog Massage, Pet Tricks, Herding Demonstration, Careers with Canines Presentation, Dog Knowledge, Dog Agility, fly ball and more. The weekend rounded out with activities such as treasure hunts, Barks and Crafts, Flashlight Tag, dog games and fun themed lunches and dinners!

The weekend event was held at the 4-H Youth Center in New Boston. Support from the 4-H Foundation helped keep the costs reasonable for all to attend. Check out the www.allaboutthedogsweekend.com for more information and photos.



Haley Cederholm from Lee Hill Four Paws 4-H club is shown working with her dog, Annie, during the event.



Ed Deshaies, a 4-H Foundation of New Hampshire board member, watches as golfers hit the links at the annual Tom Fairchild Friend of 4-H Golf Tournament, held in May.



For information about the 4-H Foundation of New Hampshire, contact Wendy Brock, 4-H Development Program Leader and Executive Director, 4-H Foundation of NH, Taylor Hall, 59 College Road, Durham, NH 03824 603-862-2187 or email: wendy.brock@unh.edu

Operation Military Kids Provides Hero Packs

UNH Cooperative Extension 4-H Youth Development has directed the Operation: Military Kids program in New Hampshire since 2005, in partnership with the various branches of the U.S. military and numerous state and local organizations.

Due to the generosity of individuals and groups in the Granite State wishing to support children in military families, the 4-H Foundation of NH's William J. Cowie fund was established in 2008. Several counties throughout the state also received Cumberland Farm grants to help raise awareness of the Hero Pack project.

In 2010, youth in New Hampshire military families are experiencing the largest single unit deployment since WWII, so the generous outpouring of support OMK has experienced has been most appreciated.

Financial contributions have been used for camp t-shirts, program enhancement and Hero Pack supplies. Hero Packs are backpacks filled with fun and useful items for military kids and are presented at deployment ceremonies. They are a great way to show military kids a tangible expression of appreciation, while building community awareness and fostering support. 4-H clubs, community groups, schools, businesses and organizations across the state have donated thousands of items for the packs.

Delegates at the 2010 4-H Teen Conference wrote over 1,000 letters to be put in hero packs and sent to those military family members deployed. We thank the many contributors who have enhanced the OMK efforts.



Teens participating in the annual State Teen Conference on the UNH campus wrote hundreds of "thank you" notes to those New Hampshire military personnel who are deployed.



How Two Spring Chicks Youth Venture Began

By Sarah Koski & Jane Koski
twospringchicks.blogspot.com

New Hampshire Youth Ventures and the 4-H Foundation of New Hampshire joined forces to help young entrepreneurs get started in the business world. The one requirement was that their project must have an educational or service component to it.

A youth venture project process begins with an idea which develops into a business plan. That plan is then presented to a selection panel with the hope it is funded.

My sister and I started Two Spring Chicks in February, 2010. Our business idea was to start an embryology program. We would supply local schools and families with everything they need to hatch chicks and if they choose, help them raise the chickens and start their own flock.

This year we supported three embryology projects. The embryology program is supported year-round through egg sales. We sell about four dozen eggs a week, which covers our feed bills. By providing members of our community with locally-produced eggs, we are creating a "greener" egg and our customers are pleased to know the hens have led happy chicken lives, and aren't "cooped" up their whole lives. Plus, the recent news about infected eggs has helped bring in a few new customers.

As we near the end of our first year, the third part of our plan is in action. We took the chicks returned from a hatch in an Amherst school and raised them all summer. This fall, six roosters will be professionally processed and the meat donated to the Hillsborough County 4-H Food drive.

The hens have started to lay eggs and are now integrated into our flock. Next spring, the cycle begins again, only we hope to serve more people, providing educational opportunities and a source of fresh, wholesome food. The blog we started has attracted a few followers and has been a nice way to keep in touch with customers.

4-H Agricultural Career Trip A Success

A group of 27 youth from Vermont, New Hampshire, Maine and Massachusetts took part in the 2010 4-H Agricultural Career Trip. The trip through the Finger Lakes region of New York was supported by a New England Agriculture enhancement grant from the Farm Credit System and Stonyfield Profit for the Planet grant.

Participants discovered they can make a living in agriculture as a large or small scale producer, but you need to have an education, be willing to work hard, and not be afraid to do more than one thing - you need to be creative.

Eyes were as big as saucers as the teens saw the size of the farm equipment at the Empire State Days in Seneca Falls, NY. A number of participants spent over an hour watching the demonstrations on how the equipment works in the fields, talked to the dealers and even got to sit on some of the machines.

The visit to the Organic Grain Mill was an eye opener to a number of teens, who discovered just how big an organic business can become with effort and planning. After the group toured the mill, the group went to the family farm and met the daughter of the owners. She is 15 and a 4-H and Future Farmers of America member. She talked about her 4-H project, raising veal calves and finding buyers in New York City to buy the organic meat for over \$6 a pound.

During the trip, participants developed an agricultural business plan they had or wanted to start and how to go about funding it. Two representatives from Farm Credit East, Brianna Beebe and Samantha Stoddard, helped review the plans. Teens worked together to develop a plan, some were very creative - we had a farmers market, a show trimming business, beef farm, vegetable farming and a tractor company, as examples. Teens worked together to develop a plan, including a farmers market, beef farm and tractor company.



Chaperones Samantha Stoddard (left) and Brianna Bebee (right) from Farm Credit East, along with trip participant Hannah Andritsakis (center), act as bank loan officers as they hear business proposals crafted by participants during an evening workshop.

At the close of the trip, one of the volunteers commented:

"I thoroughly enjoyed the trip and felt that it exposed the group to a variety of agricultural

enterprises; the support we had along the way from the teachers, farm staff and college personnel was fantastic."



Dave Bishop, right, chair of the 4-H Foundation of New Hampshire, is shown with Hillsborough Extension Educator Dan Reidy, who served as auctioneer at Bear Hill 4-H Camp.

Bear Hill 4-H Camp Permanently Remembered

Saturday, Sept. 11, marked the end of an era at the Bear Hill 4-H Camp facility at Bear Brook State Park in Allenstown. The flags flew proudly at the center of camp while 4-H Foundation of NH Board Chair David Bishop acknowledged the importance of the day.

Dan Reidy, Hillsborough County Extension educator, served as the auctioneer who created a spirit of fellowship and friendly competition between bidders as items from the camp were auctioned off to help raise money to support future scholarships for youth to attend Barry Conservation Camp.

Following the auction and tag sale that drew over 150 people, a ceremony marking the closure of 4-H camp at Bear Hill took place, with the final lowering of the American and 4-H flags. Brief comments were made by former camp staff Jillian Schenck and Kathy Butcher, bringing closure for many who have been involved in the camp during its 74-year history.

Jim Grady, associate director of UNH Cooperative Extension and former Bear Hill 4-H Camp staff, and Letty Barton, a former camper and camp staff member, presented Benjamin Wilson of the Historical Sites Division of DRED the wooden emblem that always hung on the fireplace in the dining hall. The Beth Bourne dining hall dedication plaque also was presented and will be permanently displayed in the newly-developing Civil Conservation Corps (CCC) Museum in Bear Brook State Park.

Benjamin Wilson noted that the new museum will "respectfully honor" the long-term relationship of 4-H camping at the facilities built by the CCC.