



4-H DEMONSTRATION SUGGESTIONS

These are a few demonstrations which might be put on by 4-H members. Other ideas are acceptable as demonstrations. Check carefully to make sure it isn't an illustrated lecture.

HOME ECONOMICS

Clothing

Using a needle and thimble	Following a pattern
Sewing on snaps, hooks or eyes, buttons	Straightening material
Darning socks or stockings	Cut and joining bias
Making a good worked or bound buttonhole	Making and using a gauge
Making a hemmed or machine stitched patch	Hanging a skirt
Laundering a garment	Turning a hem
Removing stains from garments	Setting in sleeves
Care of the hands, hair, or skin	Choosing accessories
How to select a garment that is a good buy	Different colors on you
Use of cosmetics	Making a simple placket
Making a pressing aide, as a ham or pounding block	How to gather
How to iron a garment	Washing and blocking a sweater

Food Preparation

Preparing a food dish (salad, muffins, bread, eggs, beverages, dessert, meat, or other)	
Prepare a snack	An attractive snack tray
Packing a lunch box	Making bread or rolls
Milk drinks and other beverages	Ready mixes vs. homemade foods
Preparing raw vegetables or fruits	Variations of a basic recipe
Serving at the table	Party foods
Table setting and centerpieces	

Food Preservation

Using a pressure cooker	Care of the freezer
Preparing jars for canning	Wrapping or packaging food for the freezer
Canning vegetables or fruit	Freezing cooked and uncooked food
Preparing products for freezing	

Home Managers

Organizing a dish cupboard using step shelves
How to wash dishes
Good cleaning methods

Making silver polish
Making a bed
Dusting with two hands

Child Care and Babysitting

How to make a child's toy or scrapbook
Feeding a young child
Bathing a baby

Dressing a child
Preparing a child's simple meal

Color

Making a color notebook and applying it to a Room, Clothes, Arts and Crafts, or Food, such as Room Color Scheme, Choice Accessories for Basic Dress.

Serving an attractive meal or party.

Better Rooms

How to paint or paper a room
How to combine colors
Making drapery or curtains
Making a desk or vanity table from orange crates, old table, shelf
Making bookcase
Organizing storage in closet, shelves, or drawers
Refinishing furniture

Caning a chair
Making a lamp shade
Braiding a rug
Remove scratches and stains on furniture
Improving lighting arrangement
Make a waste basket

Arts and Crafts

How to make any simple craft article
How to knit or crochet

Poster making

Bachelor's Clothing

How to use and care for a sewing machine
How to hang clothes correctly
How to prepare clothes for laundry

How to care for shoes
Good grooming for boys
Making simple repairs

Chef's Project

How to measure
How to set a table correctly

How to prepare any breakfast food in a project

Outdoor Cookery

Building a campfire
Ways to extinguish a fire

Cooking over an open fire

Health

How to achieve good posture
Good grooming practices

Home nursing techniques

AGRICULTURE AND GENERAL

Citizenship

How to display American flag

Dairy

Make a rope halter
Make a show box
Clean milk utensils
How to distinguish milk flavors

Make a calf blanket
Tattoo dairy calf
Test milk for butterfat

Dog Husbandry

How to Groom

Obedience work

Electricity

How to read a meter
Replace lamp cord

Make a trouble light
Clean and oil electric motor

Entomology

How to mount insects
Control of insects: home, garden

How to preserve insects

Forestry

Mount leaf collection
Mount wood collection
Mount twig collection
How to tap a tree

How to shape a Christmas tree
How to plant a tree
How to prune a tree

Gardening

How to clean, sharpen garden tools
How to transplant seedlings
How to test seeds for germination

Effect of fertilizers on plants
How to make a compost pile

Horsemanship

How to clean tack
How to mount

How to groom a horse

Livestock

Construct hay rack, grain feeder, salt box, brooder, blocking stand, self-feeder
How to cut up lamb, beef, port
How to handle rabbits properly

Construct rabbit hutch

Mechanics

Auto Maintenance
Sharpen rotary lawn mower

Bicycle lubrication

Photography

How to develop, print photos
Loading a camera

Proper lighting
Uploading a camera

Plan and Plant for Beauty

Reseed a lawn (model)
Start shrubs from cuttings
Feeding house plants

Weed control
Repot a house plant

Poultry

Grading eggs
Make poultry feeder or waterer
How to cut up chicken for a barbeque

How to open grain bag
How to eviscerate a bird

Safety

Construct safe medicine cabinet
First Air - artificial respiration
How to use fire extinguisher
Construct a litter bag

Construct knife rack
How to flame-proof draperies
How to apply reflector tape
How to properly handle a gun

Shop and Handyman

Make a bread board, bench hook, letter rack and others
How to sharpen tools
How to paint, varnish

How to use tools
How to sand wood

Soil, Water and Wildlife Conservation

Show erosion control measures
Bird feeders

Stream pollution control
Food birds and other wild animals in winter