Mindfulness & Youth Development

Web Resources:

Association for Mindfulness in Education: http://www.mindfuleducation.org/
Mindful Schools: http://mindfulschools.org
Mindfulness in Education Network: www.mindfuled.org
Mindfulness in Schools: http://mindfulnessinschools.org
Inner Explorer: http://innerexplorer.org/
Inner Kids: http://www.susankaisergreenland.com
Inner Resilience Program: http://www.innerresilience-tidescenter.org
The Hawn Foundation, Mind Up: http://thehawnfoundation.org/mindup
Mind Body Awareness Project: http://mbaproject.org
Mindfulness without Borders: http://mindfulnesswithoutborders.org
Mindful Life: http://mindfullifetoday.com
Communicating Mindfully: http://communicatingmindfully.homestead.com
Childlight Yoga/Yoga in the Classroom: http://www.childlightyoga.com
Still Quiet Place: http://www.stillquietplace.com/
The Way of Mindful Education: http://danielrechtschaffen.com
Annaka Harris: http://annakaharris.com/mindfulness-for-children/

-for more information & resources, or to share, partner and explore, please contact:

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