



The 4-H Motto

To Make the Best Better

The 4-H Vision

New Hampshire 4-H Youth Development envisions a world in which youth and adults learn, grow, and work together as catalysts for positive change.

Values of 4-H Youth Development

- Positive youth development is the focus of everything we do.
- Partnerships are essential for successful youth development.
- Volunteerism is fundamental.
- Strength is attained from diversity across the entire range of 4-H experiences.

4-H Helps Young People:

- become creative and productive citizens
- form friendships with youth and adults
- develop positive leisure time activities
- create a lifelong desire for learning
- foster positive self esteem
- build leadership potential
- become involved in communities
- explore interests and try new skills

New Hampshire 4-H Horse Project

The New Hampshire 4-H Horse Project is an amazing project that focuses on learning about and working with horses. The 4-H Horse Project can provide youth with the opportunity to learn riding, driving, showing in hand, gymkhana, management, science, nutrition, safety and careers in the horse project. Members gain skills in basic horse care and may attain in-depth knowledge required in some horse events or disciplines. You don't have to have your own horse to participate in the New Hampshire 4-H Horse Project. You can lease an animal and/or participate in a variety of the activities and events that the New Hampshire 4-H Horse Project has to offer.

New to the 4-H Horse Project?

Visit our 4-H Animal Science web page at bit.ly/4-HAnimalScience to learn more!

To see if others in your county are participating in the 4-H Horse Project Area, contact your county 4-H office at the number listed below.

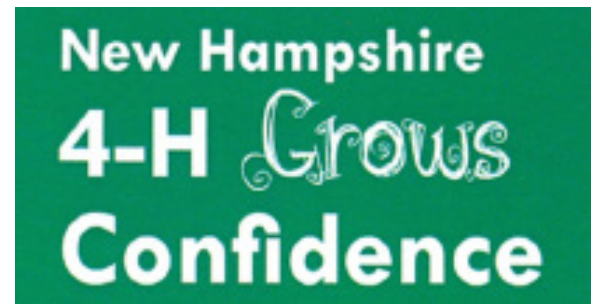
Learn more by contacting your county UNH Cooperative Extension office:

- Belknap County** 603-527-5475
- Carroll County** 603-447-3834
- Cheshire County** 603-352-4550
- Coös County** 603-788-4961
- Grafton County** 603-787-6944
- Hillsborough County** 603-641-6060
- Merrimack County** 603-796-2151
- Rockingham County** 603-679-5616
- Strafford County** 603-749-4445
- Sullivan County** 603-863-9200

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.



4-H Animal Science Project Area HORSE



Flexibility and Community:

How Youth Participate in 4-H

- 4-H Clubs: Community-based and led by volunteer leaders and parents involving youth members
- 4-H After School: Affiliated with existing after-school programs
- 4-H Independent and Family programs: join as an individual member or as a family
- 4-H Local, County, Statewide, and National learning and leadership events



Variety and Challenge:

Things To Do with 4-H

- 4-H Areas of National Focus: Science, Technology, Engineering, and Math (STEM), Healthy Living, and Citizenship
- 4-H Learning is Fun, Experiential, and Hands-on
- 4-H Projects include: cooking, rocketry, shooting sports, gardening, raising & showing animals, sewing & textiles, GPS navigation, communications skills, wind power, hiking & environmental stewardship, service-learning, and much more . . .



The mission of 4-H is to help youth acquire knowledge, develop life skills and form attitudes to enable them to become self directing, productive and contributing members of society.

4-H emphasizes the importance of involving youth in the learning process. It is offered free of charge to youth ages 5-18.

Youth from all cultural and economic backgrounds get involved in 4-H fun and learning. Members and volunteers live in towns, cities, farms, and suburbs.

Positive Youth Development:

Making the Best Better

- 4-H is the University of New Hampshire Cooperative Extension's youth development program
- 4-H strives to build upon youth's existing strengths
- 4-H seeks to create places of belonging, mastery, independence, and generosity



4-H, your first class at the University of New Hampshire.



What is UNH Cooperative Extension?

A program designed to extend University knowledge and resources to the communities of New Hampshire. Learn more at:

extension.unh.edu