

DEVELOPING THE SENSES: GUESS THE FRUIT OR VEGETABLE

What to do

Put a fruit or vegetable in a small paper bag. Have the children sit in a circle and guess what is in the bag without looking inside. Pass the bag around and ask the students to shake it, smell it, and feel it. Then after everyone has had the bag, have the group guess what is in it. Have a sample of the item ready for taste testing.



To learn about different fruits and vegetables.

Supplies:

- Brown paper bag
- Fruit or vegetable to guess
- Same fruit or vegetable for taste testing



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