Coös County 4-H Youth Development

4-H Records

Records are an important part of keeping track of your 4-H Experience. They are a way to record and document what you do in 4-H and a way to reflect on and share your learning. Records are also required for eligibility for 4-H Scholarships and awards. With a little bit of regular effort you can have a great record of your 4-H experience. To start you must meet the basic 4-H membership guidelines.

Guidelines for 4-H members 8-18:

4-H Members need to:
1. Officially enroll, annually, in one or more project areas with the Coös County UNH Cooperative Extension Office. (This is done through 4HOnline)
2. Complete a Project Page to set project goals and objectives and verify work towards completion of your 4-H goals and objectives
3. Participate in 4-H club meetings, activities and programs

Keeping My 4-H Record

Records can be kept several ways, but all records must include:

- At least one 4-H Project Page. Ideally one for each 4-H project you do
- At least one other form of documentation showing participation in your club and or project. There are several ways to do this including but not limited to a 4-H Record form. Below are several suggestions and tools to help you keep records of you 4-H Experience.

Acceptable forms of Documentation

1. 4-H Records Form, Book or Resume
2. 4-H Animal or Horse Records
3. A 4-H diary, almanac or journal
4. Captioned photo journal
5. Video, PowerPoint or other form of electronic media
6. Other – Be creative as long as your effort records and reflects your 4-H experience and includes some of the elements listed below

Elements of a quality record

A quality record should include:
1. A record of your participation (meetings and events attended, examples of leadership or community service)
2. Achievement, awards or recognition you have received
3. Project milestones, progress, expenses, participation etc. (i.e. animal records)
4. Description and details of what you did
5. Evidence of what you learned
6. Things you enjoyed, didn’t like or would change in the future
7. Life Skills you practiced or learned (See the life skills wheel for examples)
8. My 4-H Story

Once complete, your records may be submitted to be judged for feedback at the Lancaster Fair for Danish ribbons. The records are required by October 5th to receive Lancaster Fair Premium check and to be considered for awards and/or for recognition at Achievement Ceremony.