



Extension



Slow Cooker Meals Were Easy, Now What?

4-H SPIN (Special Interest Project)

DATE & TIME:

Saturday, January 5, 2019
9:00am – 1:30pm

LOCATION:

North Country Resource Center
629A Main St
Lancaster, NH 03584

OPEN TO:

All youth, ages 8-18. Younger youth are welcome with an accompanying adult. **Youth do not need to be a member of an existing 4-H club in order to participate.**

DETAILS:

\$10 per person. (\$5 scholarships are available to all who register.) The balance of this non-refundable fee is due at the time of registration. (Checks can be made payable to *Coös County 4-H Advisory Council*.) **Lunch will be provided.**

TO REGISTER:

Call the office 603-788-4961 or e-mail Christine.Whiting@unh.edu on or before **January 2**.

INSTRUCTOR:

Christine Whiting, 4-H Program Manager, UNHCE



In preparation for our Food Show, we will be learning about several different recipe options, including desserts!

Participants will help prepare a slow cooker recipe to be enjoyed by everyone.



In the spirit of giving back, every participant will be preparing a slow cooker 'Gift in a Jar'. These gifts will then be given to people in our community.

Sponsored By:



A drawing for a **FREE Slow Cooker** will be held again this year at the end of the day!

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For any special arrangements including dietary, physical access, or other accommodation requests including the ability to pay, please contact Donna Lee, UNH Cooperative Extension 4-H Program Manager at 603-787-6944. The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating.