



## 2019 Market Fresh Challenge

*The goal of this challenge is to raise awareness of where our food comes from, and learn to make informed decisions as consumers.*

### **Strafford County 4-H Favorite Foods Festival**

Saturday, February 02, 2019 12:00pm.- 3:00 p.m.

Location: Lee Congregational Church, 17 Mast Rd. Lee, NH

### **The Challenge:**

- Use at least one item from a farmer's market or local farm as a main ingredient
- Be able to identify WHERE (what farm) the item came from to the judges
  - This challenge is open to all ages who want to participate

### **Prizes:**

- Seacoast Eat Local is sponsoring a \$25 prize to the people's choice in this division
  - Participation prize awarded to all who enter in this new challenge

Contact Caitlin Wollack at [caitlin.wollack@unh.edu](mailto:caitlin.wollack@unh.edu) with any questions.