Needs We Respond To...

- Obesity
- Low-income family health needs
- Youth Mental Health and Social/Emotional Well-Bring
- STEM workforce needs
- Youth life skill/Leadership development needs
- STEM educator skill gaps
- Need for quality out of school time activities

What We Do...

4-H Grows True Leaders

- Local
- State
- National

Nutrition Connections
Cooking Matters
4-H Makers Challenge
Youth Mental Health First Aid
Professional Development for educators & volunteers
Mindfulness
STEM/Inquiry and more...

Some Impacts (2018)...

Growing True Leaders:
Campers & Teen Leaders:
93% have a plan to reach their goals.
92% report making a difference in their communities.

Social Emotional Mindful Learning & Youth Mental Health First Aid:
1129 teachers, paraprofessionals, childcare staff and volunteers trained
96% reported increase confidence in their ability to address youth mental health issues.

Preparing the STEM Workforce:
447 trained
90% of those surveyed reported increased ability to apply best practice STEM teaching techniques.
Over 75% of surveyed youth participants were interested in pursuing future STEM projects, studies or careers.

Building Healthy Communities:
6900 low income youth participated in a series of lessons. 14 schools improved wellness policies impacting 4467 students.