Needs We Respond To...

- Obesity
- Low-income family health needs
- Youth Mental Health and Social/Emotional Well-Bring
- STEM workforce needs
- Youth life skill / Leadership development needs
- STEM educator skill gaps
- Need for quality out of school time activities

What We Do...

- 4-H Grows True Leaders
- Nutrition Connections
- Cooking Matters
- 4-H Makers Challenge
- Youth Mental Health First Aid
- Professional Development for educators & volunteers
- Mindfulness
- STEM/Inquiry and more...

Some Impacts (2019)...

**Engagement in STEM:**
84% of youth surveyed reported "I really enjoyed this science activity/project".

**Volunteer Efforts:**
Over 2700 Volunteers, 139,876 hours of work = 67 additional staff members.

**Systems Level Health:**
12 schools in low income communities improved their wellness polices affecting over 2000 students.

**Over 3000 4-H members:**
50%+ participate in multiple events/activities
Trained in Youth Mental Health: 94% feel that they can reach out effectively to a young person in trouble.