COÖS COUNTY 4-H AWARDS NOMINATION FORM

Please complete and return to the Coös County Extension 4-H Office (629A Main Street, Lancaster, NH 03584) on or before October 10. Nominate as many individuals as you would like for each award. Kindly include some reasons why you are nominating an individual because this will make selection by the awards committee much easier and provides us with a blurb to share with the audience. Feel free to attach additional sheets if necessary.

I DARE YOU AWARD
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________

OUTSTANDING OLDER YOUTH
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________

OUTSTANDING JUNIOR YOUTH AWARD
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________

OUTSTANDING YOUNGER YOUTH AWARD
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________

4-H LEADER OF THE YEAR AWARD
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________

FRIEND OF 4-H AWARD
Please nominate: ____________________________________________
Reasons: ___________________________________________________
________________________________________________________________________
4-H LIFETIME ACHIEVEMENT AWARD
Please nominate: ________________________________

Reasons:

HEAD AWARD
Please nominate: ________________________________

Reasons:

HEART AWARD
Please nominate: ________________________________

Reasons:

HANDS AWARD
Please nominate: ________________________________

Reasons:

HEALTH AWARD
Please Nominate: ________________________________

Reasons:

CLOVER AWARD
Please Nominate: ________________________________

Reasons:
AWARDS SUMMARY

YOUTH AWARDS:

I DARE YOU Award
Designed to honor extraordinary young people for their character and leadership. The award recognizes youth ages 15-18 years old who strive to be their personal best and make a positive difference in their schools, 4-H clubs, and communities. Two awards presented annually.

OUTSTANDING OLDER YOUTH
One Coös County 4-H member earns this annual award. To be eligible, members must be 16 years of age and older and have demonstrated exceptional 4-H qualities and involvement over his/her 4-H career. Candidates are nominated and the Awards Committee selects the winner. Individuals can earn this award only once.

OUTSTANDING JUNIOR 4-H YOUTH AWARD
To be considered, members must be less than 15, have been a member for at least 3 years. They will have demonstrated outstanding 4-H accomplishments and participation. Candidates are nominated and the Awards Committee selects the winner. Individuals can earn this award only once.

OUTSTANDING YOUNGER YOUTH AWARD
This award is given annually to one Coös County 4-H member. The Outstanding Younger Youth award is designed to recognize the younger 4-H'er who has demonstrated outstanding 4-H accomplishments and participation. Candidates are nominated and the Awards Committee selects the winner. Individuals can earn this award only once.

COUNTY MEDALS
County medals recognize outstanding accomplishment in a project. Members must submit by October 10th a NH Application for County Medal and project records for at least two years showing growth in the project. Youth must be at least 11 years old and have been a 4-H member for a minimum of two years in the project area.

ADULT AWARDS:

4-H LEADER OF THE YEAR
All enrolled 4-H leaders are eligible for this award. Winners are those who have demonstrated exceptional 4-H qualities and who have shown that they are significant, positive influences on the lives of young people. Up to 4 awards presented annually.

FRIEND OF 4-H AWARD
Recognize individuals who are not enrolled 4-H leaders, but who have given generously of their time and talents none-the-less. Up to 2 awards presented annually.

4-H LIFETIME ACHIEVEMENT AWARD
All current and past leaders and friends of 4-H with greater than 5 years of service to 4-H are eligible for this award. This most prestigious county leadership award is given to those leaders who make significant major contributions to 4-H during their lifetime.
YOUTH & ADULT AWARDS:
Descriptions for the Head, Heart Hand, Health and Overall Clover Awards

The Coös County **HEAD AWARD** gets its name and spirit from one of the four H's (Head, Heart, Hands, and Health). This award is meant for a 4-H youth and/or adult who has used their head. For example, this might be a someone who has excelled at a science based project, has shown exemplary problem solving skills related to a 4-H activity, has demonstrated a careful and reflective leadership style, or has pursued his/her own curiosity in an impressive manner.

The Coös County **HEART AWARD** gets its name and spirit from one of the four H's (Head, Heart, Hands, and Health). This award is meant for a 4-H youth and/or adult who has shown a lot of heart. In other words, they have demonstrated a unique ability to care for or love other people within the 4-H community and/or beyond. This award could also go to a someone who has shown great care or concern for animals or for our natural environment.

The Coös County **HANDS AWARD** gets its name and spirit from one of the four H’s (Head, Heart, Hands, and Health). This award is meant for a 4-H member who has truly gotten their hands dirty. While this certainly includes a pledge to community service and citizenship work, it can also be awarded to a young person and/ or adult who is an exemplary “doer.” It could be someone who has taken action to get important things done; someone who leads by example; someone who has participated in wide range of 4-H activities; or someone who has worked in a hands-on manner to accomplish a significant project whether for themselves or others.

The Coös County **HEALTH AWARD** gets its name and spirit from one of the four H’s (Head, Heart, Hands, and Health). This award is meant for a 4-H member who has shown an exemplary commitment to healthy living. It will ideally go to a youth and/or adult who has demonstrated this commitment through personal choices and/or projects involving others. Healthy living can include a number of things, such as: an active lifestyle; a focus on nutrition/cooking; personal well-being for self or others; a pursuit of thorough healthcare for an animal; or practices that are sustainable (both personally or environmentally).

The **CLOVER AWARD** is given to the one individual either youth or adult who has exemplified **ALL** four the H’s.

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**CLUB AWARDS:**

**CLUB CITIZENSHIP AWARD**
The Club Citizenship Award is presented annually to the 4-H Club in Coös County that is judged to have completed the most outstanding citizenship project(s) during the year. The winning club will be presented a custom banner and will have their name engraved on the plaque which hangs in the Coös County Extension Office. Clubs apply for the Club Citizenship Award by submitting their scrapbook and secretary book at the end of the 4-H year*. The scrapbook should include documentation (photographs, news clippings, etc.) of the club’s citizenship project.
The winning club is selected by the Awards Committee.
This award can be repeated and is only given out for truly outstanding citizenship projects.

**OUTSTANDING 4-H CLUB AWARD**
The club that is judged to have obtained the highest overall level of accomplishment during the 4-H year earns the prestigious Outstanding Club Citizenship Award. The winning club will be presented a custom banner and will have their name engraved on the plaque which hangs in the Coös County Extension Office. To apply for this award, clubs must submit their Secretary's Book, Treasurer's Book, and Club Scrapbook at the end of the 4-H year*. The Awards Committee will select the winning club based on their citizenship accomplishments, the quality of their record books, as well as their participation in County fund-raising projects. In addition, the accomplishments of the club's individual members will be considered. This award can be repeated.
A club with both an outstanding citizenship project and overall record can be awarded both the Club Citizenship Award and the Outstanding Club Award in the same year.

* Club scrapbook, secretary report, and treasurer report accepted on or before