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UNIVERSITY of NEW HAMPSHIRE  
COOPERATIVE EXTENSION



**County 4-H Youth Development Record**  
***Ages 11-13***

Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Mailing Address \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Year (Choose one)  
Years in 4-H (Including this year)

Age on January 1<sup>st</sup>  
Grade

Year	Club Membership	# Meetings Held	# Meetings Attended

***This was written by the member and is believed to be accurate.***  
***Member and Leader must sign and date each year.***

\_\_\_\_\_  
Date                                  Member                                  4-H Leader

\_\_\_\_\_  
Date                                  Member                                  4-H Leader

\_\_\_\_\_  
Date                                  Member                                  4-H Leader

## Life Skills I Have Learned or Practiced

Write the year and one example of how you learned or practiced the various skills. For example, in 2001/02, you considered the needs of others when you “welcomed Henry (a new member) and served as his big brother for the year”.

Life Skill	Year	How Learned or Practiced
Having pride and confidence in myself.		
Considering the needs of others		
Working on group or individual goals		
Communicating with others		
Making decisions		
Getting along with others		
Working as a group member		
Gathering information and asking questions		
Thinking creatively		
Organizing		

<b>Life Skills I have Learned or Practiced (continued)</b>		
Managing resources		
Selecting, using, and maintaining tools		
Using imagination		
Being responsible		
Acting with integrity and honesty		
Understanding my abilities and limitations		
Evaluating my progress and setting new goals		
Following good health practices		

<b>Leadership</b>		
<b>Year</b>	<b>Role</b>	<b>What did you do?</b>

<b>4-H Promotion</b>		
<b>Year</b>	<b>Role</b>	<b>What did you do?</b>

<b>Community Service/Citizenship</b>		
<b>Year</b>	<b>Role</b>	<b>What did you do?</b>

## Activities and Events

Tell what you have done in different activities and events each year. For example, Field trip - March 2001 - Visited Maple Vale Sugar House

Activity	Year	What Was Done
Field Trip		
Project Events		
Exhibits		
4-H Camps		
Fundraising		
Workshops/Clinics		
County Event Recognition		
Presentation Day		
State Activities Day		

## Significant Achievement or Recognition

Date	Recognition	Why Received

# My 4-H year

Select Year:

- ❖ Add Project Pages for each project you did.
- ❖ Write a story or draw a picture telling about your 4-H year.
- ❖ Mementos and pictures of this year may be added to your record. Please take out any items from last year except for your record form. You may also add a chart or information on other activities outside of 4-H that you were involved in this year, if you wish.

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