Custom Wildflower Mix for Trial in New Hampshire

How to Use this List:



University of New Hampshire Cooperative Extension

Based on observations and trials in NH, we have formulated a basic mix for NH meadow plantings on medium to dry soils in full sun. This mix of wildflowers will support pollinators throughout the summer months, and provide habitat for birds and other wildlife throughout the year.

Unless you are mixing your own seed for planting a large area, you will probably purchase a wildflower seed mix that is already formulated. Look for a mix that contains most of the species listed here. Substitutions can be made depending on seed availability, site conditions and/or personal preferences.

UNH Custom Mix for Medium-Dry Soils	Wildflowers (50% of Mix)	Percent by weight	Seeds per Square Foot
Aguilegia canadensis	Red columbine	3%	2.3
Asclepias syriaca	Common milkweed	3%	0.4
Chamaecrista fasciculata	Partridge pea	8%	1.1
Coreopsis lanceolata	Lance-leaved coreopsis	3%	1.4
Echinacea purpurea	Purple coneflower	7%	1.7
Echinacea pallida	Pale purple coneflower	11%	2.0
Eutrochium purpureum	Purple Joe-Pye weed	1.5%	2.6
Heliopsis helianthoides	Sunflower ever-lasting	2%	0.5
Monarda fistulosa	Wild bee-balm	0.50%	1.4
Monarda punctata	Dotted bee-balm	0.50%	1.7
Oligoneuron rigidum*	Stiff goldenrod	0.50%	0.4
Penstemon digitalis	Foxglove beardtongue	1.5%	5.5
Ratibida pinnata	Yellow coneflower	3.5%	3.5
Rudbeckia hirta	Black-eyed coneflower	2%	7.4
Solidago species*	Goldenrod	1%	3.9
Symphyotrichum novae-angliae	New England aster	1%	2.6
Symphyotrichum laeve	Smooth blue aster	2%	3.5
	Grasses (50% of mix)		
Elymus canadensis	Great plains wild-rye	10%	1.5
Shizachyrium scoparium	Little bluestem	30%	9.7
Sorghastrum nutans	Indian grass	10%	3.1
Total Seeds per square foot when seeded at 10 lbs/A rate			56.2

* There are many goldenrod species to choose from and most have very high pollinator value in the fall, when many other species have gone by. Some such as Canada goldenrod spread aggressively by rhizomes. Others have fibrous root systems and do not spread. If there is already lots of goldenrod on or around your site, you can omit goldenrod from the seed mix.