



County 4-H Presents

For youth from Coös and Grafton Counties

Deadline

Wednesday, April 14

Virtual Live Judging

Saturday, April 24

County 4-H Presents Recognition Night

Friday, April 30, 6:00pm – 7:00pm via Zoom

Register

v2.4HOnline.com

This event will be an opportunity for youth to communicate their ideas and skills and receive feedback from volunteer judges. Participation in this event can take many forms. There will be the following categories:

Posters	Action Exhibits	Knitting / Crocheting
Photographs	Quilts	Fashion Selections
FLIX Videos	Textiles / Other Sewn Objects	Demonstrations / Illustrated
Public Speeches	Garments	Talks

Grafton and Coös Counties will be joining efforts to coordinate this newly designed event. Here is a general overview of how each entry will be judged (*see the last page of this packet for more details*):

- Submitted quilts, garments, textiles / other sewn objects, knitting and crocheting will be judged in the Grafton County office. (*Youth will not be present.*)
- Submitted photos, FLIX videos, and posters will be reviewed by judges remotely. (*Youth will not be present.*)
- Youth entering Demonstrations / Illustrated Talks, Action Exhibits, Public Speeches, and Fashion Selections will meet with judges virtually on April 24 for **live** sessions.
- A showcase and recognition event will be held via Zoom on April 30 at 6pm.

GENERAL INFORMATION

Who May Participate?

All enrolled Grafton and Coös County 4-H members may participate in **County 4-H Presents**. Cloverbuds are encouraged to participate in these activities in a non-competitive manner.

Age Divisions

- Cloverbuds (4-H age 5-7)
- Juniors (4-H age 8-10)
- Intermediates (4-H age 11-13)
- Seniors (4-H age 14 and older)

Changes / Cancelations

- If there is a last-minute need to cancel, postpone, or alter the live judging or the recognition event, the office staff will make every effort to e-mail participants.
- If participants are not able to participate at the last minute, they should e-mail both Donna.Lee@unh.edu, and Christine.whiting@unh.edu

Dress and Presentation

- A number of things contribute to the appearance of a speaker including grooming, style and fit of clothing, posture, facial expression, and appearance of confidence. Youth should dress-up for this event, or wear clothing appropriate for the topic they are presenting (i.e., riding attire for a demonstration on an equine dressage class). 4-H clothing is encouraged.

Advancing to States

- The State 4-H program is planning to host an in-person **4-H Presents!** event in June.
- Each county may send a pre-determined number of qualifying exhibits/presentations to the event. Youth who qualify will be notified about the specifics.

PHOTOGRAPHY CONTEST

- The photography contest is open to all 4-H members.
- Youth may submit up to three (3) entries.
- Photographs must have been taken after May 31, 2020. (Photographs which were previously sent to States cannot be resubmitted.)
- Photos do not need to include the UNH Cooperative Extension logo or the 4-H Clover.

DEMONSTRATIONS

Demonstrations are an opportunity for members to share with others something that they know how to do. 4-H members share their “know how” with judges, and practice using their communication skills in order to prepare them for a variety of life-long experiences.

Individual or Team Demonstrations

Demonstrations can be done as an individual or a team. Members who choose to work together need to have equal amounts to say and do. Teams can be comprised of up to 3 people. Team exhibits may combine Juniors, Intermediates and Seniors, but these teams will compete at the level of the most advanced participant. Cloverbuds may only be in teams with other Cloverbuds.

Time Guidelines

- **Cloverbuds** - 2 to 7 minutes
- **Juniors** - 3 to 8 minutes
- **Intermediates** - 4 to 9 minutes
- **Seniors** - 5 to 10 minutes

Organizing Your Demonstration

- Demonstrators should acknowledge the source of their information and ideas.
- Posters and visuals are an important part of the demonstration process and add clarity to the presentation. It is permissible to create computer-generated posters and visuals. Posters should be readable from a distance of 10 feet.
- Organize all materials needed to perform the demonstration. Example: ingredients, special equipment, tape, or an extension cord. 4-Her's should practice and be comfortable using the materials as part of their demonstration.
- Questions are part of the demonstration process. Members should be prepared to ask for questions and should be ready to answer them. Remember to repeat the question before answering it. ("The question has been asked....")
- Adhere to safety rules, including electrical safety and food safety.
- The 4-H program does not endorse any brand; therefore, no brand name of any kind should be visible. All supplies should be put in generic containers, and labels should be covered. (Example: Cover the brand name label with white construction paper that says, "Dish Soap".)
- All demonstrations must be identified as a 4-H exhibit. Use 4-H flags, 4-H colors, and/or 4-H clovers to do this.

At the *State 4-H Presents* event, horse demonstrations are judged on a separate score sheet and may earn eligibility to move on to additional regional and national events. For more information, to view the horse score sheet, and to discuss the possibilities, please contact Donna Lee or Chris Whiting.

POSTER CONTEST

The poster contest is open to all 4-H members. It is a great way to express an idea using visual creativity and to communicate a visual message.

Poster Classifications

- Promotional
- Educational

Poster Themes:

- 4-H Citizenship
- 4-H Healthy Living
- 4-H Science
- Other (please note, posters in this category are not eligible to move on to the state event)

Poster Guidelines

- Posters must have been created since State 4-H Day last year.
- Youth may submit up to three (3) entries.
- Posters must be made on standard poster board measuring 14" x 22". They may be horizontal or vertical. Posters on non-standard size board will not be accepted. The overall size of the poster cannot exceed 14"x22" and should not have anything hanging off the edge of the board.

- Posters should be uploaded as an image file, cropped to include only the image of the poster.
- Posters may be produced by any medium including watercolor, ink, crayon, acrylic, charcoal, and/or oils. Word processed lettering and computer-generated graphics are acceptable.
- Posters *may* be three dimensional, however, they can be no more than 1/4" high (must be able to lay flat in a pile).
- Poster should be able to be read from 6 feet away and should convey one clear message (not a collage).
- Other than the 4-H Clover, posters *may not* incorporate copyrighted materials like "Snoopy" cartoon characters or trademarked materials such as depictions of items with names like "Elmer's Glue" or "Campbell's Soup".
- If the 4-H Clover is used, it may not be distorted, and no images may be superimposed over it. The statement "18 USC 707" must legibly appear at the right of the base. Any use of the official 4-H Clover (*any* clover with "H's" on the leaves) must be used in accordance with the rules governing the emblem. Official 4-H graphic "rules governing the emblem" may be found on-line.

NH 4-H FLIX VIDEO CONTEST

(Adapted from North Dakota State University Extension)

Videos can include contestant's choice of music (royalty/copyright free) and video production techniques, including but not limited to video footage, still photography, computer animation, stop motion animation, etc. Entries will be judged on creativity, flow of the video, and technical performance.

Contest Rules

- Entries are due to the Extension Office no later than 1:00pm on April 14, 2021.
- Videos must be 3-5 minutes in length, including the credits.
- Teams can be comprised of up to 3 members. Teams will compete in the division of their oldest member. **Cloverbuds may only participate in teams with other 5 to 7-year-olds.**
- The video must have credits showing who participated in the creation of the video and what their roles were. The credits also must include the title of the video and any participants.
- Others who are not taking part in the contest may appear in the video, however, all editing and production of the video must be done by the contestants.
- All music, video, images and computer animations used must be 4-H appropriate. Contestants should seek guidance from their 4-H leaders or the Extension Office if they need help determining if content is 4-H appropriate.
- Video must comply with copyright laws and 4-H emblem must be used appropriately.
- **Media releases must be submitted with the video for everyone appearing in the video.**
- Videos must be submitted on a flash drive by the registration deadline and must be labeled with the contestant's names, ages, and county. Windows compatible programming requested, such as Movie Maker.
- Parents, 4-H leaders and others are encouraged to inspire, guide and help with developing ideas for the video; however, the video entry must be the work of the 4-H member or team.

Definition of 4-H Appropriate

An entry in the NH 4-H Flix contest will be considered 4-H Appropriate if it meets the following guidelines:

- Does not represent violence or criminal behavior
- Does not represent or contain mistreatment of animals
- Does not contain swearing or vulgarity
- Is respectful to the community, actors and viewers

Use of inappropriate music, video, images or computer animation will disqualify the entry immediately and the contestants will not receive a score.

PUBLIC SPEAKING CONTEST

Public Speaking is open to all currently enrolled 4-H members. 4-H public speaking gives youth a jump-start on talking in front of other people. It is an opportunity for members to learn skills needed for effective communication both verbal and written. Speeches must be original and must have not been used in other speaking contests. Topics may be on any subject. However, speech content and main idea must be 4-H appropriate.

Length of Speech

The general rule of thumb is:

- Cloverbuds - 1-2 minutes
- Juniors - 1-3 minutes
- Intermediates - 5-8 minutes
- Seniors - 7-10 minutes

To begin your speech, introduce yourself by name, 4-H club, and speech title/topic. At the conclusion of the speech, contestants should cite their major references; (this is not considered part of the allotted time). In addition, question and answer time is not counted as part of the length of the speech. Contestants are encouraged to repeat the question then answer it.

Dress

Points for inappropriate attire will be deducted from the scorecard. Improper attire will be determined at the discretion of the judges. Business attire or dress appropriate to the speech is acceptable.

Use of Note Cards & Visuals

No props or visual aids should be used when presenting a formal speech. Notes or note cards may be used, however, they should not distract from the presentation. (Be sure to number your cards.)

Horse Topics

At the *State 4-H Presents* event, horse-themed speeches are judged on a unique score sheet and may earn eligibility to move onto additional regional and national events. For more information, to view the horse score sheet, and to discuss the possibilities, please contact Donna Lee or Chris Whiting.

ACTION EXHIBITS

The Action Exhibit category is open to all currently enrolled 4-H members and Cloverbuds. This event strengthens communication skills, builds confidence, and encourages members to work together.

An action exhibit features one to three 4-H'ers showing a process by making or doing something. The audience is involved throughout the exhibit by asking questions or joining in on the process. Action exhibits are different from demonstrations in that constant talking is not necessary, more people are involved, and more time is allowed to complete the process. **Continuous Action** is the key phrase here!

Categories / Subject Areas

- It is important to select a category/topic which is appropriate for age and experience levels. Exhibits should be based on 4-H project work, such as gardening, animal science, cooking, sewing, technology, citizenship, community service, etc.

Teams

- Teams can be comprised of up to 3 members. Teams will compete in the division of their oldest member. Cloverbuds may only be in teams with other Cloverbuds.

Guidelines

- Choose a topic that you are comfortable with and one that shows CONTINUOUS ACTION. Be sure that you find it fun, and that it can be educational to share with others. Determine the exhibit's goal. (To teach something to others? Show the audience how to do something? Promote something?)
- Decide on a catchy title and use posters/visuals to catch attention. Titles should be short, have one idea and tell the most important point –BE CREATIVE! Posters and other visuals add to the exhibit and help the audience understand the process. It is permissible to create computer generated posters and visuals. Visuals should be made to be displayed on the top of the table. Title posters should be visible from 10 –15 feet away. Title posters should include the 4-H'ers name, age, club name, and should identify the project as a 4-H exhibit and its connection to UNH Cooperative Extension. Use 4-H flags, 4-H colors, and 4-H emblems to do this.
- Have enough supplies on hand to do your Action Exhibit several times with audience participation, if qualifying to move on to the State event.
- Organize all materials needed to perform the action exhibit. Be sure you are comfortable using the materials and tools without adult assistance. Practicing will help to prepare you for the big day!
- Adhere to all safety rules, paying particular attention to electrical safety and food safety!
- Questions are part of the action exhibit process. Members should be prepared to ask the audience if they have any questions and be ready to answer them.
- The 4-H program does not endorse any brand; therefore, **no brand name of any kind should be visible**. All supplies should be put in generic containers, and labels should be covered. (Example: Attach a plain white piece of paper, labeled "ketchup" over the Heinz label.)

FASHION SELECTIONS

Participants will shop for, select, and purchase one or more garments, then combine them with accessories or other garments from their current wardrobe to create a coordinated outfit. Only one entry can be entered in the 4-H Fashion Selections program and your purchase must have been done in the past year.

Check out various stores to see how good a shopper you can be and find value for your money. The maximum amount that can be spent for garment(s) purchased for this program is \$50. Garments can be

purchased from specialty stores, department stores, discount stores, factory outlets, thrift stores, consignment stores, mail order or through the internet. Compare prices, garment features, fabrics, colors and consumer services. Garment makeovers can also be showcased in the program as long as the date of purchase was within a year and garment price didn't exceed the \$50 limit.

Evaluation will be done by a judge or panel that will interview you. You will also model your outfit and be evaluated on fit, appearance, modeling, poise, communication skills, and appropriateness of accessories.

CATEGORIES

- Best Bargains for under \$25
- Special Occasions
- Career Fashions
- School
- Interview Outfits
- Makeovers
- Sports/Leisure Activities (no team sport uniforms)

GARMENTS, TEXTILES, KNITTED and CROCHETED ITEMS, QUILTS

This category is open to all currently enrolled 4-H members and Cloverbuds. It provides youth an opportunity to receive written feedback from judges on their sewn, knitted and crocheted items. Photos of entries will be displayed as part of a slideshow during the Recognition Night.

- All items need to be dropped off or mailed to the UNH Cooperative Extension – Grafton County Office, 3855 Dartmouth College Highway, Suite 5, North Haverhill, NH 03774 for judging. Staff will be available to receive items at the office on Tuesday, April 13 from 2pm to 4pm and Wednesday, April 14 from Noon to 2pm. **If you are unable to drop items during this time, please mail items in advance of the April 14 deadline; no items will be accepted after this date.**
- Remember to include your pattern directions, if applicable. Please be sure your name is on the directions. (Pattern pieces are not needed.)
- Entries should be clean and pressed for judging and should demonstrate your finest workmanship.
- Garments:
 - A pajama top and a pajama bottom are considered two separate entries and will be judged separately.
 - The top placing individuals with garments in each age division will earn the honor of representing the county at the state event which will take place at the Makers' Expo.
- Quilts:
 - Items with quilted areas larger than 24" square are entered as quilts, including: quilts, quilted wall hangings, and quillows.
 - Quilt finishing styles include: Tied, Hand Quilted, Machine Quilting on a Domestic Machine, Free Hand on a Long Arm, Computer guided on a Long Arm.
 - Quilt work should be done by the exhibitor. Adults may assist in the design and construction through demonstration only.

- No pre-cut **kits** allowed.
- **Label your quilt** and carrying container. Quilts are to be labeled with the following information: Quilt maker's name, Name of quilt pattern, Date completed, Professional quilter's name (if applicable). Points will be deducted if no label is included.
- Textiles / Other Sewn Objects:
 - Textile entries are machine or hand sewn and can include pillows, accessories, pocketbooks, backpacks, toys, aprons, quilted shams, pillowcases, items with quilted areas less than 24" square, etc.
- Knitted / Crocheted Items:
 - Knitted and crocheted entries can include garments, afghans, scarves, mittens, hats, dish towels, toys, etc.

Type	General Overview	Number of Entries Allowed	How to Register	How Entries are Submitted
Action Exhibits	An action exhibit features one to three 4-H'ers showing a process by making or doing something. The audience is involved throughout the exhibit by asking questions or joining in on the process. 'Continuous Action' is the key phrase here!	1	Go to v2.4HOnline.com	Presented LIVE to judge(s) via video conference
Demonstration	Demonstrations are an opportunity for members to share something that they know how to do. Youth give a presentation that is enhanced by props and/or posters.	1	Go to v2.4HOnline.com	Presented LIVE to judge(s) via video conference
Fashion Selections	Participants shop for, select, and purchase one or more garments (total not to exceed \$50) then combine them with accessories or other garments from their current wardrobe to create a coordinated outfit to present to the judge(s) during the interview process. Youth will model their outfit and be evaluated on fit, appearance, modeling, poise, communication skills, and appropriateness of accessories.	1	Go to v2.4HOnline.com	Presented LIVE to judge(s) via video conference. Photo of youth in outfit uploaded into 4-H Online during registration process.
FLIX	Youth-created 3 to 5 minute video on almost any subject.	1	Go to v2.4HOnline.com	Videos must be submitted to the Grafton County 4-H Office on a flash drive by 1pm on April 14 and must be labeled with the contestant's names, ages, and county. Windows compatible programming requested, such as Movie Maker.
Garments	This category is for machine or hand sewn clothing including skirts, vests, pants, dresses, shirts, shorts, coats. (Accessories, including scarves and hats, are judged as textiles or knit/crocheted items.) The top garments will earn the privilege of moving on to the state event at the Makers' Expo.	3	Go to v2.4HOnline.com	Photo of the youth in their garment will need to be uploaded into 4-H Online during registration process AND Mail garment to or drop garment off at the UNHCE office in North Haverhill
Knitting/Crocheting	Knit and crocheted items will be reviewed by judges and feedback will be provided to youth.	3	Go to v2.4HOnline.com	Photo of youth with the entry will need to be uploaded into 4-H Online during registration process AND Mail item(s) to or drop item(s) off at the UNHCE office in North Haverhill
Photography	Members may enter photographs they have taken since May 31, 2020. Photos should be in one of the following categories: New Hampshire at its Best, 4-H Promotion, Open Category	3	Go to v2.4HOnline.com	Uploaded into 4-H Online during registration
Poster	The poster contest is a way to communicate a visual message. Posters are classified as being either promotional or educational and themes include: 4-H Civil Engagement / 4-H Citizenship, 4-H Healthy Living, 4-H Science, Open Category. Posters must be made on standard poster board measuring 14" x 22". They may be horizontal or vertical, but must NOT have anything hanging off the edge or be more than 1/4" thick.	3	Go to v2.4HOnline.com	Uploaded into 4-H Online during registration
Public Speaking	4-H public speaking gives youth an opportunity to talk in front of other people and learn skills needed for effective communication. Speeches must be original works. Topics may be on any subject, however they should be 4-H appropriate.	1	Go to v2.4HOnline.com	Presented LIVE to judge(s) via video conference
Quilts	Items with quilted areas larger than 24" square are entered as quilts, including quilts, quilted wall hangings, and quillows.	3	Go to v2.4HOnline.com	Photo of youth with the entry will need to be uploaded into 4-H Online during registration process AND Mail item(s) to or drop item(s) off at the UNHCE office in North Haverhill
Textiles / Other Sewn Objects	Textiles include hand or machine sewn non-garment items including pot holders, face masks, fleece hats, stuffed animals, place mats, aprons, tote bags, wall hangings, etc.	3	Go to v2.4HOnline.com	Photo of youth with the entry will need to be uploaded into 4-H Online during registration process AND Mail item(s) to or drop item(s) off at the UNHCE office in North Haverhill

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